



THE TICKING CLOCK

Doctor warns that career women are jeopardising chances of having a baby

FULL STORY • PAGE 7

Jubilee Place Mall extension opens for business

20 more reasons to shop at Wharf

Beth.Allcock
@wharf.co.uk

Canary Wharf will unveil the latest phase of its retail history tomorrow (Friday) as the eye-catching hoardings encasing the lower tier of Jubilee Place Mall make way for an array of fashion, food and accessories.

Brands including Banana Republic, Schuh, Le Pain Quotidien, Cath Kidston and Asics open the doors of their first shops on the estate.

The new arrivals will sit alongside

Your full guide to new stores

Pages 4-6

outlets for The White Company and Sweaty Betty, brands that already call E14 home with existing shops in Cabot Place Mall.

And to showcase the 44,000sq ft extension, Canary Wharf Group (CWG) has pulled out the stops for Canary Rocks – three days of catwalks, discounts and entertainment, running until Sunday.

Stuart Fyfe, head of retail leasing at CWG, said there was “huge” public interest in the opening of the renovation.

Continued on Page 4



Storm takes its toll

A tree in Marsh Wall was felled, hitting a car, during the storms that caused havoc across London, including severe delays and cancellations on the transport system which left commuters stranded
Full story / Page 3

Inside



MAKING AN ENTRANCE

One Canada Square gives foyer fine dining and a breakfast bar **P52**

PACKING IN PUNCHLINES



Alexei Sayle back for Greenwich Comedy Festival **P51**

WITH A BANG

Fireworks, Fawkes and fun in our guide to what's on where **P12**



BUSINESS The macho culture of Canary Wharf is driving women out, says executive **P58**



JONES LANG
LASALLE®

Sales & Lettings 020 7715 9700



WEATHER

14C TODAY
Rain

13C FRIDAY
Showers

14C SATURDAY
Showers

12C SUNDAY
Cloudy

12C MONDAY
Sunny

TRAVEL

TUBE & DLR
DLR and Jubilee line are both fine.

ROADS
No problems.

INSIDE

NEWS
Pages 1-11

WHAT'S ON
Pages 12-13 / 51

PROPERTY
Pages 15-50

LIFESTYLE
Pages 52-57

REGULARS
Pages 58-61

SPORT
Pages 62-63

Agenda

CONTACT US

The Wharf
Trinity Mirror
21st Floor
One Canada Square
Canary Wharf
LONDON E14 5AP

EDITOR Giles Broadbent
email newsdesk@wharf.co.uk
editorial 020 7510 6306
advertising 020 7510 6055
web wharf.co.uk

ONLINE

■ You can follow us, have your say and find exclusive content at our website, our Facebook page and our Twitter feed @the_wharf
■ To read the newspaper on tablets, download our e-edition at wharf.co.uk



ESTABLISHED 1998

Invasion of the Halloween apocalypse

Are you getting dressed up as something scary for Halloween? A '50s housewife? Horrific. A banker with an enormous bonus? Ghastly. A giant Candy Crush game-request from Facebook? Truly terrifying.

Let's all play the Miley Cyrus Costume Drinking Game. A twerking slasher teddy bear? Down the glass. Stabbed naked Miley on a wrecking ball? Champagne all round!

When I was growing up, Halloween was little more than a poltergeist special on ITV. Even four years ago, when I was still living in E14, trick or treating and other Halloween

BLONDE'S EYE VIEW



ANGELA CLARKE

activities were snuffed out before they took hold by the abundance of gated apartment blocks.

But, as increasing numbers of the population embrace the need to dress as sexy cats and a slew of politically incorrect zombies, Halloween has finally faced down the intercoms.

For those hostile to the rise of pumpkin carving and fake blood, these are indeed dark times. Many blame the Americans – they're handy for that.

Or the pound shop invasion of our high streets with all their cheap inflatable skeletons and spiders' webs. I think we all know the real

culprit – the internet. That wonderful 24/7 spew of gifs, blogs, articles and features, and its need for new ideas. Whether it's 27 of the Best Gerbil Halloween Costumes on Buzzfeed, or a satirical feminist takedown of "sexy" devil costumes, Halloween is the talk of Internet town.

And can you blame the bloggers? They have to fill our every waking moment with yet more things to click through and share. A Halloween themed piece ticks another article off the to-do list. Why you could even write a column about it.

Follow Angela on twitter: @TheAngelaClarke

London eye



REUTERS

Theo Harcourt, a 13-year-old student, jumps over a fallen tree as he makes his way to school in Islington, north London, on Monday, day of the storm.

Storm special
Page 59

60 Second Wharf

Bakery rises again

Plans to regenerate an old bakery site neighbouring Canning Town have been given the go-ahead.

News • Page 7

Tributes to visionary

Tributes have been paid to Paul Reichmann, the visionary who laid the foundations of Canary Wharf.

News • Page 8

Ship-shape gypsy opera

Cutty Sark will be the unusual and atmospheric setting of a gypsy opera that mixes song and puppetry.

What's On • Page 14

Location, location

As *Thor: The Dark World* opens, we talk to the location manager who brought Hollywood to Greenwich.

What's On • Page 51

When the sun goes in

Feeling sad? It might be the lack of sunlight. But there are answers to the "winter blues" says a counsellor.

Health • Page 55

Island's got talons

A new nail bar on the Isle of Dogs has a queue of Wharfers heading south for stylish talons.

Fashion • Page 57



P51

What our writers are talking about



■ "No. I'm sorry but the chef will only serve this dish with mash." "But, I don't like mash," my friend retorted.

Tabitha Ronson

■ China has fed the world with another tranche of human misery of which we were previously ignorant.

Giles Broadbent

■ Many of these developments are "car-free". However the mayor has an opt-out for his supporters.

CLlr Peter Golds

■ Arthur Morrison was a late-Victorian and Edwardian novelist who wrote vivid, unflinching stories of east London slums.

Matthew Andrews

Corrections & Clarifications

At *The Wharf*, we pride ourselves in journalism that is honest, accurate and fair.

Our journalists adhere to the Editors Code of Practice, which sets the benchmark for high professional standards and is enforced by the Press Complaints Commission. If we do slip up, we promise to set the record straight on this page in a clear, no-nonsense manner.

To ask for an inaccuracy to be corrected, all you have to do is:

Phone 020 7293 3681

Email newsdesk@wharf.co.uk

Write to The Wharf, Trinity Mirror, One Canada Square, Canary Wharf, London E14 5AP.

■ The Press Complaints Commission (PCC) is the independent body which governs the newspaper industry. The Code of Practice and details of how to lodge a complaint are available from Halton House, 20/23 High Holborn, EC1N 2JD. Website www.pcc.org.uk or email complaints@pcc.org.uk. Telephone 020 7831 0022. Helpline: 0845 600 2757.

Everything you love about

the **Wharf**
... at your fingertips



Download our e-edition to your tablet wherever you are from our website

wharf.co.uk

Your daily resource for news & updates



KAY LOCKETT



DRESS DOWN FRIDAY

London Comic Con at the Excel centre, Docklands, once again lured the outlandish exhibitionist and just plain weird for the three-day festival of sci-fi, cosplay anime and comic books.

NEW



Alive

Weekly focus on family matters

This week: Guide to family-friendly fireworks displays

Plus: Recipes for firework night food **P12**

Trees fall and routes to work are blocked

WEATHER

Storm brings capital commute to a standstill

Rob.Virtue
@wharf.co.uk

Cars were damaged after a tree fell at Marsh Wall on Monday morning. There were also reports of hoardings on the nearby construction site at City Pride blowing into the road as the storm known as St Jude took hold.

The fallen tree near South Quay station, on the outskirts of Canary Wharf, blocked the road during the morning rush-hour.

Meanwhile, parks were closed due to the high winds and the high risk of branches breaking off.

Neither Greenwich Park or Canary Wharf's Jubilee Park were open. Millwall Park also saw the severe winds, which claimed four lives across the south east, bring down a number of trees.

Meanwhile, commuters



Felled trees on the Isle of Dogs after the storm

were met with disruption on their way to work. Many had heeded warnings and had opted to stay at home and others were stymied by the pre-emptive cancellation of rush-hour services.

Transport for London had hoped to run a full timetable on the Docklands Light Railway but just after 8am it announced severe delays on all of the service's routes.

The Jubilee line soon followed with major delays due to an obstruction on the track. By 9.30am both were reportedly running a good service.

C2C Rail ran no trains before midday after Network Rail reported a number of trees fallen on tracks.

The Overground did not run until 9am.

On the roads, the Blackwall Tunnel had two lanes closed northbound due to a fallen tree but by 8.30am that had been moved.

Congestion continued, impacted by the A12 being blocked by building materials flying onto the road.

Instead of their usual routes to work, commuters took to the Thames on Monday.

River boat operator Thames Clippers saw a 36 per cent increase in passengers on its morning service, as it maintained a full programme with 100 per cent punctuality on many routes.

Although London Bridge City pier could not be served, conditions on the river did not impact the remainder of the timetables and procedures were put in place to ensure the safe running of the fleet.



Now Open!

Wide range of authentic North & South India dishes



3 Turnberry Quay, Pepper Street, Canary Wharf, London, E14 9RD

Tel: 020 7538 1140 | info@manjalrestaurant.com

[facebook.com/ManjalLondon](https://www.facebook.com/ManjalLondon) twitter.com/ManjalLondon

www.manjalrestaurant.com

Focus

Exciting mix of brands

From Page One

"There's so much anticipation for Jubilee Place because of the way it's developed – people were able to walk through before it opened. So there's so much pent-up demand," said Stuart, pictured.

"The sense of anticipation will be huge.

"Having seen behind the hoardings, people are going to be wild.

"A number of shop fits we have seen are really spectacular – they have really gone to a lot of effort with them."

Stuart said the idea behind the extension was to inject a heavier fashion presence into Jubilee Place Mall, which already boasts brands including French Connection, Oasis and Karen Millen.

The construction work has resulted in the creation of 25 new

units, with 18 unveiled on the opening day.

Shoppers will have to wait until next year for the big reveal of Michael Kors' luxury lifestyle store, although fashion and giftware outlet Oliver Bonas was an early arrival, opening late this summer.

Stuart said CWG was still working on the lettings of "one or two" units, which will be unable to open as part of tomorrow's event.

He said footfall in Canary Wharf's malls was increasing year-on-year because of the variety of stores.

"It's a mix of some of the biggest international retailers like COS and Banana Republic and there's some quality independents like Orlebar Brown, Monica Vinader and Emmett Shirts," he said.

"It's going to be pretty exciting. But the journey has been important too – these things don't happen overnight."



ELEPHANT ROYALE Royal Thai Cuisine

SUNDAY BUFFET (NOON - 4pm) £16.50

3 COURSE SET LUNCH (Mon-Fri 12 - 3pm) £11.50

1 COURSE EXPRESS LUNCH (Mon-Fri 12 - 3pm) £7.50

OPENING TIMES:-

MON - THURS: NOON - 3PM and 5.30PM - 10.30PM

FRI: NOON - 3PM and 5.30PM - 12PM

SATURDAY: NOON - 12PM SUNDAY: NOON - 10.00PM

RIVERFRONT VIEWS

LIVE MUSIC (WED - SAT)

AL FRESCO DINING

OPEN KITCHEN

POLYNESIAN COCKTAIL BAR

PRIVATE CAR PARK

020 7987 7999

WWW.ELEPHANTROYALE.COM

Locke's Wharf, Westferry Rd,

E14 3WA

DLR - ISLAND GARDENS

Also at Gants Hill - Tel: 020 8550 8886

NEW STORE GUIDE

Jubilee Place Mall extension

1 bareMinerals bareMinerals.co.uk

THIS mineral-based cosmetics brand champions the concept of beauty from within.

Its new boutique in Jubilee Place – the first outlet of its kind for the brand – aims to combine glamour, sophistication and wit with its range of award-winning products.

2 Cath Kidston cathkidston.com

THE popular designer's distinctive range of prints is set to make its mark in Canary Wharf with a new store in what marks the 20th anniversary of the brand.

Expect a treasure trove packed to the brim with homeware, purses, bags, clothing, kitchen accessories and a vast Christmas range.

3 Banana Republic bananarepublic.gap.eu

VERSATILE workwear that can take you straight from your desk to dinner is the speciality of this brand, which will occupy one of the largest stores in the mall extension.

The modern, professional styles of clothing, accessories and eyewear cater for both males and females and are at an accessible price.

4 COS cosstores.com

SHOULD you favour timeless elegance over trend-led seasonal styles, this brand may be for you.

Collection of Style (COS) merges high end design, good quality and affordable price with a range of new techniques and innovative fabrics.

5 Orlebar Brown orlebarbrown.co.uk

IF you're planning a festive season in the sun, take a trip to Orlebar Brown.

The brand prides itself on a tailored approach to beach and swim shorts which make a style statement on and off the sand, with designs made from French fabric and Italian zips.

6 The White Company thewhitecompany.com

ALREADY a familiar haunt for shoppers on the Wharf, this homeware and clothing brand has extended its offering of luxury from its existing base in Cabot Place Mall.

Expect more room for comfy loungewear, the brand's signature scents and bathroom products as well as its children's offering.

7 Rituals rituals.com

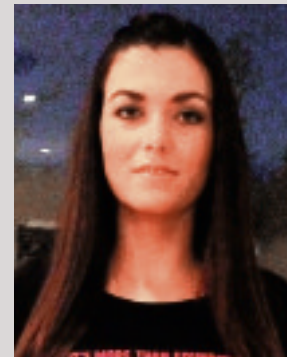
LUXURY cosmetics for the body and home can be found within this store, which bases itself on the principal that happiness can be found in the smallest of things.

It's range of high quality products spans from body and facial care, candles and perfume, to make up and tea.

8 Oliver Bonas oliverbonas.com

WHARFERS have already been able to experience Oliver Bonas' distinctive mix of globally-inspired designs and seasonal staples after the brand opened its doors earlier this year.

Part of the Jubilee Mall extension, it sits on the upper tier of stores, offering a mix of clothing and jewellery with furnishings and gifts.



BARE MINERALS

Boutique manager, Becki Stagg, has been working for bareMinerals for more than four years, most recently at the John Lewis counter in Oxford Street.

How do you feel about bringing the brand to Canary Wharf?

"We are so excited and delighted to be one of the first retailers to open at the new Jubilee Place Mall.

"We feel it's the perfect backdrop and ideal environment to unveil our new store design.

"We feel that bareMinerals will be the perfect retail fit for shoppers at Canary Wharf because our skincare and cosmetics products are designed for all. We have plenty of exciting plans in place surrounding the launch and beyond and are confident that our brand will receive a strong following here."

How would you describe the ethos of bareMinerals?

"At the core of our DNA is the 'girlfriend experience', which brings to life our beliefs around encouraging conversation, inspiring confidence, sharing a connection and creating an environment that is always welcoming and inclusive rather than intimidating.

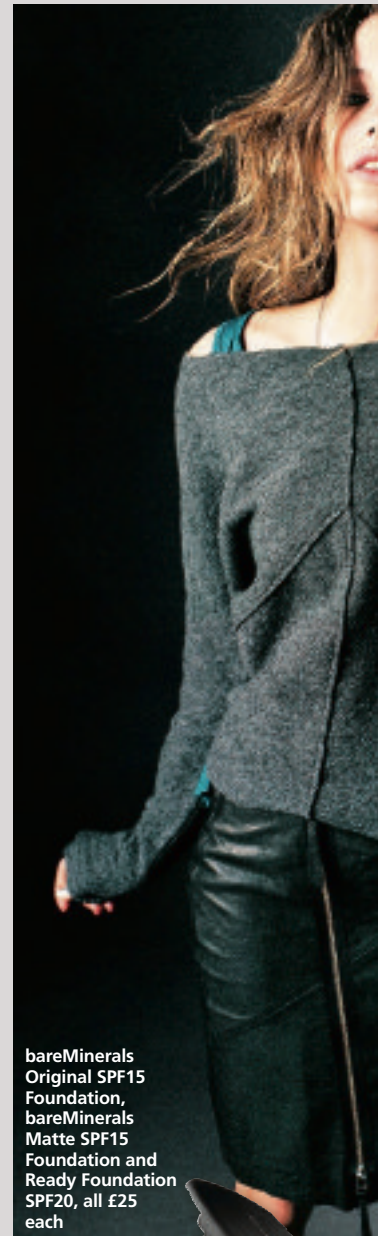
"Every bareMinerals product is designed to bring out your true beauty.

"We believe in the transformational power of minerals and have always focused on using only the finest ingredients in our products.

"As the mineral experts we believe makeup should not only make you look good, but they should also be good for you.

"Our award-winning foundations are formulated without preservatives, binders, fillers, bareMinerals foundation represents the ideal mix of make-up and skincare – problem solving cosmetics that perfect and pamper the complexion.

"With bareMinerals, it's not all about make-up. It's also about inspiring confidence, starting a conversation, sharing a connection. Love. Understanding. Community. That's what bareMinerals represents."



bareMinerals Original SPF15 Foundation, bareMinerals Matte SPF15 Foundation and Ready Foundation SPF20, all £25 each



9 Emmett Shirts emmettlondon.com

EACH and every shirt at Emmett is unique in composition and design and intertwines British tailoring with European elegance.

Most collections are made in limited editions, offering exclusivity and originality, while all go through detailed examination before being given a seal of approval.

10 Le Pain Quotidien lepainquotidien.co.uk

RUSTIC interiors coupled with fresh,

organic food add to the allure of this boulangerie-style eatery.

Delectable pastries, plentiful coffee and a vast array of cakes and tarts will be served up throughout the day with products including home-made jams and chocolate spread available to buy. It is one of the largest units in the extension and perfectly placed to dash to the Tube station.

11 Asics asics.co.uk

RUNNERS will relish the sixth European store for this brand which

A model wears Tiger of Sweden



CATH KIDSTON

Store manager Cheryl Denbow said with one in four women in the UK owning a Cath Kidston product, she expected the new Canary Wharf store would be popular with busy Wharfers picking up gifts for the family and making use of its click and collect service.

How do you feel about Cath Kidston bringing its first store to Canary Wharf?

"I am really excited. It is a fantastic location which is fast becoming well known for its retail shopping, restaurants and events and it has a great social atmosphere here.

"I have recently joined the brand and I am really looking forward to managing the team. They are an amazing group of people who love Cath Kidston products and we're excited to welcome new and regular customers."

How would you describe the brand and what can customers expect in-store?

"Cath Kidston is fun, cheerful and brightens up your day. The company is friendly while being incredibly successful.

"It is known for original prints and for kicking off the trend for Modern Vintage.

"We offer a vast range of products that are perfect for buying for gifts or treats for yourself.

"Shoppers at our Canary Wharf store can expect to find everything from the iconic Cath Kidston handbag to quirky, fun homeware to nightwear for women.

"We are also stocking a great range of Christmas decorations, cards and wrap."

More on Page 6

Cath Kidston London Christmas Cedar Mug, £7.50



boasts a high-tech Foot ID scanning system as well as a range of footwear and clothing.

Special running clinics for all abilities will be offered by the store team, giving fitness fans a chance to try out their new gear on scenic routes across the capital.

12 Godiva

godiva.com
CHOCOLATE creations inspired by the values of Lady Godiva will bring a taste of luxury to Jubilee Place.

The brand has a heritage dating

back to 1926 with innovation in the Belgian tradition, creating sweet tasting experiences for any occasion.

13 Michael Kors

michaelkors.com, opening 2014
HEAD to this rapidly-growing luxury lifestyle brand for designs combining elegance with a sporty attitude.

Starting off with an apparel base, the range has expanded into accessories with signature handbags, leather goods, eyewear, jewellery, watches and footwear making up its duo of primary collections.

14 Monica Vinader

monicavinader.com
THE brand's second boutique in the capital will showcase its range of colourful, eye-catching and award-winning jewellery designed to be worn on a daily basis.

Offering iconic friendship bracelets, vibrant gemstones and diamonds and complementary engraving it strives to bridge the gap between fine and fashion jewellery.

15 Schuh

schuh.com
FASHION footwear for all the family has arrived in Canary Wharf courtesy of Schuh.

The UK-based retailer has opted for one of the larger units in the Jubilee Place Mall extension to showcase its collection of own-label and established footwear brands.

16 Tiger of Sweden

tigerofsweden.com/gb
SCANDINAVIAN style abounds within this store showcasing ready-to-wear suit collections.

With more than 100 years' experience in the industry, the brand is renowned for its strong tailoring skills and trademark fit within its men's, women's and jeans ranges, and also offers shoes and accessories.

17 Pretty Ballerinas

prettyballerinas.com
BUDDING ballerinas will find their dancing dreams come true in this plush store decked out with chandeliers, pink shelving and leopard print sofas.

Each flat or ballerina design is hand-made using the finest fabrics and named after a female icon of the screen or music industry, with the Pretty Young Princess collection catering for little dancers.



18 Sweaty Betty

sweatybetty.com
FITNESS fans on the Wharf will already be familiar with this brand, which has a store in Cabot Place Mall.

Aimed at empowering women through fitness, it offers workout clothes for yoga, running, gym, ski and tennis sessions combining high-performance material with stylish designs.

The new offering will also provide more space for the brand's in-store fitness classes.

19 Wolford

wolford.com
WARDROBE essentials ranging from legwear, lingerie, swimwear and accessories are available at this brand with a 60-year history.

Designs are timeless with subtle references to the latest fashion trends to add style to the female silhouette.

20 Cadenzza

cadenzza.com
CUTTING edge designs in the jewellery market will be showcased by this brand, an extension of the Swarovski Group.

The ever-changing collection of pieces will include products from up to 50 international brands and up-and-coming designers to help inspire customers in their fashion jewellery choices.

CANARY ROCKS

CANADA and Jubilee Place malls will play host to fashion shows featuring a number of products from a selection of the new stores over the weekend (Friday to Sunday).

Asics' in-house nutritionist will be on hand to offer advice tomorrow (Friday) while further offers and promotions will span new and existing stores including Cadenzza, The White Company, Wolford, Aquascutum, Hackett, Jaeger and LK Bennett.

There will also be a Bobbi Brown pop-up in Canada Place Mall.

Pianist Tokio Myers will return to E14 entertain crowds with his lively renditions, alongside performances from break-dancers Rollin Dices, percussionist group Slam and DJ Urban Groove.

New Jubilee Place stores to be showcased on the Canary Rocks Catwalks:

- Asics
- Cadenzza
- Emmett London
- Wolford
- The White Company
- Tiger of Sweden
- Sweaty Betty

Go to mycanarywharf.com.



Face In The Crowd Win

dinner and a movie, if it's you in our sights
Page 61

MAJINGO'S

LONDON'S PREMIERE GENTLEMANS CLUB

Join us in our discreet, luxurious Art Deco club in South Quay, 100 yards from London's vibrant financial district, Canary Wharf.

NEW OPENING HOURS 8pm-5am

PROMOTIONS

- EVERY MONDAY 'THE THREE TENNERS'
- EVERY TUESDAY 'PLAYERS PACKAGE' SPECIAL PRICE £50.00 (normal price £80.00)
- EVERY WEDNESDAY 'LINGERIE NIGHT'
- EVERY THURSDAY 'WHARF FRIDAY'
- EVERY FRIDAY 'WEEKEND PARTY TIME'

Find us on Google Maps



For more information and directions visit the new Majingo's website www.majingos.net

e: linda@majingos.net t: 0207 531 6060 (Call between 10am-3pm)

m: 07890 207642 (Call between 3pm-3am) 187 Marsh Wall | South Quay | London E14 9SH

Focus

Excited by opportunities of new shop

SWEATY BETTY

With more than two years experience working for the Sweaty Betty brand, Lucinda will be swapping her manager role in the City for EL4's second store.

How do you feel about Sweaty Betty bringing its second store to Canary Wharf?

"I am very excited about the opening of a store in Jubilee Place and so is the team in Cabot Place.

"It will help us attract even more customers and the two shops being quite close to each other means that we will all be part of the same big team: the CW team.

"It also means that if a free workout class is full in one store there might still be space in the other for our customers to join.

"The shop in Cabot Place will remain open so our customers can still buy their favourite gym or yoga wear during their lunch break.

"The new store in Jubilee Place means that we can empower even more women through fitness with our beautiful yet technical products and our free weekly workout classes."

Has the brand proved to be a good fit for the shoppers here?

Does it have a strong following?

She said: "Sweaty Betty in Canary Wharf is performing very well and we have more and more customers



visiting us on a regular visit to get their gym wear, yoga wear, swim wear or just popping in before their ski holiday to make the most of our beautiful ski wear collection.

"There are so many active women in Canary Wharf and we have something for every single one of them.

"Our click and collect delivery option online has also helped bringing more and more customers to the shop as it is the perfect way to shop online and have your order ready for pick up in store at a time that suits you."

GODIVA

Blanka Tubel has swapped Selfridges for Canary Wharf to introduce EL4 to a world of Belgium chocolate.

What are you looking forward to with this opening?

"I am so excited for Godiva to be opening its first store at Canary Wharf.

"I am looking forward to establishing a great team here at Canary Wharf, and I can't wait to welcome our first customers.

"Godiva is a great fit for shoppers at Canary Wharf, as not only are we the perfect stop to pick up gifts for loved ones and special occasions, but we also offer a range of hot and cold drinks, pastries, treats and pick-me-ups to grab on the way into work or during a lunch hour.

"We hope to become known for serving the best hot chocolate in Canary Wharf."

What will the store offer and how does it differ from other chocolate brands?

She said: "Godiva is an expert in its craft, and it brings the best of Belgium to the world. Godiva believes in sparking joy, thrilling the senses and deepening connections between people through its product.

"The company also prides itself on setting the Gold Standard across

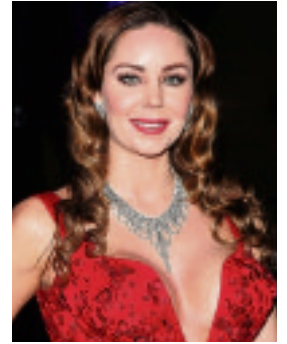


its product offering and customer service, and I am very much looking forward to extending this ethos to our Canary Wharf customers.

"The Godiva store will feature our glass-top chocolate counter, so we can create bespoke chocolate selections made to order.

"The store will also serve ice cream, chocolate drinks, pastries and most exciting for me is our dipping machines, where every day expert chocolatiers will dip fresh and candied fruit into Godiva chocolate."

SPOTTED



Violinist Linzi Stoppard, top, and model Emma Nobel-Baker at the London Lifestyle Awards at the Troxy, Limehouse

STILL TO COME • Alive 12 • What's On 14 • Food 52 • Health 55 • Travel 56 • Fashion 57

The FBU may be striking around Bonfire Night and Diwali celebrations

TAKE EXTRA CARE

- ✓ Fit a smoke alarm
- ✓ Test your smoke alarm
- ✓ Plan your escape route
- ✓ If you have a fire call 999



Visit london-fire.gov.uk for full safety advice

L F B
LONDON FIRE BRIGADE

Career women face lottery of late pregnancy

HEALTH Fertility clinic doctor says older women are going abroad to cut time and costs, writes **Kay Lockett**

Putting career before starting a family is a choice many women in Canary Wharf may make.

But opting to postpone having a baby until later in life is becoming a serious problem among working women, according to medical care company Body Bureau.

The company's Canary Wharf clinic helps UK couples get infertility treatment abroad, starting the process at the Baltic Medical Centre in Meridian Place.

Customers are mainly those who cannot afford to be placed on the ever-lengthening NHS waiting list, or are not eligible.

Others are shocked by the huge costs of private health care in the UK and so go abroad to save money.

It is currently National Infertility Awareness Week and figures show that one in six people in the UK is struggling to conceive, which equates to around 3.5million people, with fertility declining with age, falling sharply after 35.

Dr Julija Gorodeckaja, gynecologist at the Baltic Medical Centre is concerned that women are having children late and are unaware of the associated risks.

Research from Body Bureau suggests that stillbirths are twice as common in those over 35, children are at more risk of genetic disorders and many women regret their decision to wait.

Dr Gorodeckaja said: "Some women who wait end up having to go down the IVF route, many of whom are in the 30-50 years age range and often come to our Canary Wharf pre-assessment clinic for help getting pregnant with their first child.

"If it comes to IVF, we start stimulation here, then for treatment we send patients abroad. Then they come back here for follow-up care.

"We work this way as it is 60 per cent cheaper to have the treatment abroad at a top private clinic and it saves time.

"The majority of women I see are educated, self-providing women who are doing well in their careers and suddenly find themselves not being able to get pregnant when they decide they want to start a family.

FACTFILE

■ Half of babies in the UK are now born to women aged 30 and over.

■ Older mothers face more risks during pregnancy.

■ There has been a 15.6 per cent rise in births to women in their 40s since 2006-07.

■ Fertility falls sharply after 35.

■ After pregnancy, infertility is the most common reason for women aged 20-45 to visit their GP.

■ Over 60,000 cycles of IVF are performed in the UK each year yet fewer than 25 per cent of these are successful. The majority of fertility treatment in the UK has to be paid for privately as NHS coverage can vary.

■ In over 40 per cent of instances of infertility, the causes are unexplained.

■ Fertility declines with age and that applies to men as well as women, albeit to a lesser extent.

■ Following a healthy diet and lifestyle can improve your chances of conceiving. Sources: niaw.org.uk and Body Bureau

"The NHS is more likely to give IVF treatment to younger women as there is a greater chance of success."

She said the drift towards older parenthood began with more reliable contraception.

"As soon as women were able to make choices about when they had a baby and control the amount of children they have and the timing of them, it all started to shift towards being an older parent," she said.

"Success rates of IVF treatment all over the globe are not brilliant. Only around 25 per cent are successful and many couples face four to five rounds of treatment thus delaying starting a family even further."

For more information go to bodybureau.co.uk or call 0207 515 2714, Baltic Medical Centre, 121 Meridian Place, E14 9FE.

Health / Page 55



The Duke and Duchess of Cambridge with Prince George at his christening

Bakery regeneration cleared

PLANNING

A DEVELOPER striving to offer "true regeneration" in Canning Town has been given the green light for its plans to create a new community.

Newham Council recently approved the scheme, put forward by Cathedral Group and designed by Studio Egret West, for old industrial buildings at The Goswell Bakeries and Moss Electrical warehouses.

The disused Caxton Street North site will get a 336 mixed-tenure apartment development also offering space for new jobs and businesses on its ground floor and mezzanine levels.

Coupled with the pedestrianisation of Hoy Street during the weekend, it is hoped the units will attract small high-growth enterprises seeking affordable space.

Richard Upton, chief executive at Cathedral,

said: "We are delighted Newham has recognised this site's potential to deliver something quite different for Canning Town, closer to true regeneration than simply getting rid of some tired old warehouses and replacing them with apartments.

"Studio Egret West's design has demonstrated we can encourage the sorts of small businesses and enterprises that will make this site a catalyst for real change."



Dr Julija Gorodeckaja of the Wharf's Baltic Medical Centre



CCTV footage of the assault

Hunt for DLR attack suspect

BRITISH Transport Police have released CCTV images of a woman suspected of assaulting a Docklands Light Railway inspector.

The incident took place on a train between Lewisham and Bank at 6.50pm on September 25 and saw the worker punched repeatedly in the head.

He had asked the woman and a male companion to remove their dog from the seats. He also asked the woman to take her feet off the seats.

He then asked them to leave the train at Elverson Road station as they had no tickets.

In response, the woman tripped the inspector over before punching him in the head and shoulder.

British Transport Police's DC Steve Ajayi said: "We will do everything we can to bring offenders to justice."

ASTON'S

CHAMPAGNE & WINE BAR

Celebrate CHRISTMAS IN STYLE...

WID CHAMPAGNE PACKAGE £65 PER PERSON

ASTON'S CHRISTMAS PACKAGE

For just £45 per person includes:

- Free drinks between 6-11pm.
- Single house spirits & mixer, selected draught beers, house wines and soft drinks.
- Professional DJ playing all your party favourites.
- A delicious Christmas buffet.
- Party hats, crackers and poppers.

Buffet Menu

- A selection of Christmas sandwiches.
- Site size chicken & garlic mayo wraps.
- Mini loaf in the hole.
- Oriental sticky chicken drum sticks.
- Mini fish cakes with dill dipping sauce.
- Individual quiches.
- Tomato, basil & mozzarella bruschetta.
- Filo prawns with chilli dipping sauce.

We also offer tailor made Christmas packages which include:

- Exclusive hire availability.
- Your choice of buffet food & drinks.

We are taking bookings now! So to avoid disappointment contact us to reserve your party date.

A booking deposit of £10 per person is required and the balance is payable 3 weeks in advance of the event.

Merry Christmas!

T: 0207 537 3903 Open Monday to Friday 10am until late

Astons Champagne & Wine Bar | 187 Marsh Wall | London E14 9SH
manager@astons-bar.com | www.astons-bar.com

Tributes for Wharf visionary

PEOPLE

CANARY Wharf Group has paid tribute to the man who led the vision for the creation of its east London business centre.

Paul Reichmann, 83, pictured, co-founder of development company Olympia & York, died on Friday at his home in Toronto, Canada, but his legacy lives on.

His firm was behind the development of the financial centre on the site of redundant docks on the Isle of Dogs.

The firm went bankrupt in 1992 after failing to attract enough tenants to the estate due to the poor transport links at the time, but he returned seven years later with a minority stake in another company, Canary Wharf Group.

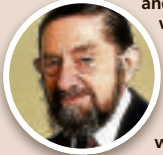
That was finally taken over by Songbird Estates in 2004.

Sir George Iacobescu CBE, chairman and chief executive of CWG, said: "Paul was a visionary. He had an ability to

see potential value in places where other developers could not.

"He also had an uncompromising eye for quality and detail. Only Paul would have taken the huge risk to build a major new business district in a former industrial area where land values were almost zero.

"And only Paul would have ensured that the quality of the buildings would surpass anything available in London at that time."



Restoring the name of slums' forgotten hero

HERITAGE

Morrison, like Dickens, exposed the horrors of East End poverty

Matthew Andrews
The Wharf

Tomorrow, November 1, is the 150th anniversary of the birth of an important, but neglected, East End literary figure.

Arthur Morrison was a late-Victorian and Edwardian novelist who wrote vivid, unflinching stories set amid the poverty, squalor and violent lawlessness of east London's slums.

During his lifetime, his work attracted critical recognition and a large readership, yet it is relatively unknown today.

Born on November 1, 1863, in the slum district of Poplar, Morrison was the son of an engine fitter.

In 1887, aged 23, he went to work as a clerk at the newly opened People's Palace, a mission to educate working-class Cockneys – on a site now occupied by Queen Mary, University of London.

Three years later he moved to the Strand to work as a journalist on *The Globe* newspaper and in 1894 produced a collection of short stories, *Tales Of Mean Streets*, which was well received.

A second slum fiction, *A Child Of The Jago*, was published in 1896, and this was the novel that cemented Morrison's reputation.

Dr Diana Maltz, from Southern Oregon University,



East End slums were Arthur Morrison's settings



Street and Bethnal Green Road where Morrison had spent 18 months observing life in 1894-95.

The inhabitants of the Jago are a vicious, criminal bunch, given to drinking, brawling, and gang warfare. The protagonist, a young boy named Dicky Perrott, learns to survive in this environment by becoming a sharp, canny thief.

Morrison tells the story in an unsentimental way, neither glorifying nor preaching. What is more, it is a fascinating social-historical document, so why is it and its author not better known today?

USA, is one of the organisers of the first ever academic conference on Morrison, which takes place at Queen Mary University on Saturday.

She said: "A *Child Of The Jago* is a compelling read, a real page-turner.

"The novel also opens a window onto historic concerns of the 1890s, including the struggles of the poor and middle-class fears of a degenerate underclass."

The story plays out in the "Jago", a tenement neighbourhood based on the real-life Old Nichol slum between Shoreditch High

Why isn't Morrison better known?

"In contrast to Dickens, Morrison can seem very dark."

Dr Diana Maltz

Dr Maltz said: "In contrast to Dickens, whose scenes of poverty are offset by moments of domestic conviviality and comedy, Morrison can seem very dark. That said, his writing has an energy and drive all its own.

"Many people would like Morrison's work, but they simply haven't discovered him yet."

Award-winning historian Sarah Wise will give a public talk on Morrison and *A Child Of The Jago* at the end of Saturday's conference.

■ *The Octagon*, Queen Mary, University of London, 4.30pm, FREE. Go to www.sed.qmul.ac.uk/morrison.html.

Carrot Cars



0207 005 0557



VISA MasterCard VISA Maestro

Card terminal in every car!
bookings@carrotcars.co.uk

Book online: www.carrotcars.co.uk



Cheap, clean, reliable minicabs

HOT

BIKRAM YOGA

by Canary Wharf

Now Open!



INTRO OFFER!

20 DAYS £30

GET TONED ★ DETOXYFY ★ LOSE WEIGHT

www.BIKRAMYOGALONDON.COM

020 7537 2002

OPEN 7 DAYS A WEEK!

Visit Website
for Details

FACTFILE

■ Arthur Morrison was born on November 1, 1863, in Poplar.

■ He spent 27 years in the East End.

■ He also wrote detective novels – his Martin Hewitt series (three volumes, 1894-96) became hugely popular after Sir Arthur Conan Doyle killed off Sherlock Holmes in December 1893.

■ Morrison became an expert on Japanese prints,

publishing a two-volume work, *The Painters of Japan*, in 1911.

■ He donated his collection to the British Museum on his death.

■ Morrison died on December 4, 1945, in Chalfont St Peter, Buckinghamshire, aged 82.

■ To read Morrison's works for free, go to ebooks.adelaide.edu.au/m/morrison/arthur/index.html.



CANARY ROCKS

01 02 03 NOVEMBER

Notebook

Mashgate makes trip to the Shard a little pointless

Harry Gordon, Mr Selfridge himself, coined the phrase: "The customer is always right". He would have turned in his grave had he been at our table at Aqua Shard on Friday.

There's something very rock and roll about taking a lift up to an evening of entertainment. As the doors opened on the 31st floor, I was filled with excitement.

Even though I work in Canary Wharf sometimes I forget how utterly fabulous London is. Seated, with a glass of Chablis in hand, overlooking the majestic city

skyline, I really wouldn't want to be anywhere else.

My gal pal and I spent the first part of the evening discussing her fertility issues (yes, this is my girlfriend who for the past 10 years has been threatening to undergo artificial insemination).

She is yet to make up her mind. Our chats are becoming farcical, with me continuing to say "it's never too late" despite the fact my friend recently celebrated her 46th birthday.

We then moved across to the restaurant.

WORKING MUM



TABITHA
RONSON

"Can I have sauté potatoes with my steak instead of mash?" my friend asked the waiter.

He was visibly shaken. Several minutes later, he came back from the kitchen with the answer.

"No. I'm sorry but the chef will only serve this dish with mash."

"But, I don't like mash," my friend retorted.

"The chef will only serve mash with that dish," he said.

This conversation went on for a further 10-minutes; the waiter running

back and forth to the kitchen desperate for the chef to change his position.

The chef didn't cave. He knew best. It was to be mash or nothing. Our waiter was desperately apologetic. My friend, who is a notable London business-woman, was not impressed. She ended up changing her order because of Mashgate. Needless to say she will not be returning to Aqua Shard, or recommending it to her business associates, in a hurry. *Working Mum, wondering whether Gordon, Jamie, Thomasina or Raymond would have been more accommodating.*

POLITICAL VIEWPOINT

By Cllr Peter Golds

Dumped cars only worsen parking woes

Over the past few weeks I have attended meetings organised by island residents of a large estate of social housing, a newer mixed development and a gated development.

All were facing the problem of dumped cars. In each development vehicles appear to have been abandoned on what is essentially private property.

The police and council will not take action. Worse, the DVLA is delaying providing details of registered owners.

As a result people face their own limited space being blocked by abandoned cars while the authorities make it difficult to take action to remove them.

While this goes on, ever



This is not the way that sustainable communities are built

more planning applications for residential development are being waved through on the Isle of Dogs, despite there being no social infrastructure to cope.

Many of these developments are "car-free". However the mayor has an opt-out for his supporters, namely "protected parking permits for large families" moving to new homes.

No wonder the Island is increasingly gridlocked these days.

The borough needs new homes. However, the scale and density of present development, without schools, medical facilities and improved transport, will simply re-create the social problems of the discredited development of the '60s.

This is not how sustainable communities are built.

They come from developers, planners and residents working together.

Conservative,
Blackwall &
Cubitt Town



Wharfinger The long view



2002 Fireworks over Canary Wharf at the climax of the Quay Sounds festival at West India Quay to mark the 200th anniversary of the opening of the docks. Robert Milligan, a wealthy West Indies merchant and ship owner originated the docks to stem the theft and reduce the delays at the riverside docks. The West India Dock Act was passed in 1799.

1999 Greenpeace ship Rainbow Warrior 2 docks in West India Quay in its first visit to Britain for 10 years. The ship replaced the original after it was bombed in 1985 and finally retired from service in 2011. The third Rainbow Warrior continues carrying the green message.



High Five Compact cameras

Despite the rise of smartphones, there's still a market for compacts, especially those with connectivity



Sony RX100 II, £582
With NFC and Wi-fi, then sharing is key to this 20.2Mp model.



Samsung Galaxy Wi-fi, £305 Cute crossover with top smartphone.



Panasonic DMC-FT5, £269.99 Shockproof, freezeproof, water-proof, dustproof.



Canon Powershot G16, £499 With solid ability to capture fast-moving action.



Olympus VH-520, £129.99 Another robust and decent all-round package.

SPIRAL NOTEBOOK

By Giles Broadbent

Tales of death and cruelty taint our lives

There are a lot of us about. Billions in fact. And what with the world opening up to journalists looking for tales of weirdness and cruelty and a healthy appetite for the same on the web, there appear to be more and more of us each day.

Take China. The opening up of the Red Giant has, yes, provided a bigger market for our widgets but, more importantly, it has fed the world with another tranche of human misery of which we were previously ignorant.

Children walled up in basements, enough bizarre deformities to keep Channel 5 in business for years, more routes off this mortal coil than you could shake a lethal pointy stick at. Doesn't mean each one is not



China has fed the world with new tales of human misery

a tragedy. It just means we get a disproportionate sense of the universe and its workings.

I was informing a lady about statistical irrelevancies over the weekend. Her toddler son had dropped his bouncy pumpkin nose and it had careered, like in some public safety information film, towards the traffic. He, oblivious, gave chase.

I had responded with a yell, a right foot to halt the pumpkin, a left arm to arrest the boy.

The mother was shaken. As reassurance I told her that, in 2011, 33 children were killed on the roads out of an under-16 population of 11million.

The chances that her son would have been among their number were so many zeros right of the decimal point, her fluster was entirely unnecessary.

She was so grateful for my statistical reassurance she stopped hitting me almost immediately.

Follow Giles
Broadbent on Twitter
@MediaGulch



The Week In Brief

A round-up of other key stories that we've been monitoring



Photo story

EAST LONDON A group of students in Poplar were inspired by internet success story Jamal Edwards, pictured right, this week.

The 23-year-old whose YouTube channel 5B.TV turned him into a multi-millionaire, visited Ian Mikardo School, which accommodates youngsters aged 11 to 16 who suffer emotional and behavioural difficulties. Jamal told them: "The main thing is believe in yourself. Just keep on being persistent. Lots of people will say no, but I was inspired by being told 'no'. I kept going."

Police look for suspect as disabled person hurt

STRATFORD Police have appealed for information on a man known only as "John" after a disabled person was subjected to a serious attack with a walking stick.

The victim was left with head and facial wounds following the assault in Stratford on May 19.

Police have just released a photo of the man they want to talk to in connection with the incident which is being treated as GBH.



Archeologists unearth Roman eagle sculpture

CITY A Roman sculpture of an eagle clasping a serpent in its beak has been discovered by archaeologists searching a site that is shortly to become a hotel.

Museum of London specialists also found evidence of a mausoleum which may have been dressed with the 65cm eagle, hailed as "the finest sculpture by a Romano-British artist ever found in London".

So fine are the details that the archeologists initially doubted it could be 1,900 years old. The object is now on display at the Museum of London.

Chef's pumpkin auction

EAST LONDON Chef Nichola Smith swapped cooking for carving as she designed a pumpkin to be auctioned off at Budgens in Virginia Quay.

Customers crowded into the store last weekend to bid for the spooky design while raising cash for Beckton-based Richard House Children's Hospice and the Kid's Company.

And a £100 donation was secured after budding chefs set their sights on the orange prize for their culinary creations.

Store owner Hitesh Patel said: "It's also nice to give something back to the community, so we're really grateful to Nichola for coming along and helping us to create excitement for shoppers as well as raise money for charity."



Nichola Smith at Budgens

Borough pinpointed as birthplace of 'fatbergs'

NEWHAM Wet wipes and food fat being flushed into sewers by households is costing around £8million a year to fix.

Newham has been cited as one of the hotspots where the abuse is being carried out. When combined, wipes and fat creates "fatbergs" and has caused hit squads to be set up to combat the blockages they cause.

Rob Smith of Thames Water said: "Sewers are not an abyss for household rubbish. Fat goes down the drain easily enough, but when it hits the cold sewers, it hardens into disgusting 'fatbergs' that block pipes."

Biggs criticises council for home policy failings

TOWER HAMLETS Plans by Mayor Lutfur Rahman to move 500 families out of London have been labelled a "tragedy" by opposition politicians.

In response to a Freedom Of Information request, the council revealed 400 households are living outside the borough, including in Hemel Hempstead, Dartford and Gravesend.

Labour candidate for Mayor John Biggs, said the council needed to focus its efforts on minimising the impact of policy. "There is a personal tragedy behind each of these stories," he said. "It is a failure of leadership."

Aequitas Law

Well Thought, Well Done.

UK Visa Issues?

- Help with Sponsorship & Visa applications, Dependent entry, Entrepreneur applications...avoid unnecessary legal problems.
- Advice on Visa Applications, Rights of Entry, Leave to Remain, Citizenship & Appeals against refusals.

Free initial half hour consultation.

Our staff are conversant in Mandarin, Japanese, Hindi and Gujarati.

Call us on: **0203 135 0246** for an appointment.

Aequitas Law, 3 Beatty House, Admirals Way, Canary Wharf, London E14 9UF.

www.aequitaslaw.com

 **BRITISH AIRWAYS**



SHORT BREAKS THAT LIVE LONG IN THE MEMORY

LONDON CITY TO GENEVA FROM £59 ONE WAY.

Hit the heights of European skiing from London City. As well as Geneva, we have great fares available to Chambery, Granada and Zurich.

Book now at ba.com/londoncity

To Fly. To Serve. To Europe.

Prices are per person based on the cheapest one-way Euro Traveller hand baggage only fares from London City Airport to selected European destinations: Geneva (GVA), Granada (GRX), Ibiza (IBZ), Malaga (AGP), Palma (PMI), Stockholm (ARN) and Venice (VCE) for travel between selected dates from 14th Oct 2013 to 31st March 2014, inclusive of taxes, fees and charges, correct as at 14/10/13, but may vary. Bookings must be made by 3rd Nov 2013. Availability may be extremely limited. For full terms and conditions please see www.ba.com/londoncity. Flights operated by BA CityFlyer.

Alive

BONFIRE NIGHT RECIPES

BBC Good Food magazine

Sausage and lentil traybake

INGREDIENTS

Serves 2-3

3 small onions
6 good-quality sausages
2 x 250g pouch cooked Puy lentils
3tbsp red wine vinegar
3tbsp maple syrup

METHOD

1. Heat oven to 200C. Quarter the onions, leaving root intact.
2. Heat a griddle pan to high. Griddle the onions to char them, then remove and set aside. Brown the sausages.
3. Tip the lentils into a roasting tin and add any juices from the griddle pan, vinegar and seasoning, then toss together. Arrange the onion wedges and sausages on top.
4. Brush the sausages and onions with the maple syrup, and season the onions. Cook for 20 minutes, then serve.



BBC

Pear parkin pudding and custard

INGREDIENTS

Serves 8

200g porridge oats
200g self-raising flour
2tsp ground ginger
1/2tsp salt
175g treacle
140g butter, plus extra for the dish and for dotting over
140g light muscovado sugar, plus a bit more for sprinkling
2 balls stem ginger from a jar, chopped, plus some of the syrup to serve
1 large egg
150ml milk
4 ripe pears, peeled, stalks cut off, cored and halved
Custard, to serve

METHOD

1. Heat your oven to 160C/140C fan/gas 3.

2. Butter a 30 x 20cm baking dish. Mix the first four ingredients together in a bowl.

3. Melt the treacle, butter and sugar together in a large saucepan, then stir in the dry ingredients, half of the chopped ginger, the egg and milk to make a smooth batter.

4. Spoon into the baking dish, then sit the pear halves in the batter. Dot more butter over each pear half and sprinkle with a little more sugar. Bake for one hour until risen all over.

5. Scatter the rest of the ginger over the fruit, then drizzle all over with syrup from the jar. Serve in rectangles with custard.



Marking Guy Fawkes night with a bang

EVENTS

Blackheath Fireworks

Shooters Hill Road, SE3 0TY

■ One of the biggest free community events in London is now attracting up to 100,000 people each year. It offers a funfair starting at 4pm, food stalls and bar from 5pm followed by the display. The village atmosphere of Blackheath is sure to mean a family-friendly vibe.

For £250, you can invite nine clients, colleagues or friends to join you in the exclusive VIP viewing area right next to the firing zone for an extra-special fireworks display experience.

Nov 2, 8pm, FREE

Newham Guy Fawkes Night

Wanstead Flats, Centre Road, Forest Gate, E7

■ Watch the sky light-up with dazzling pyrotechnics and a laser show. This year's fireworks display will be choreographed to a pop soundtrack featuring Mumford & Sons, Rihanna, Florence & the Machine, Jessie J, Katy Perry and Calvin Harris. Global food offerings include Thai noodles and curries, French crepes, jerk chicken and gourmet Lebanese cuisine.

Nov 3, 6.30pm, FREE

Southwark Fireworks Night

Southwark Park, Lower Road, SE16 2PA

■ Wrap up warm and take the family along to enjoy a toffee apple and some sparkler fun.

Southwark's Fireworks Night has been extended and the gates will open earlier and close later. There will be fire and light performances throughout the evening as well as a family funfair and a wide range of food and drinks stalls.

November 5, 7pm, FREE

Weavers Fields Fireworks Display

Viaduct Street/Vallance Road, E2

■ Tower Hamlets Council will be lighting up the sky with a spectacular fireworks display and the fun soundtrack will provide a memorable audio-visual extravaganza for the whole family to enjoy. No sparklers.

Nov 3, 6.30pm, FREE

STAGE

Nosferatu

Unicorn Theatre

■ A lawyer named Hutter travels to the Carpathian mountains to close a sale for a mysterious count.

Despite the nasty surprises and bad omens he encounters on the way, he continues his journey to the castle where he is welcomed by Count Orlock – someone who looks a bit like a bat but also a bit like a garlic clove.

Humour and horror make this adaptation of the classic spooky story the perfect Halloween treat. Until Nov 2, Unicorn, 8+, 60mins, £10-£16, unicorntheatre.com.



Guy Fawkes will be out and about in the London Dungeon

ATTRACTION

The Home Of Halloween

London Dungeon

■ The curtain rises on a lavish new pumpkin-filled Halloween production now stretching to six weeks of scary fun.

Meet the mischievous Pumpkin Farmer who will be dishing out suspect trick or treat sweets.

Then it's down into the depths of the dungeon for Halloween encounters with a cast of London's most infamous names including Guy Fawkes.

Various times and prices. Go to thedungeons.com for details.

Brockwell Park Fireworks

Dulwich Rd, SE24 0NG

■ Lambeth Council is hosting a special fireworks night created by the team behind the London Olympics fireworks. Four different zones will be based around the four seasons which will offer food, drinks and entertainment, pre and post display. A funfair, music and an appearance from Fireman Sam will keep the kids entertained.

Nov 5, 5pm, FREE

Lord Mayor's Show and Fireworks

Guildhall Gresham St, EC2V 7HH

■ This spectacular three-mile-long procession winds its way from Mansion House through the historic streets of the Square Mile to the Royal Courts of Justice.

Surviving the black death and the blitz the pageant has been performed for eight centuries – there are fewer sword fights but the floats promise to be grander than ever. A fireworks display follows over the river between Waterloo and Blackfriars bridges.

Nov 9, Lord Mayor's Show 11am, fireworks 5pm, FREE

Alexandra

Palace Firework Display

Alexandra Palace Way, N22 7AY

■ Alexandra Palace is hosting its first fireworks display in four years.

There will be a family funfair, buzzing street food village and a German beer festival in the Great Hall with Bavarian waitress service and live entertainment including Oompah Bands, a DJ and headlined by Oasis tribute band Noasis.

Families can purchase specially priced Guy Fawkes Night ice skating tickets at £5 per skater.

Nov 2, from 2pm, £4-10

HALLOWEEN



Crypt of Terror, £19.99

■ Here's a set from the wildly popular digital pastime Monsters v Zombies. The crypt features a mini Baron Samedi and Zombie Bride, the building collapses, the floor tilts and barrels of goo spill all over the place.



Human snot and brain jam, £6.99

■ There's raspberry jam touting itself as brain jam and lemon curd claiming that it is that most disgusting of nasal nastiness. It is not big, it's not clever – but it will bring out a childish smile.



Ghost Hunt Game, £30

■ Place the skull-based character at the centre of a darkened room, set him off shining images of ghosts around your ceiling and walls, then grab your mini-gun and start shooting. A real blast.



CHRISTMAS

— AT THE PEARSON ROOM —



*For more information on
Christmas Packages contact Diana*

020 7970 0920
diana@thepearsonroom.co.uk

RESTAURANT
&
COCKTAIL BAR

16-19 CANADA SQUARE
CANARY WHARF
LONDON E14 5ER

THEPEARSONROOM.CO.UK
020 7970 0920
info@thepearsonroom.co.uk

What's On

Seven Days

Stage
Wooster heads to the country



★ Stephen Mangan plays aristocratic fool Bertie Wooster and Matthew MacFadyen his dutiful valet Jeeves in *Perfect Nonsense*.

Based on the PG Wodehouse characters and written as new by the Goodale Brothers, Sean Foley's production sees the pair take a trip to the countryside where Wooster plays match-maker.

And if he can't bring the pair together he may be forced to marry the girl himself.

Until Mar 8, *Duke of York's*, £20-£85, atgtickets.com.

Stage
Guy's simple life goes off the rails

★ In *Strangers On A Train*, a seemingly innocent conversation turns into a dangerous reality for Guy Haines (played by Laurence Fox) when he meets Charles Bruno (Jack Huston) on a train journey.

Ahead lies a nightmare of blackmail and psychological torment. His choice: to kill, or to be framed for a murder he didn't commit.

From Nov 2, *Gielgud*, £17.50-£57.50, strangersonatrain.com.



Ship will provide a haunting setting for dark gypsy opera

SHOW

Halloween feel to immersive spectacle of music and song aboard *Cutty Sark*

Kay.Lockett
@wharf.co.uk

A dark gypsy opera being performed on the *Cutty Sark* aims to walk the line between music gig and immersive theatre.

The River People will transform the space on the clipper ship in Greenwich into the Gallows Glare, a riverside tavern and home to The Waggon Band, a seven-piece gypsy folk band in residence.

Rumculls And Ragwater is billed as "a rip-roaring, thigh-slapping, macabre, yet beautiful and delicate show".

Using music, shadow puppetry and song, the production will tell the stories of the characters inside the tavern, the loves, the losses, the happiness and a dark tragedy.

Producer Claire Harvey said: "This is a real departure for us. We always work in non-traditional theatre spaces but we are working in a new format that is more musically led rather than performance based."

"Puppetry will highlight the story rather than dominate it - the puppets are quite abstract. We want it to feel relaxed like a gig. You can grab a pint at the bar and enjoy the show."

"We love to perform in unusual places, including boats, so thanks to Greenwich Theatre we're going from the Battersea Barge, where we've sold out, to the *Cutty Sark*."

"It's a real coup for us. There is such



The River People combine shadow puppetry, music and drama to tell their tales

What about the *Cutty Sark* as a setting?

"There is such rich history there and it is perfect for interactive theatre. It's a real coup for us."

Producer Claire Harvey

two adult puppetry courses at Greenwich Theatre - one for beginners and the other for those with some experience.

Artistic and executive director at Greenwich Theatre, James Haddrell said: "We have worked with The River People on a range of projects before, from puppetry classes at the theatre to inviting them and their gypsy waggon to play at the Greenwich World Cultural Festival, this year they are even providing shadow puppetry sequences for our pantomime."

"Working with young and emerging theatre companies lies at the heart of what we do here at Greenwich Theatre

and the The River People are a perfect example of that.

"They are an astonishingly talented collective of performers who have created the sort of show with *Rumculls And Ragwater* that you're unlikely to see anywhere else."

"I'm delighted that the *Cutty Sark* has agreed to work with us - to have the leading producer of theatre from the borough teaming up with the iconic ship and a virtuoso company of performers is sure to bring about a treat for the Halloween weekend."

Suitable for ages 12+. Nov 1 & 2, 8.30pm, *Cutty Sark*, £16, 020 8858 7755, greenwichtheatre.org.uk.

rich history there and it is perfect for interactive theatre and may introduce the ship to those who might not usually visit."

The River People are also running

We Make Your Busy Life Easier



Smart4Living is a service where we regularly send you your essential beauty & health products. Simply select each product and set how often you would like us to send it to you. We can make your life easier. Please visit our website for more information or scan the QR code. support@smart4living.com

www.Smart4Living.com

STEP ONE

Select Products for Men & Women

• Vitamins • Hair • Grooming
• Beauty • Cleaning • e-cigarettes

STEP TWO

Select how often you would like to be sent each product.

We ensure you never RUNOUT!

Also one off purchases.

All products are UK standard letter box fitted



Caroline signs up for war

PREVIEW

Actress Caroline Quentin will take to the Theatre Royal Stratford East stage next year for a First World War musical that made its debut at the east London venue 50 years ago.

The TV personality is part of the recently-announced cast for Joan Littlewood's satirical play, *Oh What A Lovely War!*, in a production that will be brought back to life by director Terry Johnson 100 years after the start for the Great War.



Caroline Quentin

Littlewood's high-impact wartime musical, which premiered at Theatre Royal Stratford East on March 19, 1963, combines familiar songs from the 1914-18 era with shocking statistics of the harsh realities of conflict and life on the front line.

The cast of next year's production, scheduled for February, will also feature Tom Loran, Ian Bartholomew, Oliver J Hembrough and Alice Bailey-Johnson.

Beth Allcock
Go to stratfordeast.com.

> WHAT'S ON CONTINUES ON PAGE 51

What's On

SCREEN



Thor: The Dark World

(12A) 112mins

★★★★☆

In this superior sequel, Thor faces a race called the Malekith, who aim to destroy the Nine Realms of Norse mythology.

Odin (Sir Anthony Hopkins) and the combined forces of Asgard are unable to repel the onslaught so Thor (Chris Hemsworth) descends to terra firma and reunites with astrophysicist Jane Foster (Natalie Portman), who he abandoned at the end of the first film.

Apologies out of the way, Thor and Jane embark on a road to defeat the Malekith and, unthinkably, Thor must rebuild bridges with nefarious Loki (Tom Hiddleston), who could be the difference between hard-fought victory and crushing defeat.



Philomena

(12A) 98mins

★★★★☆

As she approaches her 79th birthday, Dame Judi Dench looks certain to be gifted a seventh Oscar nomination for her tour-de-force portrayal of a guilt-stricken mother.

Dench is complemented by Steve Coogan as a cynical journalist, who initially scoffs at the suggestion he should pen an article about the mother and her heartbreaking search for the child she was forced gave up.



The Haunting in Connecticut 2

(15) 112mins

★★☆☆☆

Tom Elkins returns to the director's chair for this lacklustre companion piece to his 2009 supernatural horror, which chronicled the true story of one family's brush with evil forces.

The film also relies on spooky fact, relating the ghoulish goings-on in a station master's house in Pine Mountain, Georgia, as seen through the eyes of two women and a girl, who are cursed with the ability to see ghosts.

Site for sore eyes



The Royal Naval College plays a crucial role in the climax of *Thor: The Dark World*

SCREEN INTERVIEW

The hero of *Thor: The Dark World* may be a hammer-wielding Thunder God but playing a substantial supporting role is the backdrop of London and, more particularly, Greenwich.

Supervising location manager Emma Pill said: "We have fantastic locations here, which is why American productions now head to the UK regularly. We have a great UK-based skill set and the locations we can provide are fantastic."

Emma's is a multi-tasking role that's involved with the creative process from the off. Not only was Emma responsible for helping scout potential locations during

pre-planning, but it was down to her team to juggle the logistical complexities of getting the cast, crew and public on-board for each and every shoot day.

"I was on *Thor* for six months before shooting and my job entailed trying to find out what the production designer and director were envisioning," she said.

And thanks to the UK's mix of historical architecture and woodland greenery, the team were location-hopping around the country to some of its stunning backdrops, including Stonehenge and Greenwich.

"There are a lot of special effects, stunts, explosions, rain, and wind that go with *Thor*. So you always have that at the back of your mind

that we're not filming a period drama. My team's job would also involve dealing with councils, the police, road closures, and working with different agencies to be able to film on public streets."

It was a juggling act that culminated with an explosive, action-packed finale, which required scope, scale, room for action and a master-class in public relations.

"The major end sequence happens in Greenwich. As it's a private site, it was complicated."

"We had to close the river that day as we brought helicopters in, and we ended up dropping something like 4,000 letters on the day to tell locals what we were doing, and to get everyone on side."

Festival back after a troubled year adrift

FESTIVAL

Alexei Sayle's return among highlights of A-list comedy slots

Rob Virtue
@wharf.co.uk

This weekend sees the likes of David O'Doherty, Mark Watson, Josh Widdicombe and the legendary Alexei Sayle take to the stage for the Greenwich Comedy Festival.

The two-day spectacular will be played out at a host of venues in the borough, from Up The Creek to Greenwich Theatre and the Woolwich Tramshed.

It includes a comedy tour from Arthur Smith, starting at Greenwich Market, which is already fully booked.

The famous Up The Creek club on Greenwich's Creek Road will host the most comedy stars.

Sunday sees Josh Widdicombe, James Acaster, David Trent and Holly



Back in stand-up: Alexei Sayle

Walsh bring the laughter in the early slot, followed by Mark Watson, Sara Pascoe, Andrew Lawrence and John Robins at late afternoon. Then Seann Walsh, Andrew Maxwell, Tony Law and Romesh Ranganatha round the festival off in the evening.

On Saturday afternoon at the Picturehouse on Greenwich High Road you can find Josie Long presenting two short comedy films, while at Greenwich Theatre in the evening David O'Doherty, Aisling Bea, Pete Firman and Richard Herring entertain.

On Sunday night at 8pm at the

theatre Alexei Sayle will be performing what's been billed as his first full-length stand-up show in 17 years.

There will also be free shows put on between 2pm and 5pm on Saturday in the Monster Comedy Shed in Greenwich Market.

At the same time and also free will be Popcorn at the Woolwich Big Screen, showing the funniest online videos.

The festival marks a return for the event which has traditionally been held at Old Royal Naval College's gardens but was cancelled for 2013.

Organisers then hoped to put a summer event at Brick Lane but this was scrapped after complaints from residents.

Festival organiser Cass Briggs said: "We're so pleased to be presenting these shows as we really missed not having the festival earlier in the year."

"This weekend is a great way of continuing to bring amazing comedy to the borough as we work towards bringing an even bigger festival back next summer."

For more times, prices, information and to book tickets go to greenwichcomedyfestival.co.uk

MUSIC



Prism

Katy Perry

★★★★☆

Katy Perry has harnessed the darker elements in her life, like her divorce from funnyman Russell Brand, for this fourth album.

But in true Perry style, it's never going to be all doom and gloom. Compared to the sugary sweet feel of 2010's *Teenage Dream* and 2008's *One Of The Boys*, *Prism* may seem a moodier affair, but it's skin deep and, at heart, Perry is still sugar and spice, and all things nice. SL

DVD



Now You See Me

(12) 116mins

★★★★☆

Now You See Me is a high-stakes game of cat and mouse between four Las Vegas illusionists-cum-bank robbers and the FBI.

Jesse Eisenberg, Isla Fisher, Woody Harrelson and James Franco relish the sniping banter and the action is full pelt.

Alas, when it comes to the grand final illusion, director Louis Leterrier untethers the plot from plausibility and logic, allowing everything to teeter risibly on coincidence, physical improbability and outrageous good fortune. DS

BOOK



The Goldfinch

Donna Tartt (Little, Brown)

★★★★★

It's been a long wait for *The Goldfinch* – Tartt's last came out a decade ago – but we knew we would be rewarded.

A dysfunctional family in New York take in Theo after an explosion kills his mother, and he forms an intense friendship with motherless Russian teenager Boris as well as with a Dickensian furniture restorer Hobie.

The book is immense in scope, and its treatment of lofty themes will bear much re-reading. CL

Food



COOK WITH CJ JACKSON

Fish dish: Mackerel with soy and sesame

Few of us eat as much oil rich fish as we should, but half a fillet of mackerel can contain the advised daily allowance of omega 3. We always try to include a recipe with mackerel, herring or sprats on all our courses, and Billingsgate mackerel are some of the freshest and best available.

Serves 4

Ingredients

4 small mackerel, gutted
4 tbsp dark soy sauce
2 tsp sesame oil
2 tsp honey
1 tbsp sesame seeds
2.5cm piece of fresh root ginger, peeled and thinly sliced
freshly ground black pepper
For the garnish
½ cucumber, thinly sliced
handful of coriander leaves
splash of rice wine vinegar

Method

Preheat the grill to its highest setting. Rinse the mackerel, taking care to remove the gills and clean out the blood line



Although best with mackerel, you can also make this dish with herring or salmon

of the fish (this is close to the backbone and tastes bitter).

In a bowl make the baste by mixing together the soy sauce, sesame oil, honey, sesame seeds and ginger. Season with pepper.

Make five slashes through the fish on each side of the fillets and then brush thoroughly with the baste. Push a piece of the ginger into each slit of the fish and

arrange on a baking sheet.

Cook under the grill for three-four minutes on each side. The fish is cooked when the flesh is opaque, and the skin will be charred and shiny.

Arrange the cucumber slices on four plates, put the fish on top, sprinkle with some coriander leaves and splash with wine vinegar.

You can try this recipe with salmon or herring as well.

CJ Jackson is principal of Billingsgate Seafood Training School. Go to seafoodtraining.org for details

STATION CARS

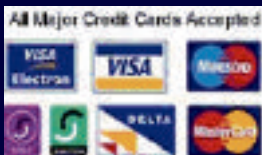
24-HOUR MINICAB SERVICE

0207 987 7777 0207 987 1100
0207 987 1818 0207 987 3000



Fast and reliable service!
Experienced, professional drivers!
Late model, clean cars!
7 seaters available!

Accounts welcome.



Established over 30 years



What the Wharf's

LAUNCH

One Canada Square's co-owner tells **Jon Massey** why you should love it

The latest, hotly anticipated, addition to Canary Wharf's restaurant scene shrugged off its hoardings on Monday and its owner says it raises the game on the estate.

Tom Martin, co-owner of One Canada Square located in its namesake's lobby, said: "It brings a new level of dining to Canary Wharf."

"The area is awash with fantastic eateries but not to the kind of level we're looking at here."

"There are some exceptions but this is something Canary Wharf has been looking for for a long time."

And Tom, who started ETM Group 13 years ago with his brother Ed, said their arrival on the Wharf had been a long time coming.

He said: "We've been planning this for three or four years. It got shelved for a while for a number of reasons."

"We were working on One Canada Square's design for about two years. What we didn't want to end up with was an airport-style restaurant, bar or pub."

"We created this from absolutely nothing. It's exactly what a massive proportion of the people who live and work round here will really want to come to."

"We're priced it at the correct level. It's not stuffy – the waiters and bar staff are all at the right level. They are not unapproachable – it's the sort of place you could come to every day."

"Wharfers can come for a hot dog in the bar area and a pint or for a cocktail or to dine. We're offering breakfast in the restaurant and brunch on Saturdays too."

Dishes on the menu include salt baked Yorkshire red grouse with foie gras, mashed potato, black figs and bitter chocolate (£26), scallop and shrimp burger, kimchee, fries (£17) and a One Canada Square pie (£17) that changes daily.

In addition to the bar area, which has its own menu including dishes such as steak tartare with hen's yolk (£11.50) and chicken satay (£7), and restaurant, One Canada Square also boasts a mezzanine level. Featuring its own bar with places to dine looking out over the building's lobby, its primary function is an event space.

Tom said: "Wharfers will come because of the quality of the product we're offering, the food is outstanding."

"Head chef Jamie Dobbin has an amazing pedigree via The Savoy and opening The Ivy club where he stayed for seven years."

"He's totally down to earth – he loved doing the barbecue on Wood Wharf in the summer



The newly opened One Canada Square



been waiting for



Tom Martin co-owner of One Canada Square

What's on the menu at One Canada Square?

"Wharfes can come for a hot dog in the bar area and a pint or for a cocktail or to dine. We're offering breakfast in the restaurant and brunch on Saturdays too."

Tom Martin
ETM Group

because he got a chance to meet and talk with his future customers.

"He's designed a menu which is interesting and people will absolutely love it."

"On the drinks side we have a superbly designed cocktail list, a whisky wall and a cocktail trolley."

"The service is relaxed, informative and professional."

"Combine that with the aesthetic and design of the place – David Collins Studio has done a superb job – then, touch wood, it should be a place Wharfes love."

And what next for ETM? Tom said his firm had a number of projects in the pipeline including a smaller central London pub. One Canada Square, Lobby of One Canada Square, Canary Wharf, London, E14 5AB, 020 7559 5199, onecanadasquarerestaurant.com.

JAMES PERRIN

EXPERIMENTAL FOOD

Bitters made from Churchill's sweat

★ Moisture has been scientifically extracted from the walls of the Churchill War Rooms, which sheltered Sir Winston Churchill and his government during the Blitz to create bitters specially formulated by Experimental Food Society members The Robin Collective.

The Churchill Historical Bitters will be made available to taste and buy for the first time at the Experimental Food Society Spectacular at the Old Truman Brewery on November 8-9. Go to experimentalfoodsociety.com for more event information.

DIGBY FINE ENGLISH

Fine English fizz hopes to seduce

★ What do Stilton, scotch eggs, the mousetrap and the modern wine bottle have in common?

They are all English inventions and a recently launched sparkling wine brand named after Sir Kenelm Digby (dubbed the father of the latter), is hoping to cash in on the country's cache. Not tied to a specific vineyard, the Reserve Brut (£39.99) is light, fresh and a silver medallist at 2013's Decanter World Wine Awards. The Rose Brut (£44.99) is deliciously complex. Buy online at Selfridges. Go to digby-fine-english.com.

Bar Spy



The Sign Of The Don

21 St Swithins Lane, London, EC4N 8AD

■ Five minutes' walk from Bank this more informal, younger sister to The Don restaurant next door is set to open on November 3. Inhabiting the former Sandeman cellars, this bar is big on fortifications reflected in its design, which features reclaimed chestnut from old port vats. Expect plenty of Spanish and Portuguese wines too, sherry cocktails and deep fried tapas. A decent destination for thirsty Wharfes seeking City succour. Go to thesignofthedon.com.



AMERIGO VESPUCCI



WE ARE NOW TAKING CHRISTMAS BOOKINGS!

Join us this festive season and make it bigger, tastier and shinier.

During the month of December our 3 course Christmas set menu is available.only £29.95 per head.

Visit our web site for more details: www.amerigovespucci.co.uk

Amerigo Vespucci is one of the longest established independent restaurants on the Wharf, celebrating 17 Years serving Italian Cuisine as only true Italians do.

Follow us: @avitalian

Like us: Amerigo-Vespucci

www.amerigovespucci.co.uk

Amerigo Vespucci,
25 Cabot Square,
Canary Wharf,
London E14 4QA
0207 513 0288



WLTM...

Kick-start your love life with
The Wharf's own dating service

Place an ad

By Phone

call
0844 887 4091

(You will get charged your standard network rate)

If you have a **photo** you're 6 times more likely to get responses! Simply text your solo picture along with your 6 digit mail-box number (space) 4 digit pin number under your photo, to 0779 366 6363. Or send by email to: support@jmediauk.co.uk with your Mailbox & pin number.

For **message collection** call
0906 500 3731

Get Photos!

Ads with a  symbol have a photo of the advertiser. Calls cost £1.53 per min. Simply text **PIX042**(space)the advertisers mailbox number, & send to **888333*** For Help Call **0844 800 1188** Mon - Fri 9 to 5 or email us at support@jmediauk.co.uk


Replying to ads

By Phone

call
0906 500 3729

Follow the simple instructions and reply to an advertiser today, £1.53 per min.

By Text

To ads with a  symbol, text **REPLY1** followed by the box number of the advertiser you wish to respond to & send to **80098*** eg **REPLY1(space)123456**(space)Hi saw your ad would like 2 know more about u. Then send to 80098. It's that easy! (£1.50 per message sent)

BROWSE ADS

Browse through all ads incl. NEW advertisers! Hear new ads before they appear in the paper!
Call: **0906 500 3729***

CUSTOMER SUPPORT

For Help Call **0844 800 1188**
Mon - Fri 10 to 4 or email us at **support@jmediauk.co.uk**


Women seeking men

REMEMBER: Calls cost £1.53 per minute plus network extras. Texts cost £1.50 per message sent.

Guys Text n' Chat. Text in now and chat to local people.
Send : CHAT1 To : 80098 (T&C's below)

63YR old lady, seeks similar gent, 65-70 who is honest, reliable and loves holidays. Tel No: 0906 500 3729 Box No: 386319

LIZ 24 attractive blonde, green eyes, size 14, likes golf, pubs, comedy, holidays. WLTM professional well built male for romance, tlc and more. Tel No: 0906 500 3729 Box No: 408303

TO REPLY TO ADS WITH  TEXT REPLY1 FOLLOWED BY THE BOX NUMBER TO 80098 i.e. TEXT: REPLY1 123456 to 80098

STELLA strict, mature lady, seeks gent for mutually rewarding times. Tel No: 0906 500 3729 Box No: 405571

ROSA, 27yrs, seductive foreign beauty. Seeks no strings discreet fun, any area. Call to hear my desires. ACA. Tel No: 0905 002 1959 Box 408093

HI I am Sally a single 28yr old female, pretty, size 8-10 with a GSOH and fun to be with looking for similar lonely male for mutual companionship, dates and more. Tel No: 0906 500 3729 Box No: 407951

ANNA, busty mature lady seeks no strings discreet meetings with male any age or location. Tel No: 0905 002 1952 Box No: 366019

VICKY attractive slim 32yr old nurse, new to the market with no hang ups, enjoys nights in/out, dancing, music, looking for caring man for romance and more. Tel No: 0906 500 3729 Box No: 407035

BORED fed up and lonely too? Lorraine pretty petite solvent blonde, active, professional, likes nice food/wine, holidays, seeking similar male to spend quality time together. Tel No: 0906 500 3729 Box No: 407007

SUSIE, seeks fifty shades of grey with guy any age but must be discreet, call and I will explain why. Tel No: 0905 002 1953 Box No: 407321

KATIE slim racey female, likes cars, horses, dogs looking for tall experienced male who knows how to make me happy and please me. Daytime meets preferable. Tel No: 0906 500 3729 Box No: 407045

KEELY blonde 18yr old, blue eyes size 10, busty, stays at home too much and looking for casual fun with older male with OHAC. Tel No: 0906 500 3729 Box No: 385377

DIANE average sort of lady seeking an average sort of man who will love me for who I am, appreciate my life, consider my interests and want to get to know me. ACA. Tel No: 0906 500 3729 Box No: 402265

JAYNE 44 bored, underappreciated pretty blue eyed intelligent lady seeking fun and interesting professional in similar situation to me for discreet fun times. Tel No: 0906 500 3729 Box No: 403011

TRISH shy divorced attractive female, slim, petite, genuine, caring, enjoys holidays, countryside etc, seeking similar nice male to hopefully fall in love with. Tel No: 0906 500 3729 Box No: 406697

PAULINE pretty professional blonde, great curves, life and soul of any party, seeks tall, well built male with passion for life to get together with. Looks/unimportant. Tel No: 0906 500 3729 Box No: 339087

LOVELY tall slim nurse, very caring and fun but missing that va-va-voom! Seeks adventurous male who's up for fun times. Tel No: 0906 500 3729 Box No: 374159

FULL time vacancy arisen for open minded male seeking uncomplicated relationship with slim professional 39yr old female with wicked sense of humour. Tel No: 0906 500 3729 Box No: 374157

PICK AN ADVERT AND MAKE A DATE TODAY!

JULIE big blue eyed blonde size 12 glamorous granny, 40's, likes a good film with a nice wine, walking, meals out, seaside, seeking young at heart male 40-55yrs Tel No: 0906 500 3729 Box No: 393475

CLAIRE looking for adventurous male to live life to the max and enjoy adult fun times with. Go on give me a call. Any age. Tel No: 0906 500 3729 Box No: 402993

JACKIE young looking slim attractive sexy 34yr old lonely girl looking for Mr Right who wants to get to know me and wants a good time doing it. Tel No: 0906 500 3729 Box No: 407205

ROSS very broadminded smoker looking for lots of fun and laughs with similar genuine, loving, kind male. Single dad welcome, age/looks unimportant. Tel No: 0906 500 3729 Box No: 407929

TEXT: CHAT1 TO: 80098
START CHATTING TODAY!
*TEXT: 80098 Cost £1.50/msg received, for full t&cs see below

60'S lady, smart, seeking company of pleasant male, 65-73. Tel No: 0906 500 3729 Box No: 405535

LISA tall slim blonde divorced mum of one, 39yrs OHAC, employed, wicked SOH, WLTM male who like me loves life, for good nights in/out and quality times. Tel No: 0906 500 3729 Box No: 402259

JULIE attractive slim petite female with nice smile and pretty blue/green eyes, many interests. WLTM nice sincere gent with GSOH to enjoy life with. Tel No: 0906 500 3729 Box No: 406703

MARIA 30 dark hair/eyed size 12, attractive, outgoing, easily pleased, likes nights in/out, seeking romantic loving guy with GSOH. Tel No: 0906 500 3729 Box No: 407301

SANDRA 60's, widow, nice personality, GSOH, likes most things, seeks male, 60-70 for friendship and more. Tel No: 0906 500 3729 Box No: 407841

PRETTY kind, caring lady, Barnet, 45, 5ft 3ins, seeks educated, sincere, kind hearted white guy 43-52 for friendship and more. Tel No: 0906 500 3729 Box No: 407517

GENUINE professional black female, 40yrs, 5ft 7ins, size 12, seeks educated, professional, affectionate well spoken white male 35-50yrs. Tel No: 0906 500 3729 Box No: 389699

KATIE slim racey female, likes cars, horses, dogs looking for tall experienced male who knows how to make me happy and please me. Daytime meets preferable. Tel No: 0906 500 3729 Box No: 407045

DIVORCED female, 66, blue eyes, 5ft 4ins, medium build, blonde hair, seeks male, 66-75 for friendship/companionship, maybe more. Tel No: 0906 500 3729 Box No: 406059

QUIET honest, loving 51yr old female, medium build black Caribbean, seeks male, 49-60, honest, loving for companionship, maybe LTR. Tel No: 0906 500 3729 Box No: 404931

GINA attractive, slim, likes music, GSOH, seeks nice gent, under 60 for LTR. Tel No: 0906 500 3729 Box No: 233636

ATTRACTIVE young looking widow, 65, likes most things, seeks nice gent 60-70 for friendship and more. Tel No: 0906 500 3729 Box No: 406133

WIDOW 70, honest, sincere, caring, likes music, caravans, gardening, walks, days out, seeks male. Southend. Tel No: 0906 500 3729 Box No: 405999

JULIA 45, many interests, looking for friendship, maybe more. Tel No: 0906 500 3729 Box No: 405777

18YR old female looking for fun times only. Any age. Tel No: 0906 500 3729 Box No: 403993

DENISE attractive single mum, OHAC, likes animals, socialising, cinema, meals in/out, WLTM genuine romantic for possible relationship. Single dad welcome. Tel No: 0906 500 3729 Box No: 407447

I am Eve 31yrs, slim with dark hair and blue eyes looking for a fun loving, genuine male for possible relationship. Single dad welcome. Tel No: 0906 500 3729 Box No: 407601

CLARE easygoing 34yr old professional, OHAC, financially independent, enjoys holidays, nights in/out, WLTM male for time of liaisons without ties. Tel No: 0906 500 3729 Box No: 406831

CAROLE 53, seeking white male in London/SE, 45-55. Tel No: 0906 500 3729 Box No: 407797

PAT widow, seeking male for friendship, likes cinema, theatre, socialising with a GSOH. Tel No: 0906 500 3729 Box No: 406565

VOLUPTUOUS young at heart 60, 5ft 6ins, dark Auburn hair, hazel eyes, N/S, likes music, travel, meals out, GSOH, seeks tall, genuine, caring, young at heart male, 58-64 for friendship, maybe more. Tel No: 0906 500 3729 Box No: 407845

SANDRA 60's, widow, nice personality, GSOH, likes most things, seeks male, 60-70 for friendship and more. Tel No: 0906 500 3729 Box No: 407841

PRETTY kind, caring lady, Barnet, 45, 5ft 3ins, seeks educated, sincere, kind hearted white guy 43-52 for friendship and more. Tel No: 0906 500 3729 Box No: 407517

GENUINE professional black female, 40yrs, 5ft 7ins, size 12, seeks educated, professional, affectionate well spoken white male 35-50yrs. Tel No: 0906 500 3729 Box No: 389699

KATIE slim racey female, likes cars, horses, dogs looking for tall experienced male who knows how to make me happy and please me. Daytime meets preferable. Tel No: 0906 500 3729 Box No: 407045

DIVORCED female, 66, blue eyes, 5ft 4ins, medium build, blonde hair, seeks male, 66-75 for friendship/companionship, maybe more. Tel No: 0906 500 3729 Box No: 406059

QUIET honest, loving 51yr old female, medium build black Caribbean, seeks male, 49-60, honest, loving for companionship, maybe LTR. Tel No: 0906 500 3729 Box No: 404931

Men seeking women

REMEMBER: Calls cost £1.53 per minute plus network extras. Texts cost £1.50 per message sent.

Ladies Text n' Chat. Text in now and chat to local people.
Send : CHAT1 To : 80098 (T&C's below)

TALL handsome, professional male, seeks down to earth, attractive, smart, sophisticated, simple lady for caring relationship. Tel No: 0906 500 3729 Box No: 407169

JOEY 48, black, seeking full figured female, honest, fun loving, supportive, likes travel, meals out. Tel No: 0906 500 3729 Box No: 407083

JOHN fit, loving 51, loves life, honest, sincere, seeks slim-medium build lady for loving times. Tel No: 0906 500 3729 Box No: 405969

FRIENDLY travel buddy/soul mate wanted by tall, handsome professional male with easygoing, down to earth and caring personality. Tel No: 0906 500 3729 Box No: 389681

PAUL young 45, tall, good looking white guy, seeking tall attractive black female, any age for fun times leading to more. Tel No: 0906 500 3729 Box No: 405127

MICHAEL 51, looking for fun, friendship with older lady 60 plus. Tel No: 0906 500 3729 Box No: 408419

GOOD looking, fit, happy male, seeks genuine romantic female for LTR. Tel No: 0906 500 3729 Box No: 388238

WHITE single male, 40, 5ft 7ins, black hair, green eyes, N/S, non drinker, looking for independent N/S black female, 20-40. Tel No: 0906 500 3729 Box No: 404795

SAMMY passionate, smart, intelligent, discreet man, seeks lovely lady for fun and friendship. Tel No: 0906 500 3729 Box No: 406865

MALE seeking female for adult fun times. Tel No: 0906 500 3729 Box No: 407691

DAVID 46, Jamaican heritage, likes keep fit, pubs, cinema, seeks female. Tel No: 0906 500 3729 Box No: 408331

CHRIS 50, medium build, brown hair/eyes, glasses, many interests, seeks petite-medium build, N/S lady, 50 plus. Tel No: 0906 500 3729 Box No: 390718

KIND trustworthy black male, 50, 5ft 10ins, outgoing, healthy, funny, seeks happy lady, wanting true love and more. Tel No: 0906 500 3729 Box No: 408037

BILL 5ft 8ins, medium build, Aquarius, likes reading, TV, nights out, seeks buxom female for fun, friendship and relationship, 35-55. Tel No: 0906 500 3729 Box No: 407061

PAUL 6ft 2ins, N/S, likes nights in/out, socialising, seeks female. Tel No: 0906 500 3729 Box No: 407675

MALE 60 looking for mature fun bubbly female 70yrs plus for adult relationship. Tel No: 0906 500 3729 Box No: 404039

THOUGHTFUL polite black male, 50, active, 5ft 10ins, outgoing, fun, seeks honest lady of any race for love. Tel No: 0906 500 3729 Box No: 407423

MEDITERRANEAN male, 39, 6ft, slim, brown hair/eyes, likes nights in/out, walks, seeks female, 39-55, looks/size unimportant. Tel No: 0906 500 3729 Box No: 338413

IS there anyone out there who is nothing like a dame, Chris 51, N/S, is still seeking his dream girl, discreet older lady, 55 plus, call now. SW London/Surrey. Tel No: 0906 500 3729 Box No: 407993

RELIABLE active, loyal, kind, N/S Essex male, 68, varied interests, seeks warm, positive, personable lady for friendship and who knows? Tel No: 0906 500 3729 Box No: 407907

MICHAEL 64, not tall, slightly overweight, likes drawing/painting, quiet life, seeking older female. Tel No: 0906 500 3729 Box No: 407895

GENT 60's, white, smart, GSOH, own flat, WLTM female, any age/nationality for adult fun and friendship. Tel No: 0906 500 3729 Box No: 407643

DAVID 46, Jamaican parentage, British born, fit, healthy, likes evenings out, seeking female. Tel No: 0906 500 3729 Box No: 407635

BLACK male, 50, young at heart, bubbly, seeks buxom, pear shaped, voluptuous, white female, 25-55 for friendship, maybe more. Tel No: 0906 500 3729 Box No: 407397

GEORGE 6ft, genuine, honest, N/S, looking for sincere female. Tel No: 0906 500 3729 Box No: 406991

Follow us on twitter @wharflocally

FUN loving male, 45, fit, genuine, GSOH, seeks special female for fun times, maybe more. Tel No: 0906 500 3729 Box No: 279880

JOHN seeking female for fun and friendship. Tel No: 0906 500 3729 Box No: 391208

SLIM male, 5ft 9ins, 60, bald, attractive, down to earth, seeks female. Tel No: 0906 500 3729 Box No: 407137

EASYGOING active, genuine, trustworthy, N/S late 60's male, varied interests, seeks warm, positive, slender, Essex lady for companionship plus. Tel No: 0906 500 3729 Box No: 407097

6FT 3ins male, grey hair, blue eyes, medium build, seeks female, 50's, preferably blonde, blue eyes and medium build. Tel No: 0906 500 3729 Box No: 405591

SINGLE white guy 50, 6ft 4ins, seeks female. Personality more important than looks, single mum welcome also. Tel No: 0906 500 3729 Box No: 405301

Men seeking men

MALE 51, looking for male, 60 plus for fun and friendship. Tel No: 0906 500 3729 Box No: 408259

JEFF 60, slim, seeking discreet fun with gay/bi male. Can accom. Tel No: 0906 500 3729 Box No: 408323

KEVIN 34, 6ft 2ins, blond hair, medium build, toned, young boyish good looks likes nights out, sports, holidays, seeks similar male, any age for adventurous fun times. Tel No: 0906 500 3729 Box No: 355984

Health

Feeling sad? It may be caused by not getting sufficient sun

WELLBEING

Counsellor tells **Beth Allcock** why Wharfers should make time to get out of the office at this time of year

Now chilly dark nights have become the norm, the change in the seasons coupled with an office-based routine could be making Wharfers more susceptible to illness.

West India Quay-based counsellor Owen Redahan said Wharfers were more likely to suffer Seasonal Affective Disorder (SAD) than most, spending a much of their time working inside or travelling underground.

He said five per cent of the population suffers from serious depression and a hefty 15 to 20 per cent are diagnosed with "winter blues".

Symptoms include sleep problems, anxiety, over-eating and weight gain, depression, alcohol and drug abuse and a loss of sex drive.

"Previously, it was thought this was tied in with the notion of hibernation," said Owen.

"People have less of an interest and don't want to do anything – they want to sleep more. Further research now veers away from that and ties it to the loss of sunlight in winter."

"There are people who have very few friends and winter exacerbates their isolation. They feel lonely, sad and begin to feel depressed."

"And if there's depression in your family, there's a chance you will get it as well."

He said the science behind SAD seemed



Owen suggests going for half-hour walks

to pinpoint the lack of sunlight exposure to a decrease in production of the chemical serotonin in the body, coupled with a boost in melatonin, which is generated during periods of darkness and prompts feelings of sleepiness.

Owen said counselling techniques such as his solution-oriented therapy and cognitive behavioural therapy could help.

"You don't have to cower through the winter, you can do something about it," he said.

"The lethargy and the feeling of 'I'm not interested in life' and 'what's the point' are all things that predispose people towards not looking for help. I'd suggest seeing a doctor now and discussing your symptoms."

And while devices such as light boxes could be prescribed to help sufferers, a couple of lifestyle changes could also brighten up the winter blues.

"City workers are more likely to get SAD as they're not going outdoors, so go out during lunchtime for a half-hour walk, even if it's rainy," Owen said.

"It gives you exercise, more oxygen gets into your lungs and some exposure to sunlight."

"If possible, sit by a window and eat a healthy diet. And if you can afford to get away for a while in the sun in the middle of winter, that's very helpful."

Go to owen-redahan.co.uk for more information.

RELAX MIGUN MASSAGE

WHAT IS IT?

Migun Thermal Massage is a warm and toasty type of acupressure atop a one-of-a-kind bed at Health in the City.

Although shipped to the UK from South Korea, its 35-minute treatment is based on the Chinese medicinal system, with a host of Jade balls positioned within the bed to link up with important acupressure points along the spine.

When the Jade balls are heated up they emit natural infrared rays that supposedly cause feelings of relaxation to come more easily.

There's an additional pad of the circular devices placed on your stomach to engage with additional pressure points, before you're wrapped up – fully clothed – in a towel, eye mask and left alone for your treatment with a relaxing soundtrack for company.

WHO'S IT FOR?

Anyone and everyone, although those who suffer from back pain or stress may benefit most.

It's also good for time-poor Wharfers searching for a speedy way to get into a relaxed frame of mind. It's a fully-clothed treatment too, banishing any worries for the body-conscious.

WHAT ARE THE BENEFITS?

It is claimed the treatment enhances blood circulation.

Back pain can also be reduced. Specific benefits from the Jade balls include a Vitamin D boost from the natural infrared rays emitted during the session.

THEY SAY

Cheli Mula, co-director of Health in the City, said: "Once you feel better within your body, you can think better."

"If I feel better within me, my mind functions better and I can make strong decisions and I can see clearer, faster solutions."

"My vision initially was to sell the bed to people in rich penthouses in Canary Wharf, Belgravia or Knightsbridge, and really to bring it into apartments where executives come back late at night, at 10pm or 11pm."

WE SAY

It was a mixture of pleasure and pain – although the scales thankfully tipped much more in favour of the former.

While I really welcomed the warmth and pressure of the Jade balls at the top of my spine, when they raised to tackle my lower back the feeling was quite intense. It's also a surreal experience when your hips and neck are being lifted up an inch or so by the bed but,



Above, the jade balls for your stomach. Below, the special bed



FREE SESSION

Wharfers can get a **FREE 35-minute session** on the Migun Massage Bed, until the end of November, if they mention *The Wharf* when booking.

Soul therapist Nell Brown, an expert working under the Health in the City umbrella, is also offering a half price discount.

Readers of *The Wharf* will pay £30 for one session of the spiritual treatment.

by the time I'd stepped out of the door, I was fresher, more awake and my shoulders and legs felt revitalised.

DETAILS

Treatments are by appointment only at Health in the City, London Wall, EC2M 5TU. Call 07789 567 612 or go to healthinthecity.co.uk.

Beth Allcock

FACTFILE: SAD

■ Seasonal affective disorder may be a problem for up to a third of the population, but is often undiagnosed.

■ SAD can begin at any age, most commonly between 18 and 30, with more people developing it before the age of 21 than after.

■ Women are approximately twice as likely as men to have SAD, but it's difficult to get an accurate picture, as men can find it harder to admit to depressive symptoms.

■ But it can affect people anywhere in the northern and southern hemispheres – from Scandinavia, in the north, throughout Europe, in most of North America and north Asia, and as far up as the southern parts of Australia and South America.

■ It is estimated around 10 per cent of the population of northern Europe have milder symptoms of SAD.

Source mind.org.uk.

"Highly recommended!!!"
I was very happy with service and result.
The atmosphere is very friendly. Service is excellent.
I had a Shellac manicure and it is beautiful.
One of the best I ever had!"



OPENING TIMES
Monday to Friday - 10am - 7am
Saturday - 9am - 6pm
Sunday - Closed



1 Pepper Street, Canary Wharf, London E14 9RB

Tel: 020 7538 0770

info@oki-dokinails.co.uk

www.oki-dokinails.co.uk

GETTING HERE
DLR: one minute's walk from Crossharbour DLR station, seven minutes door-to-door from Canary Wharf. Buses: Served by 135, D3, D6, D7, D8. Parking: On-street parking opposite the salon.

Travel



A man cruises down the slopes of Lungau in the Austrian Tyrol on a showbike – just one of the activities on offer near St Martin Chalets

There's more to Tyrol than the straight up and down

SKI SITES Travel writer **Sarah Marshall** offers two snapshots from Austria's ski slopes

As the European ski season begins, it's time to go off piste for a pair of Austrian destinations that offer something a little bit different to the classic powder carving fest.

■ For friends of the environment

You wouldn't perhaps associate new-fangled fads like snow bikes with the uber-traditional image of Austria.

But the region of Lungau, about an hour's drive south of Salzburg and pulling in increasing numbers of Brits, is a prime example of how the country is embracing innovation.

Symbolic of this trend are the St Martin Chalets, an idyllic cluster of 10 homes nestling in a village at the base of the Grosseck-Speiereck mountain in the Austrian Tyrol. Properties can sleep from four to 14, and would be ideal for a couple of families holidaying together.

The owners, Herby and his wife Jodi, were determined to build something eco-friendly. So most of the timbers and the rustic tiles have been reclaimed and lovingly restored, and the walls are stuffed with sheep's wool for insulation.

A large, but remarkably quiet, bio-diesel engine provides the heat for all the chalets, and solar panels help out with the electric.

The skiing in Lungau does not disappoint either. The area is well laid



St Anton has transformed itself into a luxury destination

out to avoid bottlenecks, and the low ratio between the number of beds and the lift capacity should guarantee that queuing is kept to a minimum.

■ *A stay at the chalets costs from £225 per night, with no minimum stay. Go to holidays.toaustria.com.*

■ *British Airways flies to Salzburg from London Gatwick from £98 return. ba.com.*

■ For lovers of luxury

Historically a haven for hard-partying skiers, St Anton, in the Austrian Tyrol, has had something of a reinvention as a high-end winter destination, with the stunning Hotel Montjola leading the way.

This hillside hotel dates back to the '30s, and has been given a comprehensive upgrade, breathing new life

into a once tired-looking building, to create a luxurious venue that's a perfect base from which to explore the area's challenging slopes.

On arrival, I'm greeted by a warm, cosy reception and bar area that typifies the owners' attempts to maintain a traditional feel. But I'm pleased to discover the hotel has chosen to blend old with new, and that rooms have been kitted out with all the latest mod-cons.

A luxurious spa is the perfect place to relax after a hard day on the slopes, with a sauna, steam room and massages all on hand to ease those aching muscles – not to mention the all-important outdoor hot tubs.

Five minutes away from the resort centre, some guests will prefer a short walk from the hotel down into St Anton to begin their day's skiing. But those who want to conserve energy can use the hotel's complimentary shuttle bus.

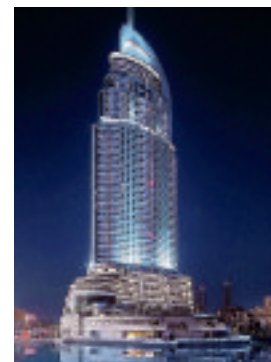
Thanks to hotels like Montjola, St Anton really does seem to be going up in the world. Anyone who loves skiing in the lap of luxury will find all they need right here.

■ *VIP SKI offers seven nights at Hotel Montjola from £899 per person (two sharing), including flights from London Gatwick or Manchester to Innsbruck, transfers and half-board. Go to vip-chalets.com.*

the Wharf TRAVEL CLUB

News, bargains, ideas

Head to Emirate for winter events



The Address hotel in Dubai

DUBAI Winter looks set to be as busy as ever with a whole host of exciting events taking place across the Emirate.

Rugby fans will enjoy the Emirates Airline Dubai Rugby Sevens, the largest annual sporting event in the country from November 28-30.

Alternatively the Dubai Air Show is back for its 24th year with over 130 planes from all over the world for visitors to see from November 17-21.

To make sure you don't miss out Travelbag is offering three nights at the five-star The Address Downtown Dubai, B&B from £799 per adult.

This price includes three nights in a standard room, return economy flights from Heathrow with Royal Brunei.

Go to travelbag.co.uk.

Beat the chills by going to Tobago



The Magdalena Grand resort

TOBAGO Magdalena Grand Beach and Golf Resort on Tobago and Golden Holidays are offering a spectacular package with seven nights B&B at the four-star resort from just £699pp with a FREE upgrade to a Deluxe Ocean Front Room.

The price is based on Economy flights with Monarch Airlines, two adults sharing, return airport transfers, ground representation services and 30kg luggage allowance for travel before December 18.

Bookings must be made by November 11. Go to goldencaribbean.co.uk.

Fashion

Why Wharf women are opting for a firm flexible paint finish

BEAUTY

Nail bar owner tells **Beth Allcock** about the Shellac's strength and why it attracts clients

With fashionable Wharf-folk flocking south of the Island to get their Shellac fix, a new salon in Cross-harbour has brought more than just a splash of colour to E14.

Owner Mike McLardy secured a smart Pepper Street venue close to the DLR station and, after five months of trading, Oki Doki Nail Bar has built a strong customer base.

"Our values are old-fashioned," said Mike who opened Oki Doki with wife Emily, owner of the nearby Docklands Nail Bar. "It's service and advice and people love it. You get a nice experience here – we built this for people to network, for people to talk and for people to chill out. People



Boss: Mike McLardy of Oki Doki

What colours are clients choosing right now?

Dark reds, purples and greys are most popular. Green and red shades with gold glitter are waiting in the wings.

say it's unbelievable here but I say 'no, it's not, this is normal' – our service is at the heart of Oki Doki. Equally as important is the experience of the technicians."

A busy stream of women from Canary Wharf keep the bookings list busy with an array of manicure and pedicure requests.

Brands Shellac, OPI, Ussie and Harmony Gelish are all on the menu in a kaleidoscope of colours with dark reds, purples and greys proving the most popular this season.

Sparkles are set to make a festive appearance soon, with the arrival of limited edition green and red Shellac polishes to be topped with gold glitter.

But the in-demand service is the salon's Shellac manicure, which can last up to three weeks without the need for re-application.

"It's the most popular due to the Canary Wharf effect," said Mike, a former lecturer in English for speakers of foreign languages at Tower Hamlets College.

"Wharf-folk do Shellac because it lasts and it's flexible, very strong and a power polish.

"Gels can feel a little bit heavy on the nail – Shellac is more of a varnish."

With the popularity of its treatments on the rise, bookings for November are already stacking up.

The word has also spread as far afield as Bank, where businesswomen are now taking a trip on the DLR to E14 on their quest for perfectly-painted nails.

Go to oki-dokinails.co.uk or call 020 7538 0770.



A technician applies polish to reporter Beth Allcock's toenails

Staff have got service and skills nailed down

REVIEW

Pedicure and manicure

Oki Doki Nail Bar

Polish is my instant pick-me-up. Forget about comfort eating cupcakes or blitzing the blues away with a blow dry – a file and an eye-catching colour is all it takes.

At Oki Doki the skills of the manicurists are second to none. The chill of the outdoors was immediately eased by a warming foot spa, before dead skin was sloughed away with plentiful scrub, graters and pumice files to prepare for my pedicure.

The icing on the cake, however, was the hot oil boots, which wrapped around the feet while my fingernails were being given the Shellac treatment. After picking out the brand's Sugared Spice shade, I kicked back and relaxed.

The colour was flawlessly applied in two coats after my cuticles were tidied and dried.

Then it was time for the toes



Polishes ready to apply at Oki Doki

to receive some attention, this time in the form of a terracotta-coloured OPI polish. Drying took a little longer but Pepper Street is prime people-watching territory.

An appointment at Oki Doki was a little slice of luxury in a hectic week and, while my colleague and I spent a couple of hours enjoying the treatments, Wharf-folk could easily fit a treat into a lunchtime. *Beth indulged in the luxury pedicure with paraffin wax (£33) and a Shellac manicure (£30).*

Beth Allcock

Our verdict

Superb treatments applied with consummate skill

★★★★★

MALL TRAWL

Deals, offers, bargains

GANT

Discount of £30 on ladies' blazers

★ Smarten up your workwear style at Gant Canary Wharf.

The Canada Place store is offering £30 off all ladies' blazers such as the wool and cashmere offering below in its latest round of discounts.

Offer applies until Sunday, November 3.

Go to gant.co.uk.



Wool cashmere blazer, £295

MARIMEKKO

Get 15% off at Boxpark pop-up

★ Take a trip to Shoreditch this weekend to update your winter wardrobe for less.

Boxpark pop-up fashion store Marimekko is offering a 15 per cent discount on its winter coat range until November 2.

The brand's collection is inspired by seasonal changes and combines vibrant colours with various prints.

Go to marimekko.com.

DOROTHY PERKINS

Get the bargains while stocks last

★ The Dorothy Perkins sale in Canada Place contains with a mix of current and previous season items from all departments up for grabs.

Although the sale is advertised as up to 50 per cent off, many items have been reduced even further, including grey sequin tops for £7 (were £16), dresses for £5 (were £24) and jackets for £15 (were £35).

Go to dorothyperkins.com.

Business^{extra}

Your Money

NEWS IN BRIEF

Business digest

City first to issue Islamic bonds

FINANCE Prime Minister David Cameron has unveiled plans for a ground-breaking Islamic index on the London Stock Exchange to establish the City as a world leader in the sector.

Addressing the World Islamic Economic Forum at the Excel centre in Docklands, pictured, he said the UK would become the first country outside the Islamic world to issue Islamic bonds, known as sukuk.



Richard Branson at Boxpark for the launch

Branson offers a helping hand

STARTUPS Richard Branson came to Shoreditch last week to launch Virgin StartUp, a not-for-profit initiative that will provide loans to entrepreneurs aged 18-30.

Branson said £300 from his mum began his empire. He said: "Young people need that same help and I believe Virgin StartUp will provide it – with access to early capital, strong membership, advice and promotion."

Duke opens UTC to teach tech

TRAINING The Duke of York opened a new college in Greenwich on Thursday.

The £10million University Technical College offers vocational training in engineering, construction and design alongside core subjects for 14 to 18-year-olds.

The Duke is patron of The Baker Dearing Educational Trust which has been creating a network of UTCs.

TfL has donated a former Central line Tube carriage to give students engineering experience.

How Wharf culture drives women to find new way

ENTREPRENEURS

We shouldn't have to show masculine traits to achieve our goals, says Helen

Beth.Allcock
@wharf.co.uk

I am challenging a lot of the status quo to be honest. I am talking about stuff that otherwise people won't talk about," says Helen Jamieson, who is offering her support to women seeking a way out of male-dominated businesses.

The 48-year-old has penned *My Business, My Success – A Woman's Guide to Entrepreneurship*, as a chatty and informal guide to starting up and running a company.

And the founder of human resources and training consultancy firm Jaluch stressed this wasn't a manual for the apex females.

Instead, it is designed to prompt thinking about the different challenges women face in the male-dominated business sphere and how adopting masculine behaviour might not necessarily spell success.

"We shouldn't all have to be alpha females to do business," said Helen, who believes her guide will be helpful to women craving an escape from corporate life in Canary Wharf.

"Women have a choice how they behave – you don't have to behave like a man, you can choose to behave like a woman."

"The consequences of always trying to be someone you're not can be more severe."



Helen Jamieson says that Canary Wharf is a "really male environment"

What is the impact of the office culture?

"Women are leaving due to the cumulative effect of being in a man's world of Canary Wharf."

Helen Jamieson

"The book is written for women who are just normal women who want something for themselves, and to do it their way."

"If I had had the benefit of hindsight or other women around me with growing businesses, I don't think my journey would have been as difficult as it was."

The chapters cover issues Helen believes women face when in the world of business whether it be

leadership style, how to speak to people, likability, the fine line between assertiveness and aggressiveness or what she calls the "biggie issue" of ambition.

The latter, she said, shows an evident divide between males and females – with a clear contrast between financial priorities for the former and a greater importance placed on working relationships and job satisfaction by women.

Helen believes the Wharf's masculine corporate climate is responsible for females exiting firms "in their droves" in favour of the better work-life balance that owning a company brings.

"Women are leaving due to the cumulative effect of being in a man's world of Canary Wharf, which is really a male environment," she said.

"I spend quite a bit of my time here and work with businesses and its natural character is a male environment."

"And it's where I see so many women talk about self employment but they are not sure how to take the step into it."

"Women hit self-employment out of frustration with the job they have."

"There's a huge glut of men who might not say anything but think women shouldn't be in business."

"When you're in your 20s you can shrug it off and say 'don't be so stupid', when you get to your mid-30s you start to get fed up. And when you get to your 40s you say 'I've had enough'."

Helen is planning workshops in Canary Wharf in November to offer women an insight into what entrepreneurship could offer them.

Go to mybusinessmysuccess.com to buy Helen's book, priced at £9.99, and for more information about her workshops.

Is Help To Buy mortgage plan right for me?

YOUR MONEY

Can anyone get a loan out under Help To Buy?

■ No, and the Government has emphasised that borrowers must be credit-worthy. The same tough checks will apply to applicants as if they were applying for any other type of mortgage. Lenders will want to make sure that you can afford your repayments.

Only repayment mortgages will be offered through the initiative, not interest-only ones where the buyer only repays the capital when the mortgage term comes to an end.

The scheme is only for properties worth up to £600,000 and it cannot be used by buy-to-let investors or people looking to buy a second home.



Lenders will be required to collect a declaration stating that the borrower has no interest in a property anywhere else in the world and you can't use Help To Buy alongside any other Government schemes.

What should you consider when deciding if you benefit from the help to buy scheme?

■ So far, we are only seeing the first

glimpse of the deals being offered and you may want to wait to see how competition heats up. Some more new products are expected to come onto the market later this year, while there should also be another burst of new deals around January.

Also bear in mind that competition for low-deposit borrowers is rising. For example, Yorkshire and Clydesdale Banks have cut the rate on a three-year fixed rate mortgage to 4.99 per cent for people with a five per cent deposit. If you can stretch to a 10 per cent deposit, Skipton Building Society is offering a two-year fee-free fixed-rate deal at 3.99 per cent.

Some borrowers living in areas where house prices are already rising strongly may feel it is better to take the plunge now rather than wait

and see how the mortgage market develops.

But this is where fears of the scheme fuelling a housing boom come in. If the bubble bursts and house prices drop, those with just a small amount of their own money in their home could find themselves in negative equity.

Another factor to think about is whether you can still afford your mortgage repayments down the line. Ultra-low interest rates will not last forever.

Help To Buy is only designed as a "temporary measure" to kick-start the market. If the scheme, or another like it, is no longer there when you come to get another mortgage deal, you could see the size of your monthly repayments swell.

LondonEYE



A visitor views the autumn colours in Hyde Park last Thursday. The trees were clinging to their leaves before the storm did its work and brought down a host of trees, branches and leaves



A commuter loses control of his umbrella as he braves the wind and rain while crossing London Bridge



Left, residents assess the damage after a tree falls in a street in south London. Strong storm winds and rain battered the capital early on Monday, forcing flight cancellations, disrupting trains and closing roads and major bridges

Below, a cyclist carries his bicycle over a fallen tree in Islington



A worker photographs a collapsed crane on the roof of the Cabinet Office

STORM SPECIAL

the **Wharf** wharf.co.uk

To advertise call **Rebecca Ginn** on 020 7510 6402

classified

Hostess & Escorts

Suzannes Escorts
Bookings
0871 222 0601
Calls to 0871 numbers cost 10p per minute plus network extras.
 PO box 121 toll free customer service 0845 313 2674



Check out our girls on our web site
Info 090 673 91679
Calls to 0900 numbers cost £1.00 per minute plus network extras.
 PO box 121 toll free customer service 0845 313 2674

www.SuzannesEscorts.Co.UK

*To your door
 within the hour
 or visit us by
 appointment*

*Driver service
 from the station*

*7 nights a week
 till 3am*

Adult massage

**Oriental and
 European Escorts**
 In / Out Calls
 Canary Wharf/South Quay
www.ecstasymassage.co.uk
07827 785 996

High Class
YUMIKO
 truly gorgeous and sweet.
 Near South Quay station
 in and out call.
**07789805388 or
 07818282678**
**www.canarywharf
 orientalescort.co.uk**

Adult Massage

**SWEET CHINA
 DOLL ESCORT**
May Ling
 In / Out Calls.
 Luxury apartment in
 Canary Wharf.
07899 858 246

**Oriental Full body 2
 body oil massage**
**www.
 londonbody2body.
 co.uk**
Many other Services
 In or Out call
07779211427

**Refine
 Massage**
 Canary Wharf
www.refinemassage.co.uk
 807 Commercial Rd, E14 7HG
 Many other services

**Amazing
 Chinese
 Massage**
Luxury Rooms
 Canary Wharf/
 South Quay
07729 760888
www.gaomedical.co.uk
 Free Packing & Card Accepted

**Eva
 Massage**
 Canary Wharf
 Luxury Apartment
 In calls only
07725 838733

**Sophisticated
 and Curvaceous,
 Mature Blonde
 in luxury
 apartment in
 Canary Wharf**
07554 859659

**SENSUAL
 TANTRIC
 MASSAGE**
www.tantric-hart.com
 Call: 07583 051 374

NEVER UNDERESTIMATE
 THE POWER OF
 ADVERTISING
RING NOW!

GEORGIE H
PHOTOGRAPHY
www.georgiephotography.com



Photography for Weddings, Parties,
 Christenings and Family Portraits
 Call us on 01268 422472 or 07557 227561
 Email info@georgiephotography.com
 Like us on facebook-
www.facebook.com/georgiephotography



LocalMole.co.uk
 Digging for the best local businesses

Blooming with florists



LocalMole.co.uk
 The smart new
 website for
 finding trusted
 local businesses.



www.localmole.co.uk

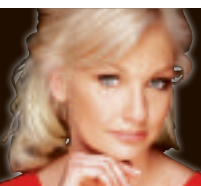
Take 5

Keep your brain ticking over with our selection of coffee break puzzles



Stars

With Claire Petulengro



AQUARIUS

JAN 21-FEB 19

For more call 0905 817 2070

You may feel like a fool for all you've been through, but trust me when I tell you that you are a much wiser soul for your experiences. Take them on board.

PISCES

FEB 20-MAR 20

For more call 0905 817 2071

Try not to have too strong an opinion on things you don't know about or you could end up with egg on your face. Your psychic nature promises a lot.

ARIES

MAR 21-APR 21

For more call 0905 817 2060

Recent events have done a lot to strengthen your attitude. You won't be a sign who suffers fools gladly but you will be ready to finally forgive.

TAURUS

APR 22-MAY 21

For more call 0905 817 2061

Be careful not to rely on too many other people to carry out requests. It could well be a case of you having to do things yourself if you want results.

GEMINI

MAY 22-JUNE 21

For more call 0905 817 2062

You're worrying about things that haven't happened and may not ever happen. Take control of your fears and rule them, not vice versa.

CANCER

JUNE 22-JULY 23

For more call 0905 817 2063

Finances prove hard to juggle and you may have to tell some lies to cover those you've already told. Just make sure you know how far is too far to go.

LEO

JULY 23-AUG 23

For more call 0905 817 2064

Responsibilities are on your shoulders. Some of the strongest signs would run a mile from these. You're ready for what's ahead so stand up and be counted.

VIRGO

AUG 23-SEPT 23

For more call 0905 817 2065

Arguments in the family are making it hard for you to know who your loyalty should be with. Don't force yourself into a corner, but keep an open mind, Virgo.

LIBRA

SEPT 24-OCT 23

For more call 0905 817 2066

You're slowly but surely starting to notice that close ones are making changes in their lives. What should this teach you my friend? That you can too. Begin today.

SCORPIO

OCT 24-NOV 21

For more call 0905 817 2067

Emotions run deep for your sign at the moment and you're finding it hard to tell the difference between right and wrong. Be nice to a lovely former colleague.

SAGITTARIUS

NOV 22-DEC 22

For more call 0905 817 2068

The stress I can see you're experiencing in your chart is just a storm which will pass. Realise and acknowledge this and things will soon clear up.

CAPRICORN

DEC 23-JAN 20

For more call 0905 817 2069

Family have not been much good to you recently have they Capricorn? However, from this week they're willing to make up for it. Don't spend any money.

Contact our psychics to get a FREE personal CD of your reading

Live psychic

Call a live psychic for your personal consultation on 0906 174 2078

To pay for psychic reading by credit card, call 0800 063 0909

Live text

Text a Psychic: Just text CLA13 and your question to 86010 and one of my psychics will give you a reading

Face in the crowd

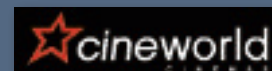


★ Each week we send our photographer out to snap a Wharfer who then wins dinner for two at Via and a pair of movie tickets for a film of their choice at Cineworld West India Quay.

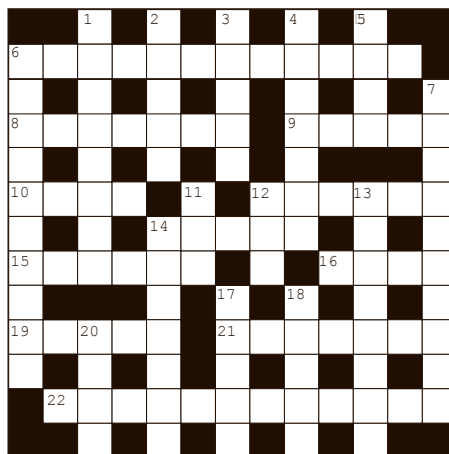
The winner and a guest will receive two burgers and two bottles of Budweiser (or a bottle

of wine) between them at the West India Quay venue.

To claim, the winner should bring a copy of the paper they're featured in to main reception at One Canada Square weekdays between 11am-4pm and ask the receptionist to contact Jon Massey or Kay Lockett at The Wharf on 020 7510 6306.



Crossword



ACROSS

6. Running lengthwise (12)
8. An occupation (7)
9. Wireless (5)
10. Ridge of coral (4)
12. Relating to seeing or sight (6)
14. Wanderer (5)
15. Skin decoration (6)
16. Competently (4)
19. Refute (5)
21. Blissful state (7)
22. Small but fatal weakness (8,4)

DOWN

1. Definite occurrence (8)
2. Locates (5)
3. Rush (5)
4. Attack by hostile planes (3,4)
5. Magician's stick (4)
6. Scientist's room (10)
7. Sport type (10)
11. Dove's call (3)
12. A container used to hold liquid (3)
13. Undefeated (8)
14. Nasal opening (7)
17. Corner (5)
18. Twelve dozen (5)
20. Support (4)

ACROSS: 6. Longitudinal; 8. Builder; 9. Radio; 10. Reef; 12. Visual; 14. Nomad; 15. Tattoo; 16. Abby; 19. Rebut; 21. Nirvana; 22. Achilles heel.
DOWN: 1. Incident; 2. Finds; 3. Hurry; 4. Air raid; 5. Wand; 6. Laboratory; 7. Volleyball; 11. Coop; 12. Vap; 13. Unbeaten; 14. Nosh; 17. Angle; 18. Gross; 20. Back.

Sudoku

EASY

	4			5		1		
9		7	8	4	6	5		2
3	2		1	7			4	8
7		3	9		4	8	6	1
	6			8	5	2	7	4
		4	6			9		3
6			7		8	4	2	5
	7		4		2		1	9
4	9	2		3	1	7	8	

HARD

	4				2	9		
7				6				
					3			
		2	8			1	6	
						7		
3				2	7	4		
	9			1			7	
1		8	6					4
				9	5			

GUIDE

In order to complete Sudoku, readers should fill in each of the grids so that every column, row and 3x3 box within the squares to the left contains the digits 1 to 9. No repetition of digits is allowed within any of the sequences. Why not time yourself and see whether you can beat your best with next week's puzzles?

The Wharf's Sudoku puzzles are supplied by sudoku-puzzles.net
For more free brainteasers including Futoshiki, Nonogram and Samurai, go to the website

TERMS AND CONDITIONS: Astrology calls cost 75p per minute and last approx 4mins. Psychic calls cost £1.50 per minute from BT landlines (other networks may vary). Calls from mobiles may be higher. Psychic lines are open 7am-2am daily. Callers must be 18 or over and have the bill payer's permission. All calls are recorded. Texts cost £1.50 per message and may take two messages. For entertainment purposes only. Customer services 0800 140 9049. PhonePayPlus regulated. SP, Pronto Media, PO Box 199, Selby, YO8 1BP

Sport

THE FANS' ROAR

By Ian Toal



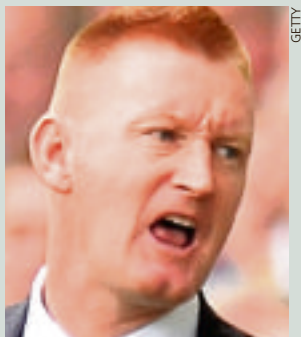
We should get at least a point from Burnley

The Lions backed up their useful late equaliser against QPR with an equally decent point away to Reading last Saturday.

Again it was another late show from the Millwall team. We got an injury time penalty for a foul on striker Scott McDonald that Liam Trotter netted. That was all the more special as we were down to 10 men due to Jimmy Abdou getting his marching orders for a second bookable offence.

Those two points gained from late strikes in the last two matches could prove to be very important come the end of the season. But right now they have given the team confidence.

In fact the performance at Reading was probably one of the best of the season, certainly away



Decision time: Steve Lomas

Manager Steve Lomas will have to make an enforced change with Abdou missing through suspension.

Loanee Shaun Derry could come in to deputise but he hasn't been a success this season despite many thinking he was a good signing when he joined us.

An alternative is Josh Wright but he has been out of favour since Lomas took over.

Also Wright and Abdou are different types of midfielders so Lomas could instead take a leaf out of the Kenny Jackett book and play right-back Jack Smith in the holding midfield position.

The manager could even switch the formation and go 4-4-2 but after the recent moderate successes that is the least likely option.

One player back at The Den and hoping to get game time is winger Liam Feeney who was recalled from his loan spell at Bolton last week after impressing in his four matches up there.

He needs to get his head down, perform well on the training ground and win over the manager and coaching staff to show he has a future at this club.

Millwall v Burnley, Sat, 3pm.

Does Novak have what it takes to defend title?

TENNIS

The game's biggest names are gearing up for a final showdown at The O2

Rob Virtue

@wharf.co.uk

Next week the ATP World Tour Finals comes to The O2 for a fifth successive year.

This year's Wimbledon champion Andrew Murray misses out through injury but there's a host of tennis aces on show at the North Greenwich venue.

With the winner set to pick up \$1,630,000 if they are undefeated, it's always a tense affair and Novak Djokovic will have his work cut out defending his title. The confirmed contenders are:

Tomas Berdych

Nationality: Czech Republic

Age: 28

Highest ranking: 5
Berdych will take his place at The O2 for the fourth year running after guaranteeing his spot at the Swiss Indoors in Basel.

He made the semi-finals in 2011 before losing to Jo-Wilfried Tsonga in straight sets.

Yet to win a Grand Slam, he did make the final at Wimbledon in 2010 – he was beaten by Rafa Nadal – and has won eight titles in his career.

Rafael Nadal

Nationality: Spanish

Age: 27

Highest ranking: 1
The current world number one has amassed over \$60million in prize money since breaking through at the age of 15. This year has been the return of Raf with Grand Slam victories in France and the US landing him the top spot.

Despite 13 Grand Slam titles, he's only made it to the final of the event at The O2 once, losing to Roger Federer in 2010.

Novak Djokovic (main picture)

Nationality: Serbian

Age: 26

Highest ranking: 1
Last year's ATP World Tour Finals winner and six-time Grand Slam title winner, Djokovic is currently world number two.

This year he beat Andy Murray in the final of the Australian Open to win his third straight title Down Under, before being beaten by the Scot in the final at Wimbledon. He beat Roger Federer in last November's O2 final.

David Ferrer

Nationality: Spanish

Age: 31

Highest ranking: 3
Clay court specialist Ferrer has won 20 career titles but is yet to win a Grand Slam.

He did make the final of this event when it was held in Shanghai but lost out to Roger Federer.

This year saw him reach his first Grand Slam final in the French Open final without even dropping a set, before countryman Nadal saw him off.

Juan Martin del Potro

Nationality: Argentinian

Age: 25

Highest ranking: 4
The 6ft 6ins South American is a one-time Grand Slam winner – the US Open in 2009.

In that event he became the second person to beat Federer in a big final, and the first to beat Nadal and Federer in the same tournament.

That year, he made it to The O2 final, losing to Nikolay Davydenko. Injury has prevented him fulfilling his early promise and saw him drop out of the top 20 for a period. A spirited performance at Wimbledon this year saw him make it to his first Grand Slam semi-final since that US win.

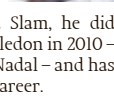
Three places are still to be decided. Roger Federer, Stanislas Warwinka and Richard Gasquet make up the final positions but could still miss out with Jo-Wilfried Tsonga, Milos Raonic, Tommy Haas and Nicolas Almagro breathing down their necks.

All will be decided this week at the BNP Paribas Masters in Paris.

To buy tickets for The O2 event go to atpworldtour.com.



Defending ATP World Tour Finals champion Novak Djokovic will fight to retain his crown



WEEKEND FLUTTER

WITH THE

RACING POST

RACING

■ All eyes will be on Long Run in the bet365 Charlie Hall Chase at Wetherby on Saturday but as a value alternative, the Paul Nicholls trained **Unioniste** looks the horse for more canny Wharfers to get behind.

The son of Dom Alco was most impressive when bolting up in the December Gold Cup at Cheltenham last season.

The 9-2 currently on offer with Coral looks very attractive and is a temptation that's hard to pass up.

Ed Quigley

For daily expert advice, top tips and the latest news from our experts go to racingpost.com

FOOTBALL

■ **Middlesbrough** responded to the dismissal of Tony Mowbray with a thumping 4-0 victory at home to Doncaster last Friday.

And the good news is they can follow that up with a win at Ewood Park making a stonking double for the northern Englanders.

Mid-table Blackburn have looked shaky at the back in recent games and could be exposed on the counter-attack. It's likely their opponents will exploit that.

Dan Childs

Clean sheets are good foundation

CHARLTON

Rob.Virtue
@wharf.co.uk

IT'S glass half full or half empty time for Charlton.

The Addicks are the joint lowest scorers in the Championship and need goals if they are to drag themselves away from the drop zone. But they can comfort themselves with some admirable defensive displays of late, with three clean sheets in a row.

Midfielder Bradley Pritchard missed Charlton's best chance of the game in the draw with Wigan last weekend. However, he said there were many positives for the team to take from the match despite his personal disappointment.

"It is a clean sheet," he said. "It is the building block for something that we want to push on from. So as long as we've got that foundation we can now start looking at not just creating but converting those opportunities."

Manager Chris Powell is waiting on Yann Kermorgant and Richard Wood's injuries ahead of Saturday's clash at



Charlton's Bradley Pritchard fights off a challenge from Wigan's Ben Watson during Saturday's game

Birmingham City. Kermorgant went off against Wigan with a repeat of the ankle knock that kept him out of action recently, while Wood joined him later in the game when he aggravated a leg injury he picked up the previous week.

Regarding Kermorgant, Powell said: "He landed awkwardly and it was just

one of those things. He's so good in the air and it was just when he was coming down.

"It's a shame. He's a key player, as everyone knows, in both boxes.

"Hopefully we'll see him back out on the pitch as soon as possible."

Birmingham v Charlton, Sat, 3pm

the Wharf LEAGUE

RESULTS

DIVISION ONE

Camden Pathway FC ●	12
Athletic Pasty	10
Landas Pandas	12
Cavendish Allstars	4
Abou	7
Docklands Saints	11
Bayer Neverlusen	8
Carlos Has The Eyes	11

DIVISION TWO

Pavilion Casuals	15
Le Coc FC	4
PCFC ●	7
The Incredibles	9
Bathalona AFC	9
Jubilee Utd	5
The Wharf FC	9
We Got No Fans	7

DIVISION THREE

Centrepoint	5
Newport Dodgers	4
Wide FC	13
Efan Ekoku's Elite	8
Mentor	1
FC Hangover ●	5
ISS Tigers	6
Syniverse	4

Last games on October 23.
● = Current league leaders.
The Wharf League is played at Powerleague in Crossharbour.
Go to powerleague.co.uk.

Big Sam happy with cup result

WEST HAM



Rusty: Carlton Cole, left, jostles for the ball

WEST Ham tasted victory for the first time since the beginning of the month with a defeat of Championship high-flyers Burnley in the Capital One cup.

The Irons struggled for long periods of the game but two late penalties put the London side through to the fourth round in front of 2,000 travelling fans.

Allardyce used the outing to experiment, introducing a 3-5-2 system for the first part of the match and bleeding a number of home-grown youngsters.

Carlton Cole took up a familiar role up front but he looked rusty after an unsettled few months and the team only seemed comfortable with the arrival of established stars.

Allardyce said: "The introduction of first Jack Collinson at half-time then Stewart Downing, then Kevin Nolan as the game went on meant our quality of player got better and our quality of passing got better and better."

"In the end we were very, very happy that we won and I'm very happy with the team and the effort the players put in."

Giles Broadbent

West Ham v Aston Villa, Sat, 3pm

Millwall victory send them top

RUGBY Millwall's first team went to the top of the Essex 2 table with a 43-10 win over Burnham with Sean Edwards scoring two of the six tries for the Isle of Dogs team.

The firsts' next game is at Stanford-le-Hope at Millwall Park on November 23.

The club are currently engaged in a recruitment drive, especially for their women's team.
Go to millwallrugby.com for more information.

Blackheath lose to classy team

RUGBY Blackheath slumped to a 63-21 defeat to Coventry in a match which saw a gulf in class between the two sides.

Mike Canty, Tom Stradwick and Jesse Liston scored Blackheath's tries.

The south-east Londoners will search for better fortune on Saturday as they return to Rectory Field for their first ever league meeting will Hull Ionians.

Kick-off is at 3pm.

Bryan-Amaning roars in win

BASKETBALL London Lions benefitted from a terrific final quarter to see them overcome Glasgow Rocks at the Copper Box on Sunday.

The east Londoners were 65-60 down approaching the last phase but beat the Scottish side thanks to an explosive performance by Great Britain international Matthew Bryan-Amaning.

The Lions travel to Sheffield Sharks on Friday in the BBL Cup.

Mirror BINGO

Play today and get

100%

DEPOSIT BONUS

For every funded player

PLUS
We give away
£840k
Every 30 days*

Join Mirror Bingo today at **MirrorBingo.com**

*Based on 30 day average in March, April and May 2013. Over 18s only.
See www.mirrorbingo.com for full Ts&Cs. Please gamble responsibly www.Gambleaware.co.uk.



Crest
NICHOLSON

50 Years
1963-2013

YOU DON'T HAVE TO LIVE IN CENTRAL LONDON TO HAVE A HOME ON THE THAMES



Enjoy a waterside lifestyle in your new apartment or penthouse at The Pier; which boasts contemporary living at a fantastic Thames-side location and close to the M25 and Bluewater.

You could own a stunning new river front home for less than you think with Help to Buy*

- Own your new home with just a 5% deposit
- Take a 75% mortgage and the remainder is funded by an equity loan from the Government that is interest free for 5 years!

Call **0870 752 4370** or visit us today to find out more.



THE PIER

Ingress Park | London Road | Greenhithe | Near Bluewater | Kent | DA9 9XA

1, 2 & 3 bedroom riverfront apartments **from £145,000**
Just £132,000 with Help to Buy now!*

Marketing Suite & Show Home open daily from 10am – 5pm

www.crestnicholson.com/ingresspark

0870 752 4370

*Help to Buy is available on the purchase of your primary residence up to the value of £600,000. You must fund a minimum of 80% of the purchase price. The equity loan will need to be repaid when the property is sold or after 25 years i.e. up to 20% of the property's total sale price. You will also need to ensure you have sufficient funds to pay other fees on completion e.g. legal fees. To be eligible, you must meet the criteria set down by this Government scheme, details of which are available from the Crest Nicholson sales advisor. The amount of deposit required may vary depending on the scheme rules and the lender for the mortgage finance. If you are in any doubt about this scheme please seek independent advice. Crest Nicholson does not provide mortgages and cannot give any financial advice. Show Apartment interiors. Prices correct at time of going to press. Crest Nicholson Eastern, a division of Crest Nicholson Operations Limited, One Myrtle Road, Brentwood, Essex, CM14 5EG.

YOUR HOME MAY BE REPOSSESSED IF YOU DO NOT KEEP UP REPAYMENTS ON YOUR MORTGAGE OR ANY DEBT SECURED ON IT.

PROPERTY

Wharf

Canary Wharf's leading property guide



Halloween's here and it's time to go Gothic

P18-19

Prices hitting new highs so now is time to sell

P17

3

of the best properties available in London

P16



Homes that raise the bar for luxury living

We peek inside two multi-million pound Islington houses [Page 17](#)



Gawor & Co
Solicitors

Conveyancing Solicitors in The Docklands since 1992

www.gawor.com
020 7481 8888
Services@gawor.com

3 OF THE BEST

Splash out

**Guide: £1,495,000**

New Inn Street, EC2A

A two-bed, two bath live/work warehouse conversion featuring polished concrete and exposed brickwork.

stirlingackroyd.com

Spend more

**Guide: £300,000**

Browning Street, SE17

Close to Elephant and Castle, this large one-bed with open-plan lounge/diner boasts three bay windows.

stirlingackroyd.com

Spend less

**Guide: £195,000**

Melbourne Court, E5

A two-bedroom flat on the top floor of this purpose-built low rise block. Transport is via bus to Hackney Central.

stirlingackroyd.com



For more properties on sale now in London, go to stirlingackroyd.com

Step on the first rung by sharing ownership



An artist's impression of how Capworth Court in Leyton by L&Q will look when completed

Developer says the buyers of its homes will be proud of their acquisition

Beth.Allcock
@wharf.co.uk

If style and affordability are key in the hunt for your first property, developer L&Q believes its latest scheme combines the two.

Leyton-based Capworth Court offers a collection of one, two and

three-bedroom apartments with views across east London – and more than two thirds of the 83 properties are available through its shared ownership scheme.

A total of 59 shared ownership flats are currently available – with either one or two bedrooms – while the 24 rent-to-purchase apartments have between one and three bedrooms.

Branding the Capworth Street development “a place you’d be proud to call home”, L&Q says the apartments are spacious and elegant, with quality fittings and decor.

Contemporary fitted kitchens and bathrooms are included as standard, with numerous windows to bring

How long does it take to get to the Wharf?

Leyton Midland Overground station offers connections to Oxford Circus and Canary Wharf in under 45 minutes.

light to living spaces. Many homes have outdoor spaces and all are equipped with broadband and satellite connections.

Stepping out of their new home, residents will be able to explore the bustling life of E10 and Leyton Midland

Road, with its diverse range of shops, restaurants and bars.

Westfield Stratford City and the Olympic Park are just a 15-minute bus ride away while Leyton Midland Overground Station, a short walk from the development, offers connections to Liverpool Street, Canary Wharf and Oxford Circus in under 45 minutes.

Prices for shared ownership properties start at £185,000 for a one-bed home and £215,000 for a two-bed home, with a minimum share of 35 per cent.

For more information go to lqgroup.org.uk/capworthcourt or call 0844 406 8709.

Older buyers targeting new-build

Jon.Massey
@wharf.co.uk

THE number of young people buying new homes has fallen by two per cent over the last five years.

Figures from the National House-Building Council show the proportion of newly registered properties purchased by those aged 25 and under was only six per cent this year.

In contrast, the number of over 55s buying newly constructed properties has soared by six per cent since 2008.

NHBC commercial director Richard Tamayo said: “There are interesting signs of a demographic shift in the types of people who are buying new build properties in the UK.

“Our figures show that the proportion of over 55s purchasing these properties has increased to

nearly a quarter. New homes are a particularly attractive option for the older generation as they are cheaper to run, easier to maintain, safer and provide protection through an NHBC warranty.

“Our latest figures also show a sustained broad-based recovery in the UK new housing market from an extremely low base.

“There is little doubt that

Government schemes, such as the Help to Buy initiative, have significantly contributed to the growth seen throughout the course of this year.”

The NHBC figures showed a 19 per cent rise in the number of new homes registered in the third quarter of this year compared to the same period in 2012.

Go to nhbc.co.uk for more information on new-build homes.



This pair of Georgian houses in Islington have been restored and modernised with the aim of making them more attractive to today's buyers



Raising the bar for luxury in Islington

A PAIR of Georgian Grade II-listed townhouses promise opulent and exclusive living in the heart of Islington.

Developer G&T London has restored 58 and 59 Myddelton Square, originally built in 1836, to their former glory in a location overlooking St Mark's Church.

The homes have been given a stylish twist while retaining exquisite features from the design period, including original sash windows, ornate fireplaces, decorative cast iron railings and historic chimney pieces all restored by craftsmen.

Gal Adir, partner at G&T London, said: "These properties raise the bar for opulent, luxury living in Islington."

"A pair of Georgian gems, they have been magnificently restored to their former glory by our dedicated team to create two of the most sought-after addresses in the capital. We expect to see a huge level of interest."

Inside, the homes fuse history with a modern specification including German kitchens with Siemens appliances, Daikin hot and cold air

conditioning, Savant multi-room sound and video and Lutron mood lighting.

Modern glass structures have been added to the rear of the pair of properties to create light-filled basements, while outside both boast private rear gardens and two secure garages.

While 58 Myddelton Square is the largest property, offering 5,199sq ft of space, 59 Myddelton Square boasts 4,004sq ft.

A short distance from Angel Tube station, Wharfers could commute to their desks in less than half an hour while enjoying the boutiques, bars and stylish restaurants of nearby Upper Street and Camden Passage in their spare time.

Both homes in the tranquil venue are expected to be completed by the end of the month.

The price for 58 Myddelton Square is £5,700,000 while 59 Myddelton square costs £4,250,000.

For more information call joint selling agents Knight Frank or Savills on 020 3551 5089 or 020 7226 1313.

Beth Allcock



Now is the time to sell your property

This week I want to reach out to all you would be sellers that have been procrastinating over the last few months.

You are probably heard from other sections of the media that the property market is once again booming and I can confirm that it is on fire.

Not since the glory days of 2007 have I seen such a buoyant feisty sector. The buzz is back and it's all systems go.

Homes are hitting the market and are under offer within a week and, in some cases, a day.

So if you have been thinking about selling then think no more. House prices in Canary Wharf are at their highest ever so if you want to take advantage of this current surge I would advise you to put your property on the market as soon as possible.



The east London market has not been so buoyant since 2007

It is 100 per cent a seller's market with buyers completely in their hands.

While this is good news I need to also issue a caution – do not be greedy.

Most of you will find your properties are worth a good deal more than just a few months ago and certainly worth a lot more than a year or two ago so when you get a good offer please consider it carefully.

Lots of properties are going to sealed bids at the moment only to find that a week or two later the buyer pulls out as they realise they are setting themselves up to pay way too much for the property on offer.

My advice is if you have a perfectly good buyer that's willing to pay the asking price (which is still likely to be exceeding all expectations) then accept it.

Otherwise all you will do is aggravate everyone so you end up with no buyer, which would be absolutely ludicrous in this market.

Dawn Sandoval MNAEA is an independent property consultant working in the Canary Wharf area – call 020 7093 1702. Every effort is made to ensure the accuracy of comments given. Individual cases must be studied by a solicitor. Email questions to newsdesk@wharf.co.uk.



Eden Pegasus
cushion £110
Amara
amara.com



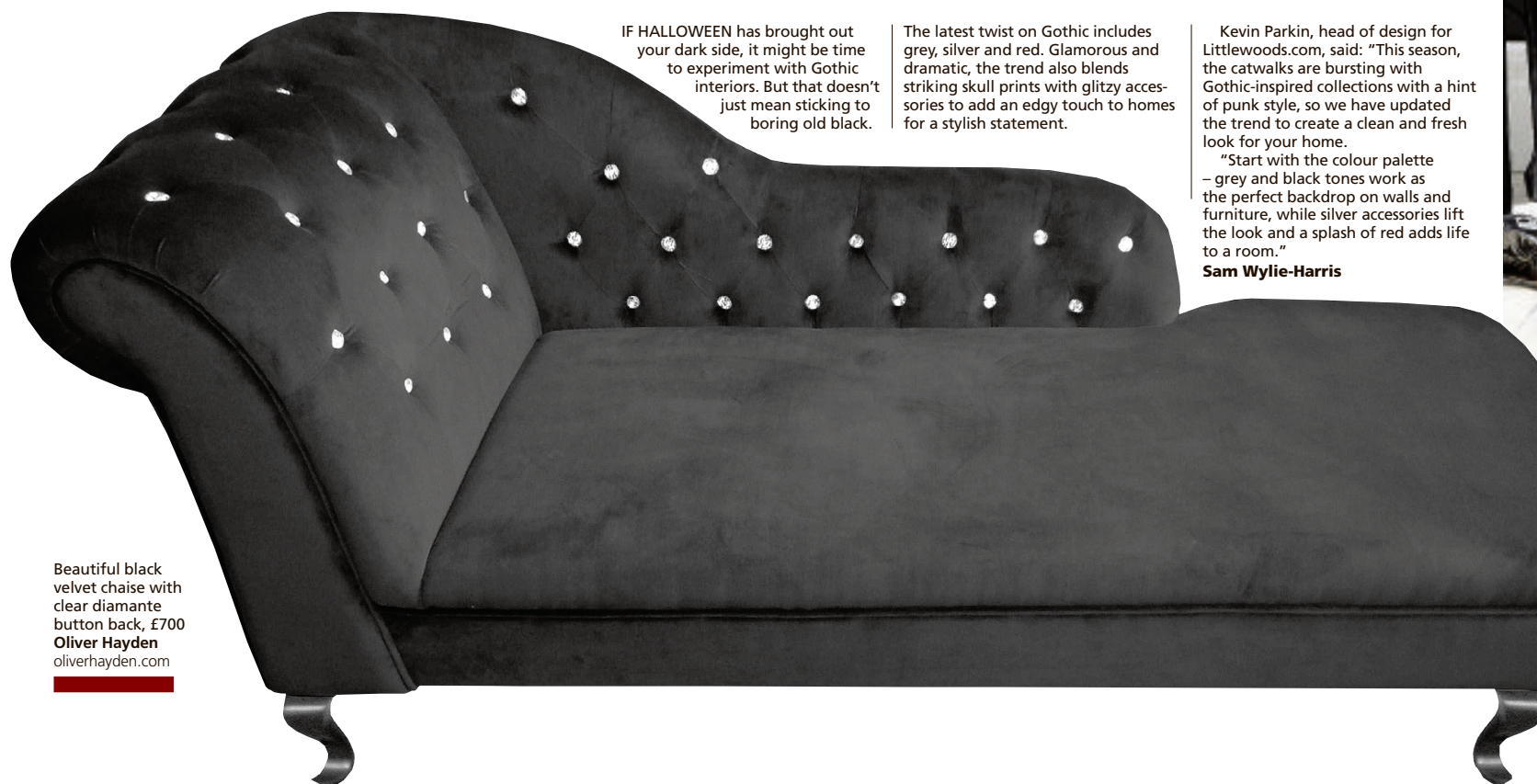
Elysee two-door
display unit, £489
Littlewoods
littlewoods.com



Howsham large black
Rococo mirror, £285
Chandeliers And Mirrors
chandeliersandmirrors.co.uk

Going

GOTHIC



Beautiful black
velvet chaise with
clear diamante
button back, £700
Oliver Hayden
oliverhayden.com

IF HALLOWEEN has brought out your dark side, it might be time to experiment with Gothic interiors. But that doesn't just mean sticking to boring old black.

The latest twist on Gothic includes grey, silver and red. Glamorous and dramatic, the trend also blends striking skull prints with glitzy accessories to add an edgy touch to homes for a stylish statement.

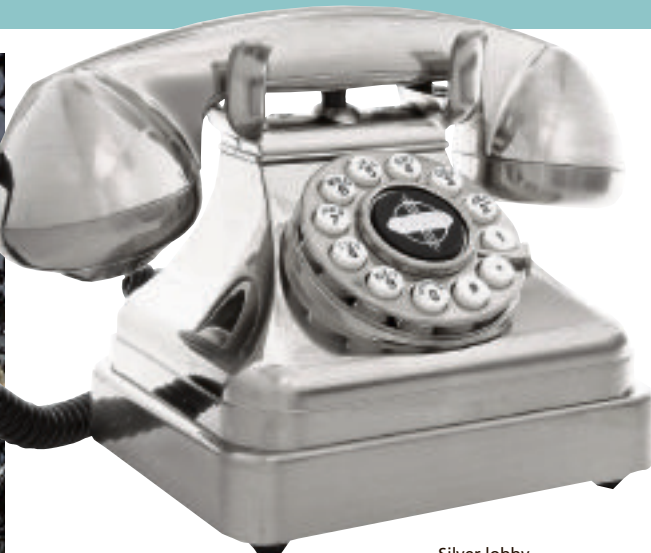
Kevin Parkin, head of design for Littlewoods.com, said: "This season, the catwalks are bursting with Gothic-inspired collections with a hint of punk style, so we have updated the trend to create a clean and fresh look for your home.

"Start with the colour palette – grey and black tones work as the perfect backdrop on walls and furniture, while silver accessories lift the look and a splash of red adds life to a room."

Sam Wylie-Harris



Skulls wallpaper by
Barbara Hulanicki, £48 per roll
Graham and Brown
grahambrown.com



Silver lobby
desk phone, £65
Liberty
liberty.co.uk

Lexington two-seat
sofa, £849
Littlewoods
littlewoods.com



Bordeau bedside table
in black and silver, £249.99
Chi Chi Furniture
chichifurniture.com



Lisa Carrier Gothic
skull gift set, £65
Gift-library
gift-library.com



John Rocha
lace mug, £6
Debenhams
debenhams.com



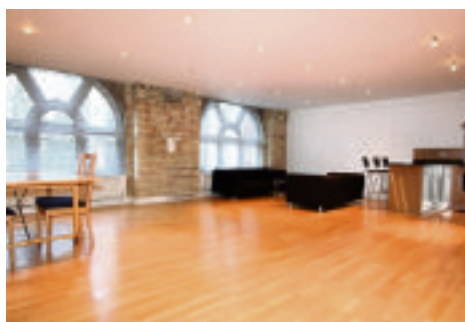
020 7112 4972
 info@metro-village.com
 www.metro-village.com



Bellamys Court SE16

Metro Village are delighted to offer a stunning three double bedroom, unfurnished apartment situated in a sought after development on Rotherhithe Street. The property comprises three good sized double bedrooms with two bathrooms, one of which is an en-suite, semi open plan living and kitchen area with a balcony boasting direct River views and under floor heating throughout. The living area benefits from ample space and plenty of natural light seeps in from the large windows and patio door, the kitchen is well equipped and has plenty of storage.

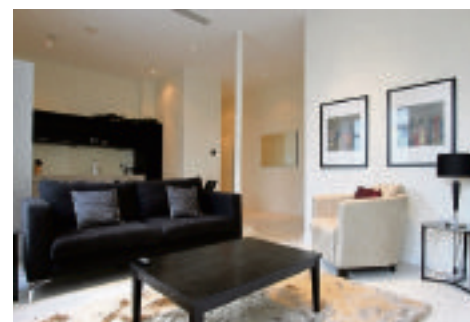
3 bed £590 per week



Pump House Close SE16

Situated within the highly desirable Pump House development. Conveniently located a stone's throw away from Canada Water station, this modern apartment must not be missed and is available IMMEDIATELY! Benefiting from ample living space, this character filled apartment has three double bedrooms with plenty of storage and light. It has two bathrooms one of which is an en suit with a fully fitted stainless steel modern kitchen with tons of work top space. This apartment would suit young professionals and families perfectly.

3 bed £600 per week



Leonard Street EC2A

An absolutely stunning apartment on the 1st floor in the popular Leonard street building in the heart of EC2. The property comprises 2 double bedrooms, 2 bathrooms (master with en-suite), very large reception room and open plan kitchen/dining area. Presented for let fully furnished with brand new integrated appliances. Furnished to a very high standard and relatively new you will enjoy comfort and quality. As a resident of this desirable development you will benefit from the 24 hour concierge service, on site gymnasium and sauna in the Bezier Building. The development is positioned within a short distance of both Old Street Underground and Underground (Northern Line) rail stations.

2 bed £715 per week



Eden House SE16

A sub penthouse two double bedroom, two bathroom apartment in the stylish & sought after Water Garden Square development at Canada Water. The property is offered furnished, and benefits from solid wooden flooring in the hallway and open plan kitchen living room and carpeted bedrooms. There is absolutely masses of storage within the property, and plenty of natural light. The development benefits from a porter service, and there is secure underground car parking available by negotiation. The building is located mere seconds walk from Canada Water station on the Jubilee line and also you are within 3 minutes of a large shopping centre with its 24 hour supermarket.

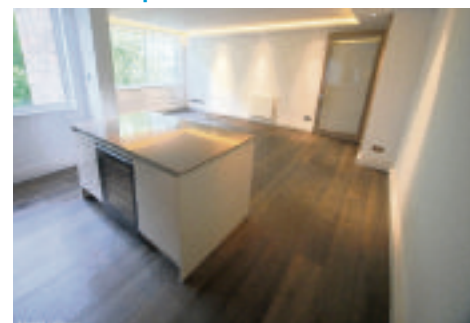
2 bed £480 per week



Fairmont House Maple Quays SE16

This is an absolutely stunning modern two double bedroom apartment in Fairmont House, part of the incredibly popular & highly desirable Maple Quays development at Canada Water. Situated on the fourth floor. This luxurious apartment benefits from new fitted and integrated kitchen. The living room also boasts its own private balcony perfect for enjoying a morning coffee at the weekend or a drink with friends in the evening! This property is offered furnished. Residents have access to a very well equipped modern, clean and private gym as well as a friendly concierge service. The building is located mere moments from Canada Water station on the Jubilee line and London Overground service as well as a large bus station

2 bed £450 per week



Ebury Street Belgravia SW1W

Metro Village are very proud to present this beautifully appointed one double bedroom apartment on the 4th floor of the incredibly well positioned 55 Ebury Street development in the heart of Belgravia. The large open plan living space and sleek & stylish modern kitchen benefit from wooden flooring and masses of natural light from two large windows. The gorgeous bedroom contains a very large & high quality fitted wardrobe. This property is available immediately, please call now to avoid disappointment.

1 Bed £850 per week

NEW Greenland Place Development SE8

A selection of 1, 2 and 3
bedroom apartments available
in the
new Greenland Place
development SE8

First completions due in 2014

**Call now to discuss this
exciting opportunity !!!!**



Sirius House Marine Wharf SE16

An absolutely astounding quality two bedroom, two bathroom apartment situated on the second floor of brand new Sirius House, part of the highly desirable Marine Wharf development by Berkeley Homes. Marine Wharf has been designed to provide the ideal balance between the fast pace of London life, and the serene environment of a relaxed home life, with green, landscaped surroundings close to the river. Situated in an enviable location at Surrey Quays, close to the River Thames and just minutes from Central London there is also a 24 hour concierge service and a private fitness and leisure suite for residents only.

2 Bed £460,000

NEW Redwood Park Development SE16

A selection of 1, 2 and 3
bedroom apartments available
in the new Redwood Park
development SE16

First completions due in 2014

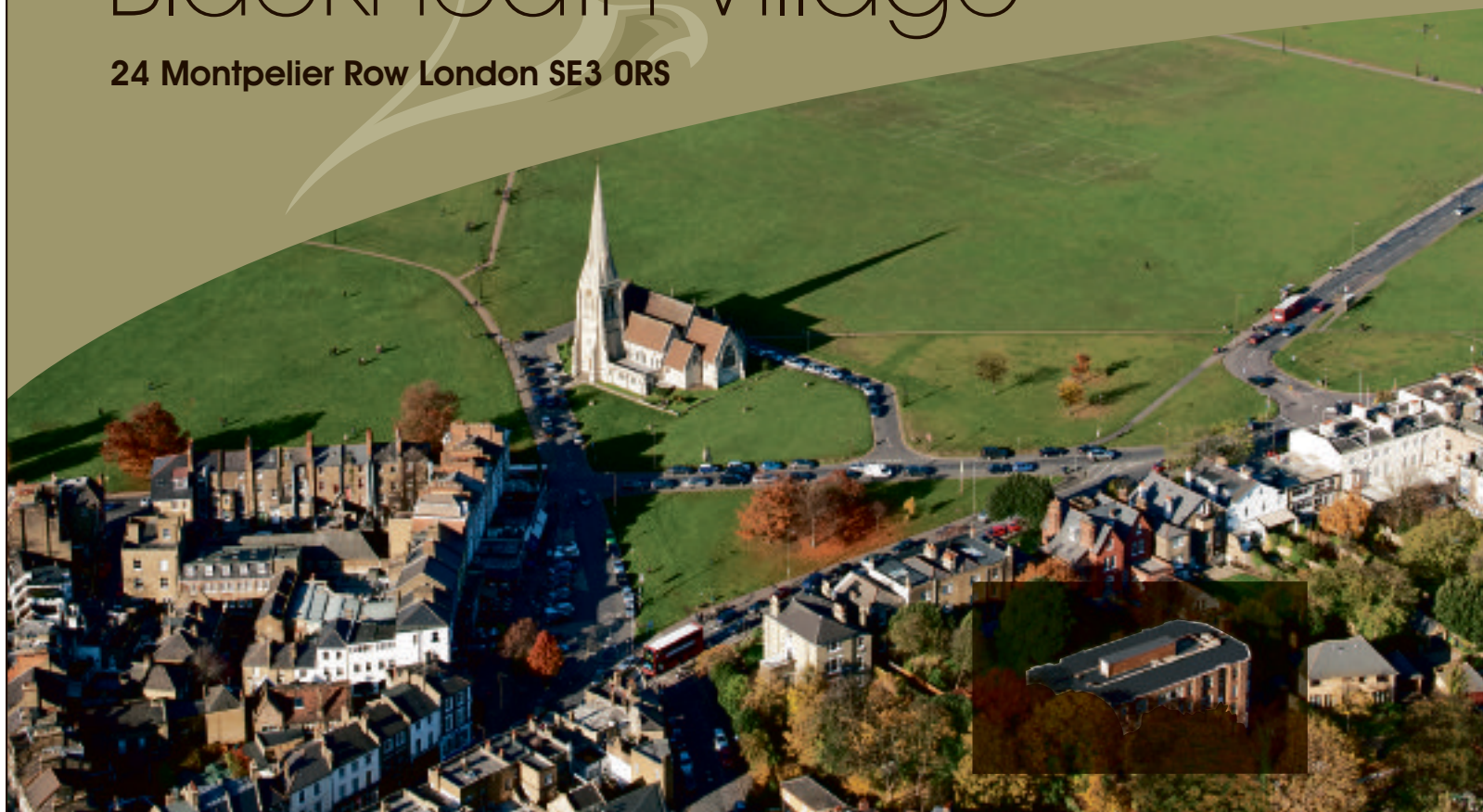
**Call now to discuss this
exciting opportunity !!!!**

Unit 1 Toronto House | Surrey Quays Road | London | SE16 7AJ

www.metro-village.com

FALCONWOOD COURT Blackheath Village

24 Montpelier Row London SE3 0RS



Exclusive 1 bed suites releasing from £295,000

Limited 2 bed apartments releasing from £695,000

10.30am Saturday 2nd 12 noon Sunday 3rd Nov

- Private gated landscaped development with secure parking.
- Private access to Blackheath Village, station and the Heath.
- Moments from Tranquil Vale.
- 5% deposit Help to Buy scheme available.

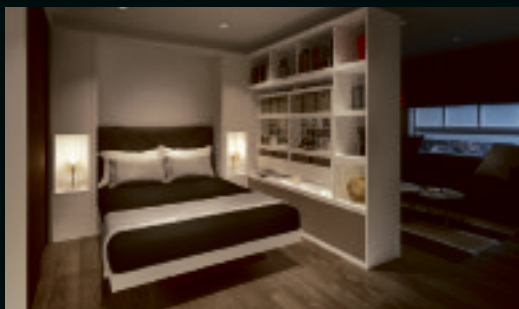


Register now:

falconwoodcourt.com

020 7620 1500

e: sales@galliardhomes.com



SHOW APARTMENT VIEWING ON THE DAY

5 GREAT DEVELOPMENTS 1 PERFECT INCENTIVE



Available now with **Help to Buy**, you can purchase a new home with just a **5% deposit** and a **75% mortgage**. The remainder is funded by an equity loan from the Government and you'll own **100%** of your new home.*



The Hollies, Harrietsham



The Pier, Ingress Park, Kent



Rosewood, Colchester



Aldermere, Cheshunt

The Hollies

Hook Lane | Harrietsham | ME17 1JL

The Hollies features high specification homes set within a tranquil location on the edge of sought-after Harrietsham.

Reach London Victoria in just over an hour.

2, 3 & 4 bedroom homes from **£235,000**

www.crestnicholson.com/thehollies

01622 235593

The Pier at Ingress Park

London Road | Greenhithe | Nr Bluewater | Kent | DA9 9XA

This collection of luxury 1, 2 & 3 bedroom river front apartments forms the latest chapter in the success story of the multi-award winning Ingress Park.

Reach London Charing Cross in just 48 minutes.

1, 2 & 3 bedroom river front apartments from **£165,000**

www.crestnicholson.com/ingresspark

0870 752 4370

Rosewood

Mill Road | Colchester | Essex | CO4 5QH

Rosewood is a contemporary collection of light-filled new homes within easy reach of Colchester's vibrant town centre.

Reach London Liverpool Street in just 49 minutes.

3 & 4 bedroom houses from **£270,000**

www.crestnicholson.com/rosewood

0845 521 1985

Aldermere

Brookfield Lane West | Cheshunt | EN8 0QY

A thoughtfully designed development with landscaped areas and public open space. Aldermere is within easy reach of the A10, M25 & M11.

Reach London Liverpool Street in just 30 minutes.

2 & 3 bedroom homes from **£232,500**

www.crestnicholson.com/aldermere

0870 757 8192

Clarion Gate

Beehive Lane | Chelmsford | Essex | CM2 9FF

Clarion Gate is a smart, sophisticated development with just one, 2 bedroom apartment remaining!

Reach London Liverpool Street in just 37 minutes.

FINAL 2 bedroom apartment priced at £185,000

www.crestnicholson.com/clariongate

0870 757 8184

50 Years
1963-2013

www.crestnicholson.com

*Help to Buy is available on the purchase of your primary residence up to the value of £600,000. You must fund a minimum of 80% of the purchase price. The equity loan will need to be repaid when the property is sold or after 25 years i.e. up to 20% of the property's total sale price. You will also require adequate funds to cover legal costs and moving fees. To be eligible, you must meet the criteria set down by this Government scheme, details of which are available from the Crest Nicholson sales advisor. The amount of deposit required may vary depending on the scheme rules and the lender for the mortgage finance. If you are in any doubt about this scheme please seek independent advice. Crest Nicholson does not provide mortgages and cannot give any financial advice. Photography taken at respective developments. Prices correct at time of going to press. Travel times are approximate. Crest Nicholson Eastern, a division of Crest Nicholson Operations Limited, One Myrtle Road, Brentwood, Essex, CM14 5EG.

YOUR HOME MAY BE REPOSSESSED IF YOU DO NOT KEEP UP REPAYMENTS ON YOUR MORTGAGE OR ANY DEBT SECURED ON IT.

BATH HOUSE LOFTS

19 SPA ROAD, BERMONDSEY SE16



LANDMARK LIVING - last few remaining!

FOLLOWING THE FANTASTIC SUCCESS OF OUR SALES LAUNCH ONLY A HANDFUL OF THESE STUNNING 1, 2 & 3 BEDROOM APARTMENTS NOW REMAIN AVAILABLE.

Join us at Bath House Lofts between 11am and 2pm on Saturday 2nd or Sunday 3rd November for the opportunity to reserve your selected apartment.

Prices from £600,000



Phillips

020 7474 6800

www.bathhouselofts.com

A development by

HOLLYBROOK

ASHLEY KING

ESTATE & LETTING AGENTS



Turner House, Canary Central E14 £430 per week

- Two bedrooms
- Two bathrooms
- Private Balcony
- Parking Space
- 4th Floor
- Leisure Facilities



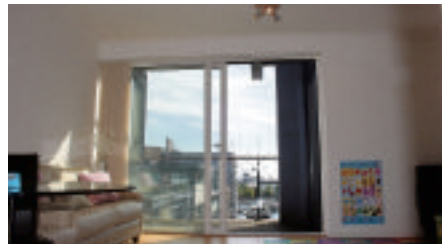
City Tower E14 £380 per week

- Two Beds
- Two Baths
- Spacious
- Furnished
- Available Mid Nov
- Ideal location



City Tower E14 £335 per week

- One Bedroom
- One Bathroom
- 4th Floor
- Ideal location
- Fully Furnished
- Available 15 Nov



Boardwalk Place E14 £445 per week

- Two bedrooms
- Two bathrooms
- Balcony
- Parking Space
- Walk to Canary Wharf
- Available 1st nov

URGENTLY SIMILAR PROPERTIES REQUIRED, PLEASE CALL ASHLEY KING ON 020 7190 3300 FOR A FREE NON OBLIGATION MARKET APPRAISAL PROPERTY



New Providence Wharf E14 £349 per week

- Studio Apartment
- 11th Floor
- Leisure Facilities
- Fully Furnished
- Close to canary Wharf
- Available Now



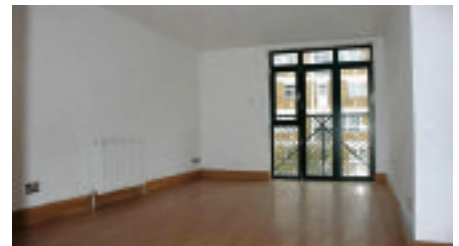
Phoenix Court E1 £164,950

- Studio Apartment
- One Bathroom
- Top Floor
- Long Lease
- Ideal Location
- Must be Seen



Phoenix Court E1 £260,000

PUBLIC NOTICE Ashley King are now in receipt of an offer for the sum of £310,000.00 for Flat 4 Phoenix Court, Buckhurst Street, London E1 5QY. Anyone wishing to place an offer on this property should contact Ashley King 5 Harbour Exchange Sq, Canary Wharf, E14 9GE - T: 020 7190 3300



Phoenix Court E1 £210,000

PUBLIC NOTICE Ashley King are now in receipt of an offer for the sum of £220,000.00 for Flat 5 Phoenix Court, Buckhurst Street, London E1 5QY. Anyone wishing to place an offer on this property should contact Ashley King 5 Harbour Exchange Sq, Canary Wharf, E14 9GE - T: 020 7190 3300



Westferry Road E14 £219,888

- One Bedroom Apartment
 - Ground Floor
- SOLD BEFORE MARKETING!**



City Tower E14 £384,888

- Two Bedroom Apartment
- Two Bathrooms
- Forth Floor
- Long Lease
- Close to Amenities
- East Access To Canary Wharf & City



Orion Point E14 £349,888

- One Bedroom Apartment
 - Tenth Floor
- SOLD BEFORE MARKETING!**

www.AshleyKingUk.com Docklands@AshleyKingUk.com
5 Harbour Exchange Square, Marsh Wall, London E14 9GE

020 7190 3300

lines open 8am - 12am



Bigger + better in 2014

Celebrate

Eat

Drink

Network

Enjoy

Prices

**£85 per
person**

£80 for 4+

Email nikki.hamersley@wharf.co.uk or call 020 7293 2247 for bookings and more information

**HOSTED BY
LEE
HURST**



Tickets include a drinks reception in association with
Gaucho + three course dinner + wine and cocktails + evening
entertainment at the Hilton London Canary Wharf on May 8

GAUCHO

the **Wharf** May 8, 2014 **PROPERTY
AWARDS**

in association with **Gawor & Co**
Solicitors

Sales, Rentals, Property Management & Acquisitions

020 7474 3636

mail@spencer-james.co.uk



SPENCER JAMES

RESIDENTIAL

LETTING WITH AN UNLICENSED AGENT CAN BE A DANGEROUS GAME...

Make sure that your agent is licensed with the following...

**Galleons Lock, E16**

- Available Beginning Of November
- Two Bedroom & Two Bathroom Apartment
- Private Balcony With Views Over The Lock
- Off Road Parking
- Close To Local Amenities

£250 PW Fully Furnished**Galleons Lock, E16**

- Available Mid December
- Second Floor Two Bedroom & Two Bathroom Apartment
- Private Balcony With Direct River Views
- Lift Access
- Secure Underground Parking

£280 PW Fully Furnished**Galleons Lock, E16**

- Available Beginning Of November
- Two Bedrooms & Two Bathroom Apartment
- Third Floor With Two Private Balconies With River & City Views
- Secure Underground Parking
- Close To Local Amenities

£300 PW Fully Furnished**Galleons Lock, E16**

- Available Beginning Of November
- Two Bedroom & Two Bathroom Apartment
- Third Floor With Two Private Balconies With River & City Views
- Secure Underground Parking
- Close To Local Amenities

£375 PW Fully Furnished**Galleons Lock, E16**

- Available End Of November
- Two Bedroom Apartment
- Popular Development
- On-site Security & Porter Service
- Close To Local Amenities

£250 PW Fully Furnished**Galleons Lock, E16**

- Available Now
- One Bedroom Unique Apartment
- Ground Floor With Large Garden
- Air Conditioning
- Modern Fitted Kitchen

£230 PW Fully Furnished**Woolwich Road, SE10**

- Available Early November
- One Bedroom Top Floor Apartment
- Double Length Private Balcony
- High Spec Kitchen
- Under-floor Heating Throughout

£265 PW Fully Furnished**Barking, IG11**

- Available Beginning Of December
- Two Bedroom & Two Bathroom Apartment
- Large Balcony
- Heating & Hot Water Included
- Close To Barking Town Centre

£265 PW Fully Furnished**Galleons Lock, E16**

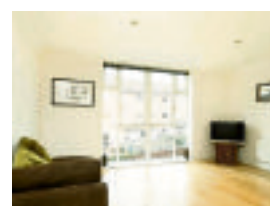
- Available Now
- Four Bedroom House With Private Garden
- Separate Kitchen, Three Bathrooms & Cloak Room
- Off Street Parking
- Close To Local Amenities

£480 PW Fully Furnished**Beckton, E6**

- Available Beginning Of November
- One Bedroom First Floor Flat
- Semi Open Plan Kitchen
- Central Heating
- Close To Local Amenities

£195 PW Fully Furnished**Royal Quay, E16**

- Available Beginning Of November
- Two Bedroom Sixth Floor Apartment
- Large Balcony With Views Of The Marina
- Air Conditioning & Under-floor Heating
- Secure Underground Parking

£370 PW Fully Furnished**Galleons Lock, E16**

- Available Beginning Of November
- Three Bedroom & Two Bathroom Apartment
- Spread Over Two Floors
- Large Reception Room
- Modern Fitted Kitchen

£325 PW Fully Furnished**PUBLIC NOTICE**

Spencer James are now in receipt of an offer for the sum of **£173,000** for **Flat 7 The Renovation, 4**

Woolwich Manor Way, E16 2GE.

Anyone wishing to place an offer on the property should contact

Spencer James of 8 Hartlepool

Court, Galleons Lock, E16 2RL on

0207 474 3636 prior to exchange of contracts.

PUBLIC NOTICE

Flat 8 Harrison Bell House, Canning Town, London, E16 4QL. We are acting in the sale of the above property and have received an offer of **£165,500** on the above property. Any interested parties must submit any higher offers in writing to the selling agent before exchange of contracts takes place. Energy efficiency rating C.

**Canning Town, E16**

- No Onward Chain
- One Bedroom Fourth Floor Apartment
- Private Balcony Overlooking Canary Wharf
- Close To Local Amenities
- Energy Efficiency Rating C

£162,950 Leasehold**Pontoon Docks, E16**

- Two Bedroom & Two Bathroom Apartment
- Large Lounge & Separate Fully Fitted Kitchen
- Secure Gated Development
- Walk In Wardrobe
- Energy Efficiency Rating C

£260,000 Leasehold

THIS WEEK'S LETTING HOTSPOTS

This week we have registered applicants looking to rent in:

**Galleons Lock
Tradewinds Court
Capital East
Britannia Village**

If you have a property to let in any of the above please call us.



www.spencer-james.co.uk



RiverHabitat.co.uk

River Habitat

Property Brokers

DOCKLANDS & CANARY WHARF



£310 PW

THE GRAINSTORE, WESTERN GATEWAY, E16

- * Two bedroom duplex apartment
- * Located on 7th floor
- * Property circa 737 sq ft
- * Open plan living space
- * Very good concierge service
- * Excellent transport links
- * Available Now



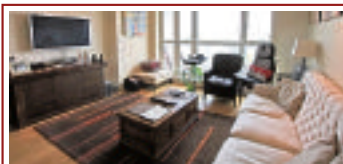
DUNDEE WHARF, 100 THREE COLT STREET, LONDON, E14 £875 PW

- Luxury 3 bedrooms, 3 bathrooms
- Car parking space
- Panoramic views over London
- Available now



SUNDERLAND POINT, HULL PLACE, E16 £269,500

- 2 Bed Apartment with Balcony
- Located on the 4th floor
- Car Parking Space
- Excellent transport links



EATON HOUSE, CANARY RIVERSIDE, E14 £750 PW

- Two Bed Luxury Apartment
- Located On Fifth Floor
- Circa 1,302 sq ft
- Available 20th October



POPLAR HIGH STREET, POPLAR E14 £430 PW

- 3 Bedroom Maisonette
- Ex-Local authority
- Walking distance to Canary Wharf
- Amenities on your doorstep

BLACKHEATH & GREENWICH



£455 PW

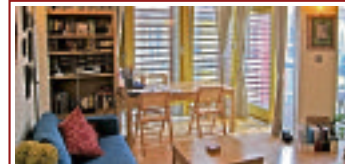
MAURER COURT, JOHN HARRISON WAY, SE10

- * Furnished or Unfurnished three bedroom flat
- * Property circa 1200 sq ft
- * Two balconies and direct river views
- * Situated on the fourth floor
- * Includes secure car parking spot
- * Excellent transportation links
- * Available 1st week of November



FEATHERS PLACE, GREENWICH, SE10 £950 PW

- Four bed corporate house
- West facing rear garden
- Reception covers length of house
- Excellent transport links



KILBY COURT GREENWICH, SE10 £334 PW

- Two Bedroom Apartment
- Furnished On Third Floor
- 2 Bathrooms and Parking
- Available November 2013



COTTERELL COURT, HOP STREET, SE10 £499,999

- Modern and light 3 bedroom house
- Three floors circa 1100 sq ft
- Rear private patio & garden
- Communal private garden and parking



MAZE HILL, GREENWICH, SE10 £2,600 PCM

- Four bed furnished house
- Separate kitchen opening out into the rear garden
- Good sized attic for storage and a garage
- Available Now


www.RiverHabitat.co.uk

020 7791 9830

Info@riverhabitat.co.uk

The Suite LG, 655 Commercial Road, Limehouse, London E14 7LW





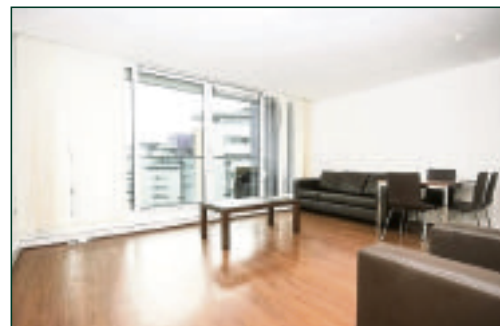
Chase Evans



St Davids Square, E14 **£925,000 L/H**
Three double bedroom, two bathroom penthouse apartment with high ceilings, two terraces with views over the river to Greenwich, the O2, Canary Wharf and the City. Popular development with underground parking, gymnasium, swimming pool, sauna and 24 hour concierge service.
Docklands 020 7510 8444



Marner Point, E3 **£460,000 L/H**
Three bedroom, two bathroom apartment with private balcony on the tenth floor of this stylish tower ideally located next to Bromley by Bow tube station. High quality finishing throughout, 24 hour concierge service, residents' gymnasium and communal roof terraces.
Canary Wharf 020 7515 1000



Fathom Court, E16 **£355,000 L/H**
Two bedroom, two bathroom apartment on the 5th floor of this dockside development. The property features an open plan kitchen with integrated appliances, en-suite bathroom in the master bedroom and a large wrap around terrace offering stunning views towards the marina.
Pan Peninsula 020 7536 7900



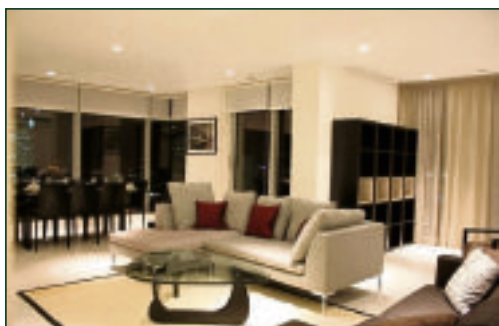
Barrier Point, E16 **£349,000 L/H**
Spacious two bedroom, two bathroom, ground floor apartment with terrace in this riverside development with porter and off-street parking close to Pontoon Dock DLR. Large reception with dining area, fully fitted kitchen and contemporary bathrooms.
Canary Wharf 020 7515 1000



Pan Peninsula, E14 **£299,999 L/H**
West facing studio apartment with balcony, marble shower room, comfort cooling and tiled floors. Pan Peninsula is one of London's premier developments with a fully staffed fitness suite, residents' cinema, business centre, 48th floor cocktail bar and on-site restaurant.
Pan Peninsula 020 7536 7900



Cumberland Mills, E14 **£259,995 L/H**
Spacious one bedroom apartment of 557 sq.ft. with allocated parking space situated within this gated, riverside development with 24 hour porter located opposite the Royal Naval College within easy access of the Greenwich foot tunnel and Island gardens DLR station.
Docklands 020 7510 8444



Pan Peninsula, E14 **£1,400 pw**
Three bedroom, two bathroom apartment on the 39th of this sophisticated development. The property boasts two balconies, floor-to-ceiling windows with panoramic views, fully integrated kitchen and air-conditioning. Ideally located for easy access to Canary Wharf and the City.
Pan Peninsula 020 7536 7900



Altitude, E1 **£450 pw**
Brand new, one double bedroom apartment set within this landmark development on the edge of the City of London with 24 hour concierge and residents' roof terrace. Designer furnishing, fully integrated kitchen, comfort cooling and underfloor heating.
City 020 7488 2777



Ringwood Gardens, E14 **£275 pw**
Extensively refurbished apartment situated within a quiet dockside development. The property is finished to an exceptionally high standard and offers a contemporary fully fitted kitchen with integrated appliances, state of the art electric heating, luxury bathroom and wood flooring.
Docklands 020 7510 8444

Canary Wharf office

Horizon Building, 15 Hertsmere Road, London E14 4AW
Tel: 020 7515 1000 | canarywharf@chaseevans.co.uk

Docklands office

St Davids Square, 320 Westferry Road, London E14 3QL
Tel: 020 7510 8444 | docklands@chaseevans.co.uk

City of London Office

45 Aldgate High Street, London EC3N 1AL
Tel: 020 7488 2777 | city@chaseevans.co.uk

Pan Peninsula office

Pan Peninsula, 1 Millharbour, London E14 9XP
Tel: 020 7536 7900 | panpeninsula@chaseevans.co.uk

Docklands office

429 Westferry Road, London E14 3AN

e docklands@hollandproperties.co.uk

t **020 7538 5554****Surrey Quays office**

192 Lower Road, Surrey Quays, London SE16 2UN

e surreyquays@hollandproperties.co.uk

t **020 7231 8160****Westferry Road, London E14****£250 p/w**

A one bedroom apartment located within this residential cul-de-sac, ideally located with 1/2 mile radius of Mudchute DLR station with connections to Canary Wharf, The City and Lewisham. Available on the 15th November.

**Thermopylae Gate, Mudchute E14****£370 pw**

Two bedroom semi detached "dockers" cottage located in the popular Chapel House conservation area. Front garden and spacious rear garden. Fitted kitchen, wood flooring, off street driveway. Available unfurnished. Located a short walk to Mudchute DLR station.

**Burrells Wharf, Docklands E14****£375 p/w**

Lovely, spacious two bedroom, two bathroom apartment offering two balconies with river views. Large reception, fitted kitchen. Separate dining room and utility room. Secure underground parking, 24hr security/porter and within easy walking distance to Mudchute DLR station. Offered unfurnished and available 3rd November.

**Lower Road, London SE8****£279,995 Leasehold**

Situated in this period terrace this 1st and 2nd floor maisonette comprising of reception room, kitchen and bathroom on the 1st floor and 2 double bedrooms and loft space on the top floor. Within walking distance of Surrey Quays station and jubilee line stations with only one stop to Canary Wharf.

**Perry Court, London E14****£384,995 Leasehold**

A fourth floor two bedroom apartment located within this popular residential development comprising: entrance hallway, reception room with access to private balcony offering river views, fitted kitchen, two double bedrooms, entrance phone system, secure parking and is offered with no onward chain.

**Lesley Park Road, Kent DA8****£799,995 Freehold**

A rare opportunity to purchase this substantial detached Manor house, located with this popular conservation area. Boasting many original features including sash windows, high ceilings and fireplaces. An internal viewing of this property is highly recommended to appreciate its size and accommodation.

RESIDENTIAL AND COMMERCIAL PROPERTY CONSULTANTS**www.hollandproperties.co.uk**



Rubicon
Think Smart
Move Smart

www.rubiconestates.co.uk



Public Notice Rubicon estates are now in receipt of an offer for the sum of £365,000 for 39 Vermeer Court, 1 Rembrandt Close, London, E14 3XA. Anyone wishing to place an offer on this property should contact Rubicon Estates, 65 Narrow Street, London, E14 8DP, 02079878887 before exchange of contracts.



Victory Place, E14

SOLD WITHIN 2 WORKING DAYS

£550,000

Leasehold



Ferguson Close E14

SOLD WITHIN 2 WORKING DAYS

£309,950

Leasehold



The Lighthouse E14

SOLD WITHIN 1 WEEK

£399,950

Leasehold



Poseidon Court E14

SOLD WITHIN 1 DAY

£470,000

Leasehold



St John Wharf E1W

SOLD WITHIN 2 DAYS

£850,000

S/O/F



Victoria Wharf E14

• Two Bedroom • Balcony
• Riverview • Parking
£525 per week



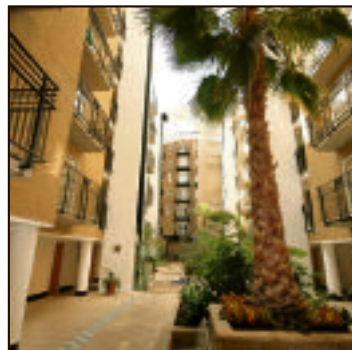
Wharfside Point E14

• Two Bedroom • Two Bathroom
• Balcony • Parking
£420 per week



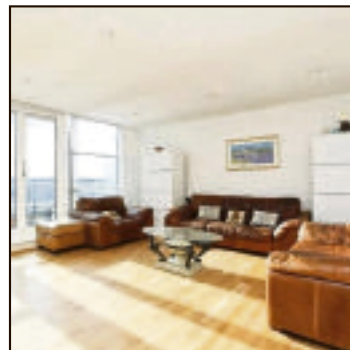
Lockview Court E14

• Two Bedroom • Two Bathroom
• River Views • Furnished
£420 per week



Globe View EC4

• Two Bedroom • Third Floor
• Parking • Furnished
£420 per week



Apollo Building

• Two Bedroom • River Views
• Lower Penthouse • Parking
£577 per week



Switch House

• Two Bedroom • Two Bathroom
• Balcony • Furnished
£480 per week

Call us now for a fresh and unique approach to selling, letting or property management.

SALES: 02075109978
www.rubiconestates.co.uk

LETTINGS: 02075109982
info@rubiconestates.co.uk

Rubicon Estate Agents Ltd, 65 Narrow Street, London, E14 8DP



The UK's most visited estate agency website*

www.your-move.co.uk

EAST INDIA DOCK ROAD £250,000

docklands@your-move.co.uk 020 7987 8900

- Two Bedroom Apartment
- En Suite Shower To Master
 - Seventh Floor
- Open Plan Living Area
- EPC Rating B

EAST INDIA DOCK ROAD £255,000

Flat 45, 187 East India Dock Road, London, E14 0EF. We are acting in the sale of the above property and have received an offer of £270,000.00. Any interested parties must submit any higher offers in writing to the selling agent before an exchange of contracts takes place. EPC Rating: C.

FULMER ROAD £280,000

docklands@your-move.co.uk 020 7987 8900

- Three Bedrooms
- Semi Detached
- Attached Garage
- Cloak Room W/C ● EPC Rating D

BOULCOTT STREET £350,000

docklands@your-move.co.uk 020 7987 8900

- Two Bedroom Apartment
 - 5th Floor
- En-suite To Master Bedroom
- Open Plan Kitchen And Living Area
- EPC Rating B

WEYMOUTH TERRACE £375,000

docklands@your-move.co.uk 020 7987 8900

- Three Bedrooms
- Ground Floor
- Maisonette
- Fitted Kitchen ● EPC Rating D

WESTERN GATEWAY £550,000

docklands@your-move.co.uk 020 7987 8900

- Two Bedroom Duplex
 - Two Bathrooms
- Two Allocated Parking Bays
- 9th And 10th Floor
- EPC Rating C

ST. LEONARDS ROAD E14 £250 p.w

docklands@your-move.co.uk 020 7987 8900

- 1 Bedroom House
- Allocated Parking
- Modern Kitchen ● Close to DLR
- Solid Wood Flooring
- EPC Rating - E

HUDSON HOUSE E3 £300 p.w

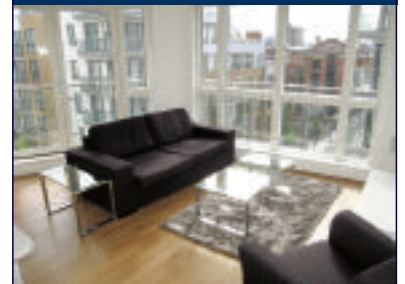
docklands@your-move.co.uk 020 7987 8900

- One Bedroom Apartment
 - Security entrance
 - Modern Kitchen
- Spacious Accommodation
- Close to DLR ● EPC Rating - B

JOSHUA STREET , E14 £320 p.w

docklands@your-move.co.uk 020 7987 8900

- Two Bedroom House
 - Close to DLR Station
- Garden ● Off Road Parking
- Fitted Kitchen ● Electric Shower
- Cul-de-Sac Location ● Awaiting EPC

HUDSON HOUSE E3 £360 p.w.

docklands@your-move.co.uk 020 7987 8900

- Two Bedroom Apartment
 - Security entrance
 - Modern Kitchen
- Spacious Accommodation
- Close to DLR ● EPC Rating - B

**We can help****Contact your local branch for details.**

For mortgage advice our initial consultation is free, however we do charge a fee for administering your mortgage application. The precise amount will depend upon your circumstances however we estimate that it will be £399. YOUR HOME MAY BE REPOSSESSED IF YOU DO NOT KEEP UP REPAYMENTS ON YOUR MORTGAGE.

sales lettings mortgages

YOUR MOVE James Muir is a trading name of James Muir Ltd.
YOUR MOVE James Muir is an independently owned business, operated under licence from www.your-move.co.uk Limited *Source: Nielsen February 2013





JONES LANG
LASALLE®

Real value in a changing world

020 7715 9700
joneslanglasalle.co.uk



Aqua Vista, E3

£210,000 L/H

- Studio apartment
- Investment opportunity
- 8th floor, 332 sqft
- Concierge service

EPC - C



Matchmakers Wharf, E9

£265,000 L/H

- One bedroom
- 10th floor, 527 sqft
- Balcony, river views
- Concierge & gym

EPC - B



Providence Tower, E14

£329,000 L/H

- One bedroom
- 10th floor, 527 sqft
- Balcony, river views
- Concierge & gym

EPC - TBC



Baltimore Tower, E14

£335,000 L/H

- Studio suite
- 11th floor, 366 sqft
- Completion expected 2017
- Lease reassignment

EPC - TBC



Landmark East, E14

£475,000 L/H

- One bed west facing
- 29th floor, 548 sqft
- 24hr Concierge & gym
- Heron Quays DLR

EPC - B



Landmark East, E14

£670,000 L/H

- Two bed, two bath
- 16th floor, 807 sqft
- Residents parking
- 24hr Concierge & gym

EPC - B

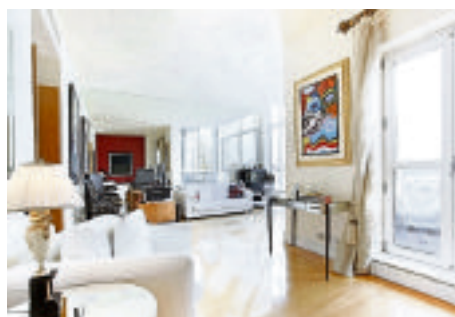


Discovery Dock West, E14

£749,000 L/H

- Immaculate two bed, two bath
- Stunning Dual Aspect Views
- Secure Underground Parking
- Circa 900 sqft plus large balcony

EPC - C



Canary Riverside, E14

£975,000 L/H

- Two bed, two bath
- Waterfront apartment
- Exceptional specification
- Allocated Parking 24hr Concierge

EPC - TBC



Quayside House, E14

£1,200,000 L/H

- Three bed, two bath
- Listed warehouse conversion
- Allocated parking
- 24hr Concierge & gym

EPC - C



JONES LANG
LASALLE®

Real value in a changing world

020 7715 9700
joneslanglasalle.co.uk



Space, E1

£270pw

- Studio apartment
- Balcony
- Concierge
- Tower Gateway DLR

EPC - C



Equinox Building, E14

£300pw

- One bedroom
- South facing Balcony
- River views
- Island Gardens DLR

EPC - C



Panoramic Tower, E14

£310pw

- One bed apartment
- Balcony
- Gym & Concierge
- Langdon Park DLR

EPC - B

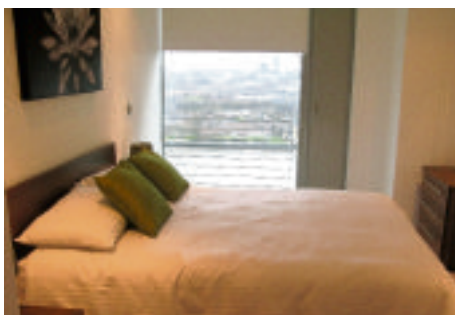


Boatyard Apartments, E14

£395pw

- Two bed, two bath
- Three balconies
- River Views
- Secure parking

EPC - B



Landmark East, E14

£400pw

- One bedroom
- 26th floor, west facing
- Residents Gym
- Heron Quay DLR

EPC - B



Watergardens Square, SE16

£460pw

- Two bed, two bath
- Two balconies
- Secure parking
- Canada Water Jubilee Line

EPC - C

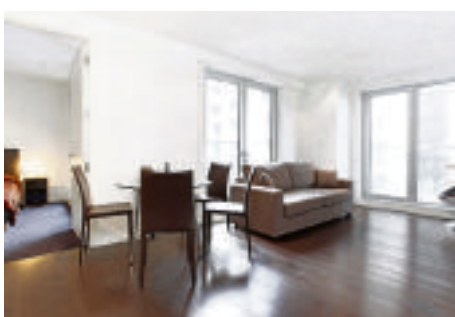


Landmark East

£565pw

- Two bed, two bath
- 29th floor views
- 24hr concierge & gym
- Heron Quays DLR

EPC - B



Baltimore Wharf

£595pw

- Two bed, two bath
- 3rd floor, 829sqft
- Balcony
- Crossharbour DLR

EPC - B



Landmark East, E14

£1,100pw

- Three bed, two bath
- 37th floor, West facing
- 24hr concierge & gym
- Heron Quays DLR

EPC - B



Landmark East Tower

£475,000, E14 leasehold

A superb 32nd floor, 556sq ft 1 bedroom apartment in the Landmark East Tower. The property boasts spectacular Easterly views of Canary Wharf, the docks & the river beyond, an exceptional location, & excellent modern interiors.



Pan Peninsula Square

£1,350,000, E14 leasehold

A 36th floor 2 bedroom (plus study), 2 bathroom premier apartment measuring 1580sq ft internally. Features include: an excellent internal finish, 3 balconies, valet parking, excellent on-site facilities & a South & East-facing aspect.



Cumberland Mills Square

£499,950, E14 share of freehold

A very spacious 1084sq ft 1st floor 2 bedroom apartment in the quiet Cumberland Mills development. The property is in good condition throughout & benefits from a large, open-plan reception with adjoining terrace.



Pan Peninsula Square

£699,950, E14 leasehold

A superior 27th floor 810sq ft 2 bedroom 2 bathroom apartment in Ballymore's iconic Pan Peninsula development. The property benefits from a high-quality internal finish, bamboo flooring, & commanding Southerly/Westerly views. Valet parking included.

chesterton
SINCE 1885
humberts



St Davids Square, E14

£695 per week

A stunning duplex 3 bedroom apartment located in this popular riverside development. The property boasts high ceilings, beautiful direct river views, 3 double bedrooms two bathrooms and secure parking. The development benefits from a porter, swimming pool and gym. Located next to Island Gardens DLR. EPC Rating C



Ocean Wharf, E14

£465 per week

A modern and spacious apartment in this very popular riverside development walking distance to Canary Wharf and all its amenities. The apartment benefits from 2 double bedrooms, 2 bathrooms, spacious reception with access to a balcony and fully fitted kitchen. The development boasts a porter and residents only gym. EPC rating B



New Providence Wharf, E14

£280 per week

An 11th floor studio apartment in the prestigious New Providence Wharf development. New Providence Wharf boasts an excellently equipped gym, swimming pool along with 24 hour security & portage and is located walking distance from Canary Wharf and all its amenities. EPC rating B



Apollo Building, E14

£580 per week

A duplex apartment boasting spectacular direct river views in this residential development close to Canary Wharf and all its amenities. The apartment comprises a large reception with wooden floors and direct access to a private balcony, fully fitted kitchen and downstairs WC, extremely large master bedroom with en suite, double bedroom with fitted wardrobes and modern family bathroom. The development also benefits from a gym and concierge. EPC rating C

Slipway House, E14

£325 per week

A large one bedroom conversion apartment in this popular riverside development. The property benefits from a large reception, high ceilings, large bedroom, separate fully fitted kitchen and bathroom and allocated parking. The development benefits from a porter, gym and swimming pool and is located next to the River Taxi and is walking distance from Mudchute DLR. EPC rating B

Corona Building

£415 per week

A modern 2 bedroom apartment in this popular development close to Canary Wharf. The property comprises 2 double bedrooms, 2 bathrooms (one en suite) and a spacious open plan reception with fully fitted kitchen, balcony and secure allocated parking. The development benefits from 24 hour concierge and is ideally located close to Canary Wharf and all its amenities, with Blackwall DLR moments from the property. EPC rating C

Berkeley Tower, E14

£695 per week

A beautiful 13th floor, 2 bedroom, 2 bathroom apartment in Canary Wharf's premier development. Boasting towering views of the river and Canary Wharf, this spacious apartment features 2 large bedrooms, 2 bathrooms (1 en-suite), concierge and is within easy walking distance of Canary Wharf and all amenities. EPC rating D

Stoneyard Lane, E14

£295 per week

A 2 bedroom apartment in this secure development close to Poplar DLR Station. The apartment benefits from 2 double bedrooms, a spacious reception, separate fully fitted kitchen and a secure allocated parking space. The property is currently undergoing refurbishment and will be ready for occupation mid November. EPC rating C

St Davids Square, E14

£395 per week

A modern two bedroom two bathroom apartment available in the popular St. Davids Square development. The apartment boasts River views and benefits from leisure facilities including a gym, swimming pool and games room. The development is located a short walk from Island Gardens DLR station providing excellent links to Canary Wharf and the City. EPC rating C Available 21st November 2013

Woodland Heights, SE3

£460 per week

A charming and spacious apartment in this beautifully finished residential block walking distance to the amenities of both Greenwich and Blackheath. The property comprises 2 double bedrooms, 2 bathrooms, large open plan reception/kitchen with direct access to a private balcony and shared garden with views of Canary Wharf and across London. The property benefits from high ceilings and feature window and also has parking available at separate negotiation. EPC rating C. Available 4th November 2013

Elektron Tower, E14

£450 per week

This modern apartment in Elektron Tower boasts views of Canary Wharf and the O2 arena. Benefiting from a 24 hour porter and gym the apartment comprises 2 double bedrooms, 2 bathrooms open plan fully fitted kitchen and reception with access to the private balcony and is located next to East India DLR station. EPC rating B

New Providence Wharf, E14

£495 per week

A stunning 2 double bedroom 2 bathroom property in this sought after development New Providence Wharf. The property benefits from direct river views from the reception, balcony and both bedrooms, generous reception with wooden floors and open plan kitchen. There is good storage throughout, both bedrooms have fitted wardrobes, the master bedroom also benefits from an en suite bathroom. The development boasts excellent facilities including concierge and on site pool and gym. EPC rating C. Available 16th December 2013

ALAN SELBY AND PARTNERS

Estate Agents | Land & Development Consultants



Pointers Close, E14

- £649,995
- Three bedrooms
- Freehold
- Parking
- Rear Garden
- Chain free



New Atlas Wharf, E14

- £1,200,000
- Three bedrooms
- Sub penthouse
- Balcony & Large Terrace
- 1550 sqft
- Fabulous views of the London Skyline



Indecon Square, E14

- £249,995
- Studio apartment
- 24hr concierge
- Ideal location
- Large terrace
- Chain free



Arden Crescent, E14

- £424,995
- Two bedroom apartment
- Share of freehold
- Parking
- Views over Millwall Dock
- Open plan kitchen/lounge



Aegon House, E14

- £369,995
- Two bedroom apartment
- Sixth floor
- Abundance of natural light
- Secure parking
- Chain free



020 7519 5900
info@alanselby.co.uk
www.alanselby.co.uk

ALAN SELBY
AND PARTNERS

Traditional values | A modern approach



EPC
Rating:
D

Manchester Road, E14

- £380PW
- Two Double Bedrooms
- House with large garden
- Completely refurbished
- Unfurnished
- Available Now



Ferguson Close, E14

- £310PW
- Two Bedroom
- River Views
- Fully Furnished
- Parking Available
- Now let



EPC
Rating:
D

St David's Square, E14

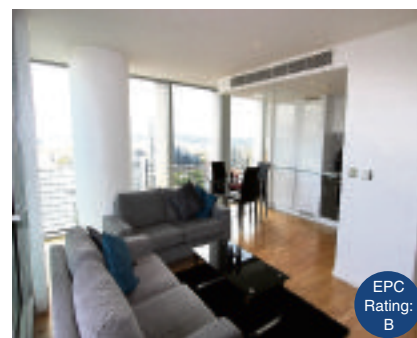
- £475PW
- Two Bedrooms
- Private Balcony
- Leisure Facilities
- 24 Hour Concierge
- Now Let



EPC
Rating:
C

The Heron, EC2Y

- £525PW
- Galley Suite
- Roof-top Garden
- 24 Hour Concierge
- West Facing Views
- Available Now



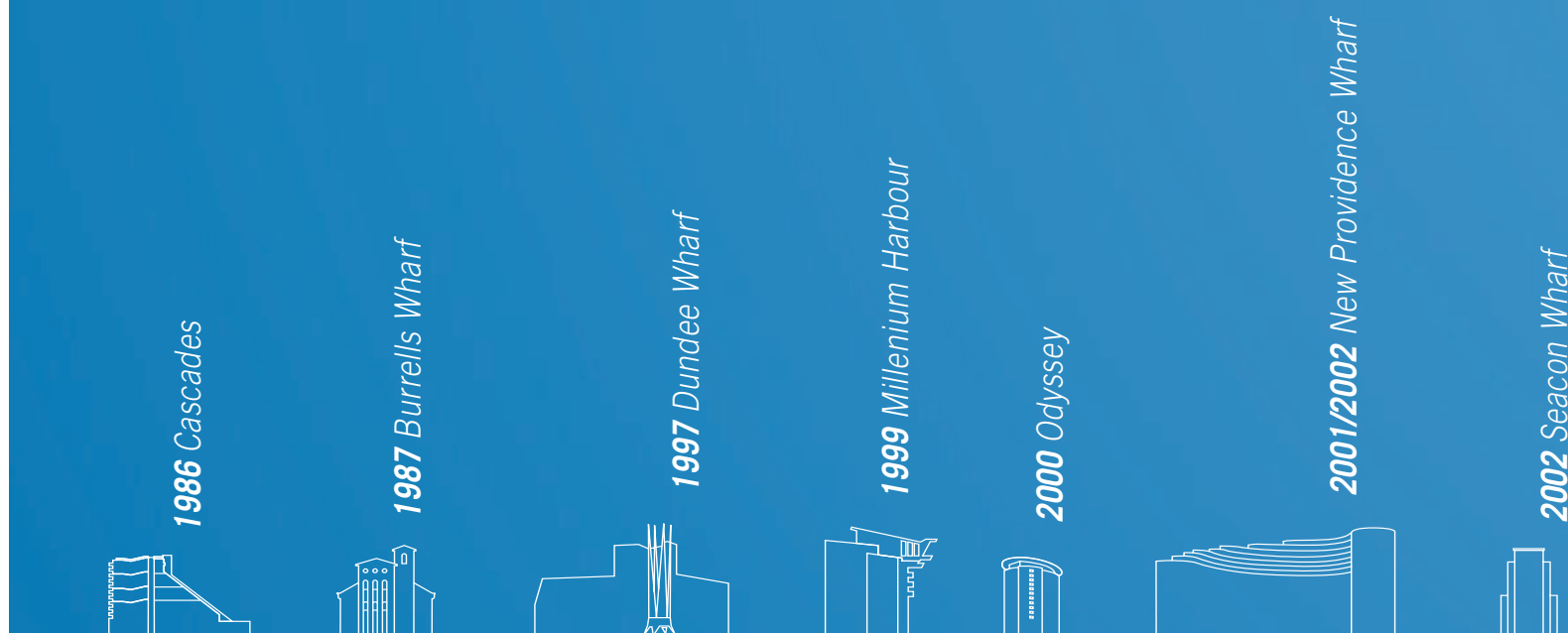
EPC
Rating:
B

Landmark East Tower, E14

- £550pw
- 29th Floor
- Two Bedrooms
- Two Bathrooms
- North-East Aspect
- Available Now

020 7519 5900
info@alanselby.co.uk
www.alanselby.co.uk





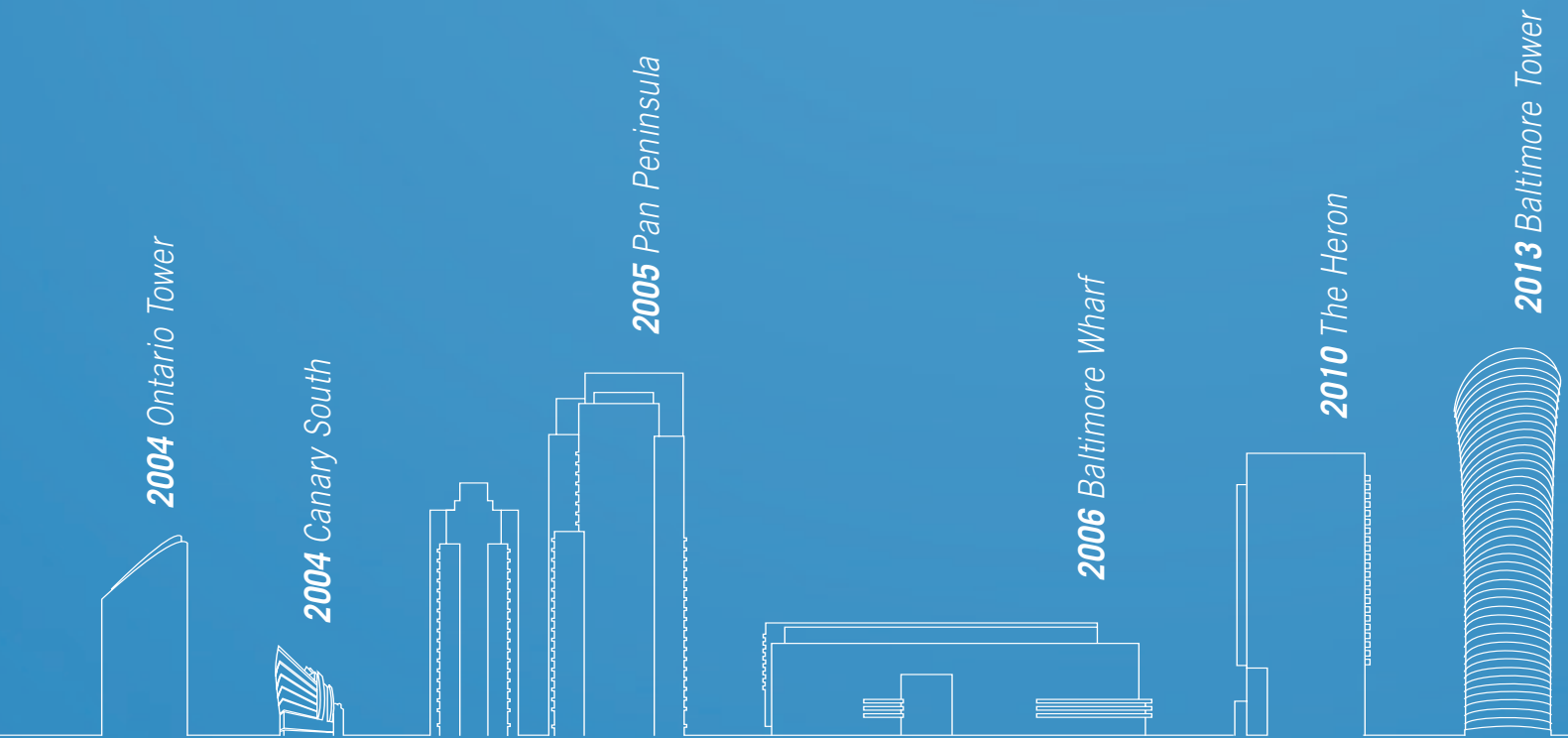
Did you know that throughout the past 35 years Alan Selby & Partners have sold over 10,000 homes?

For over a quarter of a century, Alan Selby & Partners have worked steadily with high profile developers, providing advice and consultancy to help produce some of the most significant Docklands developments. In turn, this has helped transform and influence the area as we know it.

All of this involvement over the years has provided Alan Selby & Partners with a wealth of experience and knowledge of the area, as well as a very extensive marketing programme in both digital and printed publications. Accordingly, Alan Selby & Partners can offer quality advice and guidance, with the necessary market exposure to achieve the very best possible price for your property.

If you are looking to select an agent for the sale or rental of your home, please contact Alan Selby & Partners, the agent who has helped shape the London Docklands and continues to do so.

0207 519 5900 | www.alanselby.co.uk | info@alanselby.co.uk



WE KNOW WHY PEOPLE LOVE LIVING IN LONDON'S VILLAGES
LIVELY COMMUNITIES, PRETTY PARKS, GOOD PUBS AND RESTAURANTS,
CHARACTERS ALL OF THEIR OWN. WE LOVE LONDON'S VILLAGES AND
WE KNOW WHY BUYERS DO TOO.

fjlord.co.uk

Felicity J. Lord



**KING GEORGE ST,
SE10**

£800,000-£850,000

An immaculately presented two bedroom period house on a premier residential street in West Greenwich. Open day, by appointment, 19th October. Please call Felicity J Lord for viewing arrangements.

GREENWICH
020 8293 8555
Ref: FJL027104069
EPC C



POINT HOUSE, SE10

£635,000

A large period apartment, set in a prominent position in West Greenwich, featuring high specification kitchen and bathrooms, and a wealth of period features, including a stunning high ceiling in the reception area.

GREENWICH 020 8293 8555
Ref: FJL027104075 | EPC C



PLUMBRIDGE ST, SE10

£ 475,000-495,000

A beautifully presented two double bedroom terrace cottage, featuring two first floor bathrooms and a wealth of original features, including stripped wooden doors and floorboards and feature fireplaces.

GREENWICH 020 8293 8555
Ref: FJL027103902 | EPC C



VANILLA & SESAME COURT SE1

£795,000

A bright and spacious two bedroom two bathroom apartment found on the fourth floor of this popular Shad Thames development. Internally the property offers fantastic living accommodation throughout and includes a secure parking space.

SHAD THAMES 020 7089 6490
Ref: FJL027604510 | EPC C



THE CIRCLE SE1

£1,275,000

This three bedroom two bathroom south facing penthouse apartment offers spacious living accommodation throughout including large terrace, refurbished kitchen and bathrooms, air conditioning, concierge and secure underground parking.

SHAD THAMES
020 7089 6490
Ref: FJL027604431 | EPC D



ANISE BUILDING SE1

£735,000

A chance to acquire this stunning warehouse apartment located within the heart of Shad Thames. Offering immense character throughout, this property really needs to be viewed to fully appreciate.

SHAD THAMES 020 7089 6490
Ref: TBC | EPC C

**NEW ARCHERS
COURT, SE16**

£600,000 - £650,000

A two bedroom apartment forming part of this unique development set along the cobbled streets of Rotherhithe Village, benefitting from exposed brickwork, excellent internal finish and being within walking distance to fantastic transport links.

SURREY QUAYS
020 7237 2320
Ref: FJL113200497
EPC B



HELENA SQUARE, SE16

O.I.E.O £390,000

A top floor two bedroom, two bathroom apartment, set in a corner position of the development offering views of the River Thames. Located within Sovereign Crescent and benefitting from allocated parking.

SURREY QUAYS 020 7237 2320
Ref: FJL113200787 | EPC C



ANN MOSS WAY, SE16

£650,000 - £700,000

A four bedroom mid terrace house located in the very popular and quiet location of Ann Moss Way. The conventional layout of the house makes a perfect family home benefitting from large rear garden and private parking space.

SURREY QUAYS 020 7237 2320
Ref: FJL113200896 | EPC C

WE KNOW WHY PEOPLE LOVE LIVING IN CANARY WHARF
GREAT PLACES TO EAT AND DRINK, A MOMENT'S COMMUTE TO ONE OF
WORLD'S FINANCIAL POWERHOUSES, A FRESH BREEZE FROM THE RIVER
AND APARTMENTS WITH STUNNING VIEWS.

Unit 3c, South Quay Plaza,
185 Marsh Wall, Canary Wharf,
London, E14 9SH

Felicity J. Lord

SOLD
Another Wanted



VIRGINIA QUAY, E14 £399,950 - SOLD

Unable to find a buyer? Felicity J Lord successfully sold this property within 10 days of marketing. We have several buyers waiting for similar apartments in Virginia Quay.

CANARY WHARF 0207 987 6776
Ref: FJL026904168

SOLD
Another Wanted



LOCKESFIELD PLACE, E14

£474,995 - SOLD

This beautifully appointed house was sold in excess of its asking price within 24 hours of being placed on the market. We have buyers waiting for similar properties. If you have a house to sell then call ASAP.

CANARY WHARF
0207 987 6776
Ref: FJL026904158



PEPPER STREET, E14

£599,995

This beautifully decorated apartment comes with a fabulous private terrace with far reaching views over the dock and towards the Canary Wharf skyline. With two large double bedroom, this spacious apartment measures approximately 1000sqft in size. Further benefitting from a secure undercover car parking space and 24 hour security.

CANARY WHARF 0207 987 6776
Ref: FJL026904259 | EPC - TBC



NEW ATLAS WHARF, E14 £449,950

Positioned on the 3rd floor of this popular river side development is this well proportioned two double apartment with direct views across The River Thames. This contemporary styled property is within walking distance to Canary Wharf.

CANARY WHARF 0207 987 6776
Ref: FJL026904139 | EPC - TBC

BARNSDALE AVENUE, E14

£499,995 - SOLD

Sold in 1 day £20,000 over asking price. Similar required for waiting buyers. This immaculate three double bedroom family sized house comes with a lovely east facing garden and a useful integral garage. With well proportioned rooms and a contemporary interior this house is in perfect condition throughout.

CANARY WHARF
0207 987 6776
Ref: FJL026904143



PIERHEAD LOCK, E14

£549,995

A rare chance to acquire a unique apartment spread over two floors in this award winning development. This beautifully presented apartment comes with 3 double bedrooms, two bathrooms and a spacious living room with a double height ceiling. A well appointed kitchen comes with fully integrated appliances and a south facing walled garden provides a great space for summer entertaining.

CANARY WHARF 0207 987 6776
Ref: FJL026904155 | EPC - TBC

SOLD
Another Wanted



**NEW ATLAS WHARF, E14
£745,000 - SOLD**

Do you have a property to sell in New Atlas Wharf? We have buyers waiting for apartments within the development. Call now to discuss our exclusive fee's.

CANARY WHARF 0207 987 6776
Ref: FJL026904113

**FREE VALUATIONS
020 7987 6776**

ADVENTURERS COURT, E14 £389,995

This spacious 900sqft apartment comes with two double bedrooms, two contemporary bathrooms and a large east facing private terrace. Immaculately presented throughout this thoughtfully designed apartment has ample storage and comes with a gated car parking space. Virginia Quay is positioned on the banks of The River Thames and is a short walk from East India Dock DLR and Canary Wharf.

CANARY WHARF 020 7987 6776
Ref: FJL026904120 | EPC - C

ADRIATIC BUILDING, E16 £649,950

Spread over the top two floors is this spacious south facing penthouse apartment. With far reaching views over the Royal Victoria Dock, this two double bedroom apartment also comes with a south facing terrace and secure parking.

CANARY WHARF 020 7987 6776
Ref: FJL026904252 | EPC - C

INDECON SQUARE, E14

£599,995

This rare apartment comes with a spacious living room and three large double bedrooms. With a bright westerly aspect, this well presented sixth floor apartment also includes a secure car parking space. Indecon Square is within a few minutes walk to Canary Wharf and South Quay DLR.

CANARY WHARF
0207 987 6776
Ref: FJL026904157
EPC - C





Beyond your expectations
www.hamptons.co.uk

HAMPTONS
INTERNATIONAL



London, E11 £2,250,000 Freehold

A magnificent grade 11 listed Georgian master piece in excellent condition.
EPC: E



Docklands, E14 £2,250,000 Leasehold

Majestic 41st floor three bedroom 1635 sq ft apartment.
EPC: B

WHOOSH!

(Our properties are selling at their fastest rate since 2007)

Because it's important to you.

www.hamptons.co.uk



Beyond your expectations



Docklands, E16 £1,100,000 Leasehold

17th & 18th floor duplex penthouse, two bedrooms, terrace 1420 sq ft.
EPC: C



New Homes, E14/SE10 From £200,000

Selection of brand new 1, 2 & 3 bed apartments in various developments.
EPC: TBC

Hamptons Canary Wharf

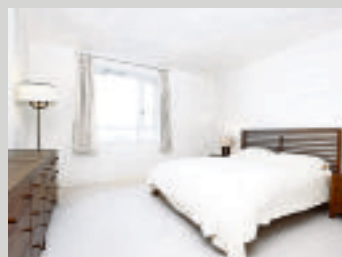
Sales. 0207 745 7121 | Lettings. 0207 745 7120





Beyond your expectations
www.hamptons.co.uk

HAMPTONS
INTERNATIONAL



Canary Riverside, E14 £595 per week

A large two bedroom two bathroom apartment within this desirable development on the doorstep of Canary Wharf. **EPC: B**



Coral Apartments, E16 £350 per week

Extremely large one bedroom apartment with the most stunning views and within a short walk of Royal Victoria DLR **EPC: B**



Landmark East, E14 £1,200 per week

An impressive 37th floor three bedroom apartment, with spectacular views and in a prime location. **EPC: B**



Barrier Point, E16 £350 per week

Newly refurbished modern and contemporary two bedroom apartment with secure underground parking. **EPC: C**

Hamptons Canary Wharf

Sales. 0207 745 7121 | Lettings. 0207 745 7120



Available on the
App Store

020 7510 1050



PROPERTIES & MANAGEMENT LTD

SPECIALISTS IN LETTING & RESIDENTIAL SALES

LETTINGS



Canon Court, Wallington, SM6

- A selection of furnished 1/2 beds apartments
- High quality wood flooring to living area, modern open plan kitchen with fully integrated appliances, allocated parking
- Mins to Wallington train station & walking distance to local amenities

From £190 p/w

Call 020 7510 1050



The Pulse, NW9

- A fully furnished of one bedroom apartment
- Open plan fitted kitchen, lift & communal gardens
- Short walking distance to Colindale tube station

£250 p/w

Call 020 7510 1050



Silks Court, E11

- A two bedroom apartment on the top floor in this development
- Furnished with fitted kitchen & allocated parking
- Close to Leytonstone tube station, High Road and local amenities

£250 p/w

Call 020 7510 1050



Barons Lodge, E14

- A two bedroom apartment on the first floor
- Fully fitted kitchen, GCH & secure parking
- Closed to Island Garden DLR & local amenities

£280 p/w

Call 020 7510 1050

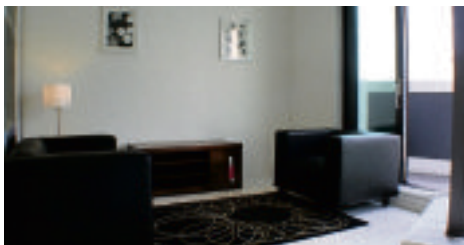


Sapphire Court, E1

- A one bed apartment on the raise ground floor
- Fully fitted kitchen, GCH, communal garden & secure parking
- Closed to Tower Hill, City & local amenities

£315 p/w

Call 020 7510 1050



Baltimore Wharf, E14

- Luxury Studio Apartment situated on 8th floor
- Private balcony, modern fully fitted kitchen, Marble flooring & lift
- Moments away from Canary Wharf

£320 p/w

Call 020 7510 1050

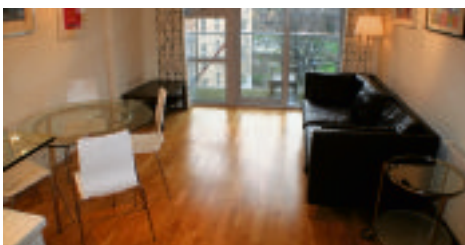


Bridges Wharf, SW11

- A selection of furnished one / work and live unit apartments
- Fully fitted high spec kitchens, wood flooring to the reception room & hallway, balcony with river view, 24 hours concierge & underground parking
- Easy access to Sloane Square & Kings Rd

From £330 p/w

Call 020 7510 1050



Ivory Court, Queen Mary's Gate E18

- Top floor 2 Bed 2 Baths apartment with private balcony
- Fully fitted open-planned kitchen with modern appliances, wood flooring throughout living area, 24 hrs concierge & underground parking
- Close to South Woodford Station

£330 p/w

Call 020 7510 1050



Dunbar Wharf, E14

- A one bed apartment on the 2nd floor of this riverside development
- Fully fitted kitchen, wooden flooring throughout, secure parking & leisure facilities with porter
- Close to Westferry DLR

£350 p/w

Call 020 7510 1050

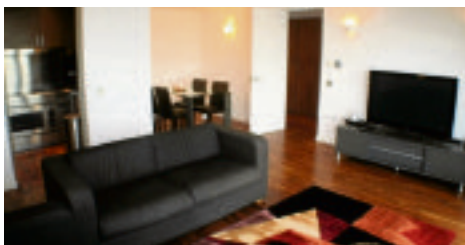


Ink Building, W10

- A furnished two beds/ two baths apartment
- Wood laminate flooring throughout living area, modern fully fitted kitchen, 24hrs concierge & secure parking
- Closed to Ladbroke Grove Station

£460 p/w

Call 020 7510 1050



New Providence Wharf, E14

- A two beds/ two baths apartment on the 9th floor with direct Thames river view
- American walnut wood strip flooring to hall & living area, fully fitted kitchen with 24 hrs concierge
- Within a short walk of East India & Blackwall DLR

£540 p/w

Call 020 7510 1050

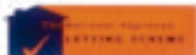


The Westminster, SW1

- A 2 beds/ 2 baths apartment in the heart of London
- Wooden flooring throughout living area, modern fully fitted open planned kitchen, under floor heating, lift & secure underground parking
- Closed to Westminster & St James Park Station

£1,000 p/w

Call 020 7510 1050



Vantage Properties & Management Ltd 卓越物業管理有限公司

24 Skylines, Limeharbour, London E14 9TS

email: london@vantage-uk.com web: www.vantage-uk.com



Gawor & Co

Solicitors



Conveyancing Solicitors in The Docklands since 1992

Gawor & Co Solicitors are Property Solicitors located in Wapping, London E1, established for over 15 years and specialising only in Property Law and in particular the purchase and sales of Flats and Houses. We provide our Clients with conveyancing advice and skills in all areas of residential and commercial property Law and have Solicitors who are ready to give every assistance in making transactions as smooth and stress free as possible. We have completed thousands of conveyancing and mortgage transactions and over 70% of our annual business are repeat Clients.

We are Law Society Accredited Conveyancing Quality Solicitors and were in the first 100 Solicitors firms to achieve this accreditation, we would be happy to discuss your conveyancing requirements, our fees and conveyancing costs at your convenience.

Proud sponsors of the Wharf Property Awards 2014

New Crane Wharf, New Crane Place,
Wapping, London, E1W 3TS

www.gawor.com | 020 7481 8888 | Services@gawor.com

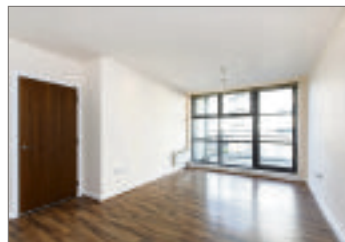
Docklands

**HURFORD****SALVI****CARR**

SALES

020 7791 7000

docklands.sales@h-s-c.co.uk



Forester House, Victory Place, E14
Two bed duplex, Large balcony, 998sqft / 93m², Two baths, Concierge, South facing, Secure parking, Limehouse DLR.
£550,000

Fathom Court, Shadwell, E1
Two bedroom/ two bathroom flat, Secure block, 985sqft / 92m², Double aspect reception, Fitted kitchen, Bike store, Shadwell DLR & Tube.
£375,000

Medland House, Limehouse Basin, E14
Two bedroom/ two bathroom flat, Secure block, 985sqft / 92m², Basin views, Parking, Balcony, 24hr porter, Limehouse DLR.
£485,000

The Panoramic, Langdon Park, E14
Three bedrooms, Residents gym & lounge, Porter, 989sqft / 92m², Fourteenth floor, South facing balcony, Langdon Park DLR.
£495,000

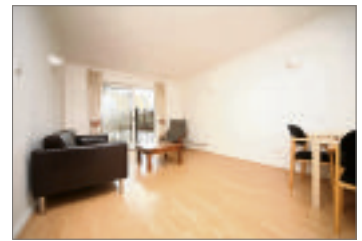
Basin Approach, Limehouse Basin, E14
Large one bedroom, Ninth floor, 649sqft / 59m², West facing balcony, Panoramic views, 24hr porter, Secure parking, Limehouse DLR.
£445,000

Carmine Wharf, Westferry, E14
Two bedrooms, Secure parking, Gated development, Balcony, Chain free, 675sqft / 63m², Fitted kitchen, Westferry DLR.
£335,000

LETTINGS

020 7791 7011

docklands.lettings@h-s-c.co.uk



Adriatic Building, Narrow Street, E14
Furnished one bedroom apartment with secure parking and 24/7 concierge.
£330 per week

Carmelo Mews, Stepney, E1
Brand new chalet style, 2 bedroom apartment. Available Furnished or unfurnished.
£450 per week

Zenith House, Limehouse Marina, E14
Fully furnished 1 bedroom apartment. Two minute walk to DLR station.
£325 per week

Lamb Ct, Narrow Street, E14
Large, furnished one bedroom apartment. Central narrow Street location.
£330 per week

Victory Pl, Limehouse Marina, E14
2 bedroom furnished duplex apartment. Parking, residents Gym & Concierge.
£425 per week

Wick Lane Wharf, Bow, E3
Selection of 2 & 3 bedroom apartments offered both furnished and unfurnished. 24/7 security & building manager.
From £340 per week

PROPERTYTo advertise call **Nikki Hamersley** on **020 7293 2247****solicitors & estate agents****DIRECTORY****Gawor & Co**

Solicitors

Conveyancing Solicitors in The Docklands since 1992www.gawor.com

020 7481 8888

Services@gawor.com**HURFORD****SALVI****CARR****020 7791 7000**sales.docklands@h-s-c.co.uk**020 7791 7011**lettings.docklands@h-s-c.co.uk**ALAN SELBY
AND PARTNERS**www.alanselby.co.uk020 7519 5900 | info@alanselby.co.uk

Estate Agents | Land & Development Consultants

**PHOENIX
PROPERTY****SALES
LETTINGS
MANAGEMENT**www.phoenixproperty.co.uk**0207 702 3434**Email: info@phoenixproperty.co.uk

Gun Court

70 Wapping Lane

London

E1W 2RE

REDWOODESTATES*Sales, Letting & Block Management*

Docklands office: 0207 510 9475

Royal Arsenal/Woolwich office: 0208 316 8990

www.redwoodestates.co.uk info@redwoodestates.co.uk**• SALES • LETTINGS • PROPERTY MANAGEMENT**

• Properties throughout Docklands, South and East London

• Call us now for a free, no obligation valuation

• 020 7515 0800 • www.lmlondon.com • valuation@lmlondon.com**hollandproperties**

Surrey Quays office

surreyquays@hollandproperties.co.uk

t 020 7231 8160

Docklands office

docklands@hollandproperties.co.uk

t 020 7538 5554

www.hollandproperties.co.uk

Sales

Lettings

Management

CANARY WHARF SALES AND LETTINGSKnightFrank.com/Canary-Wharf 020 7512 9966 cwharf@knightfrank.com**JONES LANG
LASALLE****020 7715 9700**joneslanglasalle.com**Sales & Lettings**docklands.sales@eu.jll.comdocklands.lettings@eu.jll.com**11 Westferry Circus, London E14 4HD**

11 Westferry Circus, Canary Wharf, London E14 4HD

dockland.sales@eu.jll.com

PROPERTY

To advertise call **Rebecca Ginn** on 020 7510 6402

marketplace

Apartments & Flats to Let

Canary Wharf & City

New Easy Access One and Two Bedroom Luxury Apartments.

Available fully furnished or unfurnished. 1 min walk from DLR.

Free gym & pool. Restaurant, convenience store and

24 hour concierge all on site. Parking available at extra cost.

Daytime, evening & weekend viewings available. Great value,
1 bedroom from **£1,000** per month and 2 bedroom from **£1,350** per month.

Call Emmy: 07813 044 442

Houses to let

TO LET

REFURBISHED 2 BEDROOM
MODERN HOUSE ON PRIVATE
ESTATE WITH PARKING

LOCATED NEAR CANARY WHARF.
CLOSE TO DLR, BUSES & GYM.

PLEASE CALL

07940 753445

OR **07535 672510**

**NEVER UNDER
ESTIMATE THE
POWER OF
ADVERTISING**

**RING
NOW!**

Location,
location,
location...

To view the largest
selection of
new homes in
the South East visit
SmartNewHomes.com

viewing highly recommended



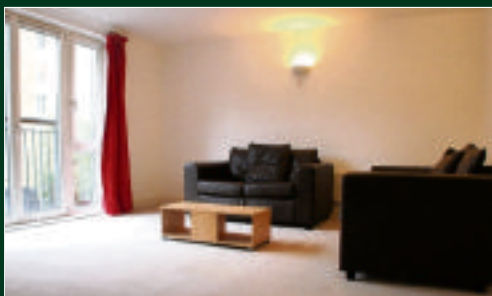
smart new homes.com

a Trinity Mirror business



L Lourdes

lourdes-estates.com
020 7538 9250



Franklin Building, London, E14

- Two bedroom apartment
 - River views
 - Allocated parking
 - Residents leisure facilities
- £395 per week** EPC - C



Adriatic Building, Limehouse, E14

- Two bedroom apartment
 - Two bathrooms
 - Private balcony
 - Allocated parking
- £415 per week** EPC - C



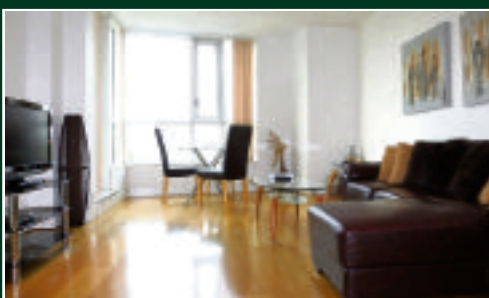
Berglen Court, Limehouse, E14

- Two double bedrooms
 - Private balcony
 - Close to Limehouse DLR
 - Marina views
- £425 per week** EPC - C



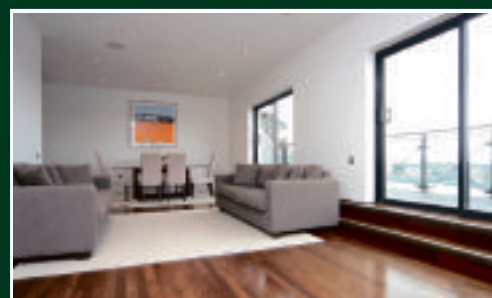
Pacific Wharf, Rotherhithe, SE16

- Two bedroom penthouse
 - Three private balconies
 - Two bathrooms
 - Parking
- £450 per week** EPC - E



Canary Riverside, London, E14

- One bedroom apartment
 - Close to Canary Wharf
 - Luxury bathroom
 - Private balcony
- £510 per week** EPC - C



Ocean Wharf, London, E14

- Duplex penthouse
 - Three double bedrooms
 - Wrap around terrace
 - River, City and Canary Wharf views
- £995 per week** EPC - D



Phoenix Court, Buckhurst Street, E1

- One double bedroom
 - Good location
 - First floor
 - Investment opportunity
- £225,000** EPC - C



Brunel House, Westferry Road, E14

- Two double bedrooms
 - Two balconies
 - Underground parking
 - Leisure facilities
- £350,000** EPC - C



Queens Court, Northey Street, E14

- Two double bedrooms
 - Two balconies
 - Large separate kitchen
 - Secure parking
- £485,000** EPC - C



New Providence Wharf, Fairmount Avenue, E14

- Two double bedrooms
 - Fourth floor
 - Valet parking
 - Five star facilities
- £500,000** EPC - C



Arnhem Wharf, Westferry Road, E14

- Two double bedrooms
 - Share of Freehold
 - Direct river view
 - Secure parking
- £525,000** EPC - C



Equinox, Manchester Road, E14

- Penthouse apartment
 - Two double bedrooms
 - Private roof terrace
 - Secure parking
- £550,000** EPC - C

96 Three Colt Street, Limehouse, London, E14 8AP
enquiries@lourdes-estates.com



London's Finest Properties

www.liferesidential.co.uk | 020 3668 1030



Lanterns Court · Denison House · E14

1 bedroom, 1 bathroom apartment | Available November | Fully Furnished | 24 hour Concierge | Onsite Gymnasium

£ 370 p/w



Lanterns Court · Cobalt Point · E14

1 bedroom, 1 bathroom apartment | Available November | Onsite Gymnasium | Close to South Quay DLR | Secure underground parking

£ 370 p/w



Canary Central · Gainsborough House · E14

Ideally positioned near excellent transport links for the city and beyond within a short walk to South Quay DLR station and Canary Wharf, this exceptional one bedroom ground floor apartment facing the secluded courtyard boasts a fully equipped kitchen adjoined by a spacious lounge offering pretty courtyard views, double bedroom with built in wardrobes and bathroom.

Asking Price £ 285,000



Ceram Court · Royal Victoria Dock · E16

This spacious two bedroomed apartment offers ample living space with contemporary décor, private balcony and luxurious bathroom fittings. Situated on the third floor of this impressive development the apartment comprises a bright and spacious reception room with modern open-plan kitchen with integrated appliances and south west facing balcony.

Asking Price £ 365,000.



Western Beach Apartments · E16

2 bedroom, 2 bathroom apartment | Available mid November | River Views | Close to multiple transport links | Porter and lift service

£400 p/w



Landmark · West Tower · E14

2 bedroom, 2 bathroom apartment | Available early November 2013 | Close to Heron Quay DLR | Fully furnished | Corner aspect apartment with generous balcony

£490 p/w